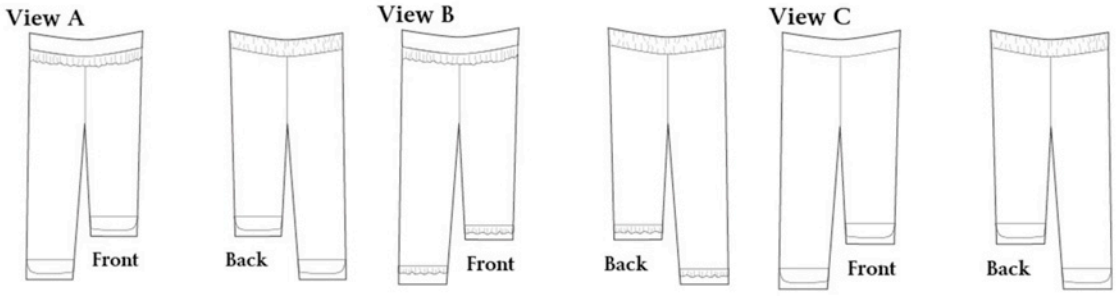

the
COTTAGE MAMA
SKIP & PLAY
PANTS
AND CAPRIS

Skip and Play Pants and Capris

SIZE 6 MONTH TO SIZE 10 YEARS

The Skip and Play Pants and Capris are the perfect wardrobe essential for your darling little one. The pants and capris feature a flat front waistband with elastic in the back, several contrasting cuff options and a sweet ruffle in the waistband for added whimsy and detail. View A, the double wrap cuff variation, features a bottom cuff with a wrap around top cuff that can be trimmed out with a button on each side. View B is a ruffle cuff variation that mimics view A; however an adorable ruffle replaces the wrap around cuff. And View C, the basic variation, eliminates the ruffle in the waistband and is perfect for an older girl who might prefer a more mature style pant or capri. No matter what variation you choose this pattern will take your child through all seasons.



Size Chart:

Fabric Requirements: 45" (115cm) Fabric W/WO Nap

Size	Height	Weight (lbs.)	Waist	Chest	Inseam	Fabric 1 Capris	Fabric 1 Pants	Fabric 2 All Views	Fabric 3 View A	Fabric 3 View B	Fabric 3 View C
6m	22-25"	12-17	17.75"	18"	8"	1/2 yd	1/2 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
12m	25-29"	17-22	18.5"	19"	9.25"	1/2 yd	1/2 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
18m	29-31"	22-27	19.25"	20"	10.5"	1/2 yd	1/2 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
2T	33-36"	30-32	20.25"	22"	13"	1/2 yd	1/2 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
3T	36-39"	32-35	20.75"	23"	14.25"	5/8 yd	3/4 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
4T	39-42"	35-41	21.25"	24"	16"	5/8 yd	3/4 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
5	42-45"	41-46	22"	25"	17.75"	5/8 yd	3/4 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
6	45-48"	46-51	22.5"	26"	19.5"	5/8 yd	3/4 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
7	48-51"	51-57	23.25"	27"	21.25"	3/4 yd	1 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
8	51-54"	57-66	23.75"	28"	23"	3/4 yd	1 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
9	54-57"	66-76	24.5"	29"	24"	3/4 yd	1 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd
10	55-58"	76-85	25"	29"	25.25"	3/4 yd	1 yd	1/3 yd	1/3 yd	1/4 yd	1/4 yd

*Metric conversion found in pattern instructions.

Notions:

All Views:

Decorative Buttons (optional)

1/2 yard of (1/2" or 3/4") Elastic

Suggested Fabrics:

100% cotton, seersucker, chambray, broadcloth, corduroy, lined eyelet, lawn, voile, light-weight denim

Lindsay Wilkes: Owner/Designer Visit us at www.thecottagemama.com

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Welcome to The Cottage Mama Sewing Patterns!

Home and family are central to my life and creating handmade items for my family is one of the ways I show them how much I truly love and care about them. I believe in the handmade lifestyle and I'm so happy you do, too!

I created **The Cottage Mama** sewing patterns to get you excited about taking the time to sew for your little ones. The goal of these sewing patterns is to make you feel confident in creating fun, timeless and classic looks for young children.

These patterns are simple in nature, but can easily be taken to a new level through the use of unique trims, different fabrics and buttons. Mix and match different patterns to create a truly unique look for your little one. I hope you find these patterns easy to understand and very user-friendly.

I feel living a handmade lifestyle extends beyond the sewing machine and craft room. So, I've included a delicious recipe in each of my sewing patterns for you to share with your family and friends. Not only do we want to show them our love through the material things we create, we want them to feel our love from the inside out.

Let's get sewing!

Lindsay Wilkes
The Cottage Mama

Visit my online shop and blog, **The Cottage Mama**, www.thecottagemama.com, to purchase additional sewing patterns and for free patterns, tutorials and to learn more about my cottage lifestyle.

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Skip and Play Pants and Capris

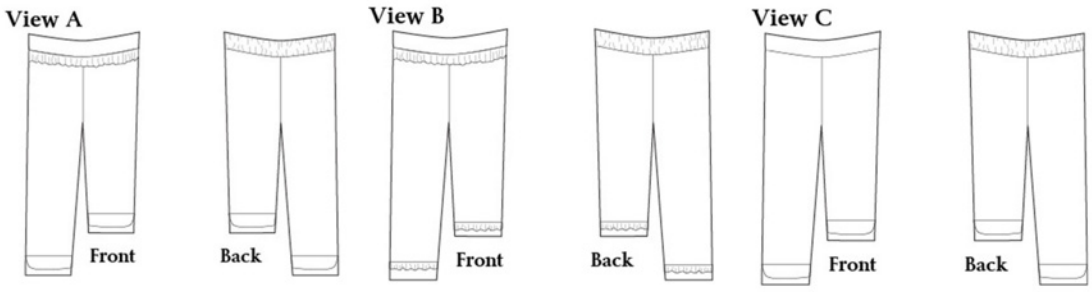
SIZE 6 MONTH TO SIZE 10 YEARS

Description:

The Skip and Play Pants and Capris are the perfect wardrobe essential for your darling little one. The pants and capris feature a flat front waistband with elastic in the back, several contrasting cuff options and a sweet ruffle in the waistband for added whimsy and detail. View A, the double wrap cuff variation, features a bottom cuff with a wrap around top cuff that can be trimmed out with a button on each side. View B is a ruffle cuff variation that mimics view A; however an adorable ruffle replaces the wrap around cuff. And View C, the basic variation, eliminates the ruffle in the waistband and is perfect for an older girl who might prefer a more mature style pant or capri. No matter what variation you choose this pattern will take your child through all seasons.

This is great pattern for confident beginner sewers and offers many ways to get creative with your design. Consider mixing and matching these pants and capris with many other designs from The Cottage Mama collection of sewing patterns!

ALL SEAM ALLOWANCES ARE ½″ UNLESS OTHERWISE NOTED.
(Seam allowances are included in the pattern pieces.)



Suggested Fabrics:

100% cotton, seersucker, chambray, pique, twill, broadcloth, corduroy, light-weight denim.

Notions:

View A, B and C
~6 decorative buttons (optional)
~½ yard (½″ or 3/4″) elastic

Back Elastic Cutting Measurements: These are approximate measurements based off of The Cottage Mama size chart (found on the back of the pattern). Please adjust accordingly for your little lady depending on your fit preference.

Size 6M: 7″	**Size 12M:** 7.5″	**Size 18M:** 7.75″	**Size 2T:** 8″
Size 3T: 8.25″	**Size 4T:** 8.5″	**Size 5:** 8.75″	**Size 6:** 9″
Size 7: 9.25″	**Size 8:** 9.5″	**Size 9:** 9.75″	**Size 10:** 10″

Yardage Requirements:

44/45" Fabric (1.12m) and 58/60" Fabric (1.47m)

Size	Fabric 1 Capris	Fabric 1 Pants	Fabric 2 All Views	Fabric 3 View A	Fabric 3 View B	Fabric 3 View C
6m	1/2 yd (.46m)	1/2 yd (.46m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
12m	1/2 yd (.46m)	1/2 yd (.46m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
18m	1/2 yd (.46m)	1/2 yd (.46m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
2T	1/2 yd (.46m)	1/2 yd (.46m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
3T	5/8 yd (.57m)	3/4 yd (.69m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
4T	5/8 yd (.57m)	3/4 yd (.69m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
5	5/8 yd (.57m)	3/4 yd (.69m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
6	5/8 yd (.57m)	3/4 yd (.69m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
7	3/4 yd (.69m)	1 yd (.91m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
8	3/4 yd (.69m)	1 yd (.91m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
9	3/4 yd (.69m)	1 yd (.91m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)
10	3/4 yd (.69m)	1 yd (.91m)	1/3 yd (.3m)	1/3 yd (.3m)	1/4 yd (.23m)	1/4 yd (.23m)



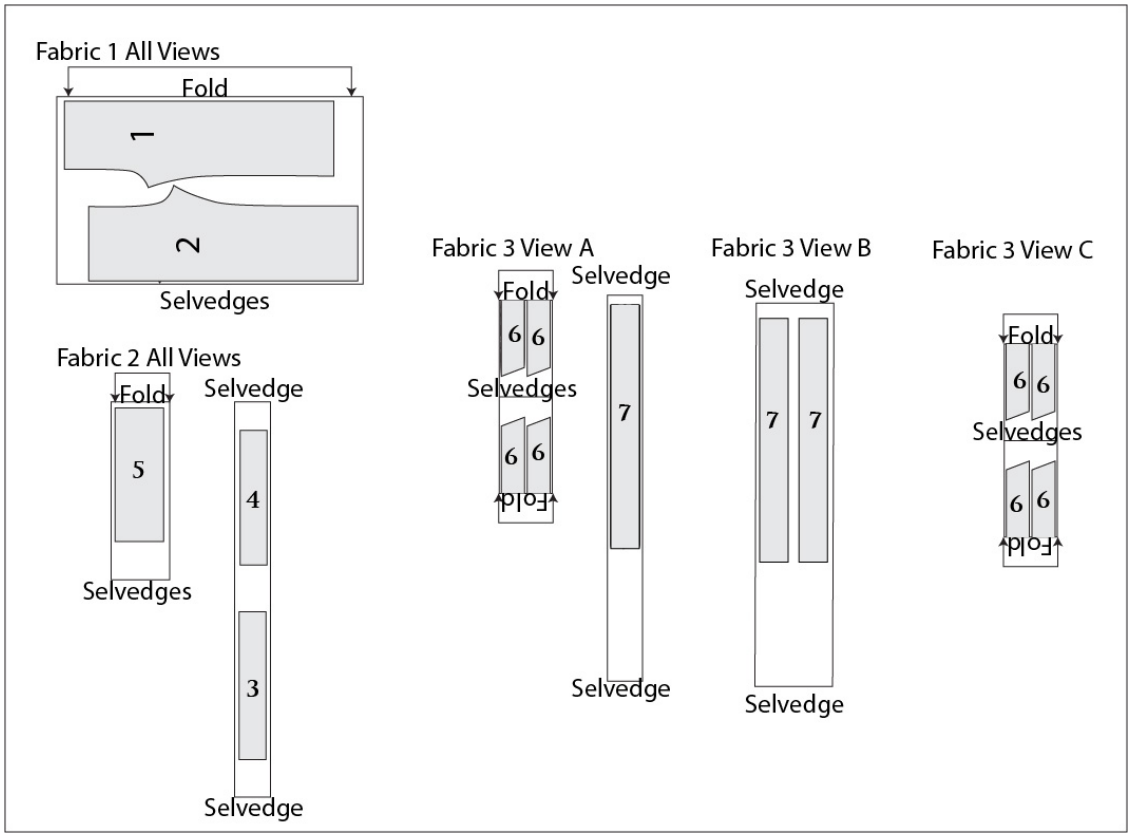
A Few Notes Before You Begin:

~ Please read all pattern instructions thoroughly before beginning.
~ Prewash and press all fabrics prior to garment construction. This will eliminate any shrinkage as well as dye bleeding.
~ Always press your seams as you go to ensure a professional-looking garment.
~ If possible, take child's measurements before selecting pattern size to guarantee a perfect fit.
~ Transfer all pattern markings prior to garment construction.
~ Size Chart is available on the back of the pattern.
~Please pay very special attention to the waist measurement of your child. Select your pattern size based on your child's waist measurement and adjust for the inseam. These pants and capris have a slim fit through the hip, so an accurate waist measurement is extremely important to ensure a good fit.

Sewing Instructions:

~Piece and tape together pattern pieces according to print diagram. Cut out desired size from paper pattern. To preserve the paper pattern, trace preferred pattern size using pattern tracing paper or white freezer paper.
~Again, all seam allowances are ½", unless otherwise noted.
~*Asterisk denotes - see glossary for more information.

Cutting Layout: Skip and Play Pants and Capris ~ All Views



Pattern Pieces:

1. Pants / Capris Front
2. Pants / Capris Back
3. Front Waistband
4. Waistband Back
5. Cuff 1
6. Cuff 2
7. Waist and / or Cuff Ruffle

View A and B: Skip and Play Pants and Capris

All variations can be made as pants or capris by choosing the appropriate cutting length. For the purposes of these instructions, both lengths will be referred to as pants.

Make sure to mark your pant front and back, so that it will be very clear during garment construction.

Step 1: Construct the pants: Place the pant front pieces with their right sides together and sew the center-curved seam. Do the same for the back pieces.

Step 2: Sew the front and back of the pants together: Place the front and back pieces with right sides together and sew the inner leg seam.

Step 3: Sew the side leg seams: Place the front and back of the pants with right sides together and sew both side leg seams. You can finish the raw edges with a serger, zig-zag stitch or pinking shears.

Step 4: Construct the front waistband ruffle: Fold the ruffle piece in half, lengthwise, with right sides together and sew both short ends. Clip the corners, turn right side out and press.

Step 5: Gather the ruffle: Run two rows of gathering stitches* along the raw edge of the ruffle at ¼″ and ½″. Pull the threads to gather the ruffle so that it is the same width as the front of the pants. Pin the ruffle in place and baste stitch* it to the front of the pants.

*Please note: If you would prefer to have the ends of the ruffle sewn into the side seams of the pants so it does not appear as a separate piece, you will need to change the order of the previous steps. Simply press the ruffle piece in half with the wrong-sides together (skip step 4), run the gathering stitches and attach the ruffle to the top of the front of the pants after step 1.











Step 6: Construct the bottom cuff (Cuff 1): Fold the cuff piece in half with right sides together and line up the two shorter ends. Sew together and press seam open.



Step 7: Double up Cuff 1 by folding it in half, lengthwise, so that the wrong sides are together. For View B skip ahead to step 9.



Step 8: Prepare the top, wrap cuff (Cuff 2): Place two of the Cuff 2 pieces with their right sides together, sew down both short ends and the shorter of the two long sides. Make special note: Do NOT sew the longest side together. Clip the corners, turn right side out and press. Do this for both Cuff 2 pieces. View A and C skip ahead to step 11.



Step 9 (View B): If you would prefer a top leg ruffle in place of Cuff 2. Cut 2 ruffles from piece 7. To make the ruffle: Fold the leg ruffle in half, lining up the two shorter ends with right sides together. Sew down the short end, press the seam open and fold the ruffle in half, lengthwise so that the wrong sides are together. Do this for both leg ruffles.



Step 10 (View B): Run two rows of gathering stitches* at ¼″ and ½″ along the raw edge of the ruffle. Pull the thread and gather until the ruffle is the same circumference as one of the pant legs. Line up the raw edge of the ruffle with the raw edge of the bottom of the pant. Pin and baste stitch* in place. Then skip ahead to step 12.



Step 11: (View A and C) For the top cuff, Cuff 2, mark the center of the cuff and line it up with the inner leg seam. Line up the raw edge of Cuff 2 with the raw edge of the bottom of the pants. Pin in place working your way from the inner leg seam to the other side. The cuff should overlap at the outer leg seam by a small amount. Baste stitch* in place. Do this for both Cuff 2 pieces.



*You can adjust the look of the pants by having the top cuff overlap more or less. Play with length of that pattern piece to create a truly unique look!

Step 12: Place the bottom leg cuff, Cuff 1, on top of Cuff 2 (View A or C) or the leg ruffle (View B) by lining up the raw edge of Cuff 1 with the raw edge of the pants and cuff 2 (or the ruffle). You are basically making a fabric sandwich with Cuff 2 (or the leg ruffle) in between Cuff 1 and the bottom pant leg. Make sure to line up the Cuff 1 side seam with the inner leg seam of the pants. Sew in place and press seams up toward the pant. You can finish the raw edge with a serger, zig-zag stitch or pinking shears. Run a row of topstitching* along the bottom of the pants, if you so choose.





Step 13: Construct the waistband: Place the waistband pieces with their right sides together and sew at the short ends. Press seams open. Fold up ¼″ of the waistband towards the wrong side of the fabric. Doing so will make one of our later steps a little easier.

Step 14: Attach the waistband: Line up the raw edge of the waistband with the raw edge of the pants, right sides together. Sew waistband to pants and press seam up.



Step 15: Fold waistband over towards the wrong side of the pants. The edge of the inner waistband should extend 1/8″ below the pant and waistband seam on the exterior of the pants. After you have folded the waistband, you can run a row of Edge stitching* along the top of the waistband to hold it in place (*optional*).



Step 16: Insert elastic into the back of pants. Place the end of the elastic ½″ past one of the side seams. Fold down the waistband.



Step 17: Stitch on top of the side seam (aka stitch-in-the-ditch). Go over this seam 3 4 times to secure elastic in place. Do the same thing for the other side of the pants.



Step 18: Again, make sure the inner waistband falls just below the front waistband seam. You can do so by pinning on the front side just below the waistband and pant seam making sure it catches the inner waistband.



Step 19: Close the waistband: To close the waistband, topstitch* on the front side of the pants. Sew the front of the waistband and then move towards the back. You will need to stretch the elastic in the back to topstitch* all the way around. If you would prefer, you can certainly hand-sew the waistband closed, by using your favorite hand-stitch and sewing on the inside of the pants.



Step 20: Now for the fun part.....embellishing! You can embellish these pants in many ways. Consider adding two buttons on each side just under the ruffle. Add a button at the side seam of the cuff where the pants and cuff come together. You could also add a sweet bow make from spaghetti bias down by the cuff as well. There are so many options and so many great ways to get creative!



View C: Skip and Play Basic Pants and Capris

Perhaps you have a little one who would prefer a little less detail on her pants, well then View C will be right up her alley.

The basic pants construction is the same as View A and B, but you can skip steps 4 and 5, as well as 9 and 10 eliminating any ruffles on the pant. View C does have a double cuff; however, if you would prefer a single cuff, feel free to skip steps 8 and 11.

Additional Design Ideas:














Crush


Crush


Crush



Glossary:

Baste: Stitch with a slightly longer stitch length to hold pattern pieces or trim in place.

Backstitch: To anchor your stitches, sew several stitches in reverse at the beginning and the end of your seam.

Gathering Stitch: To run a gathering stitch, set your machine on the longest stitch length possible. Sew a straight line along the edge you want to gather. I tend to gather between ¼″ to ½″ from the edge. For a straight piece, do NOT backstitch at the beginning or ending of your straight line or your gathering will not work. Pull the bobbin thread to begin gathering. Adjust your gathers so they are evenly spaced, then continue sewing according to your pattern directions.

Topstitching: Topstitching is sewing a straight line of stitches 1/4″ from the edge of the seam. It is often used as a decorative element and helps the edges to lay flat, which adds a more finished look to a garment.

Edge Stitching: Edge stitching is very similar to topstitching; however, edge stitching occurs 1/8″ from the edge of the seam.

Toasted Walnut Banana Bread

SERVES 8

Ingredients:

1 cup sugar

½ cup vegetable shortening

2 eggs, beaten

1 teaspoon vanilla

3 ripe bananas, mashed

1 1/3 cups all purpose flour

1/8 teaspoon salt

1 tsp baking soda

½ teaspoon baking powder

½ cup walnut pieces, coarsely chopped

Directions:

Preheat oven to 350 degrees. Grease and flour a 9 x 5-inch loaf pan.

Heat small, non-stick skillet over medium heat. Add chopped walnuts and lightly toast for 3-4 minutes, stirring frequently to prevent burning. Pour nuts onto cutting board or plate to cool.

Cream sugar and shortening. Stir in eggs and vanilla. Blend in bananas.

Sift dry ingredients together and mix into banana mixture. Stir in toasted walnuts.

Spoon batter into prepared pan and bake for 45 -55 minutes until a toothpick inserted in the middle comes out clean.

Cool and remove from pan.



PDF Printing Instructions

There are a few things to note when printing PDF sewing patterns. It is very important to make sure they are printed and assembled correctly to ensure a properly fitting garment. The Cottage Mama Sewing Patterns are originally full-size, printed sewing patterns and the PDF's have been adapted from these full sized pattern sheets.

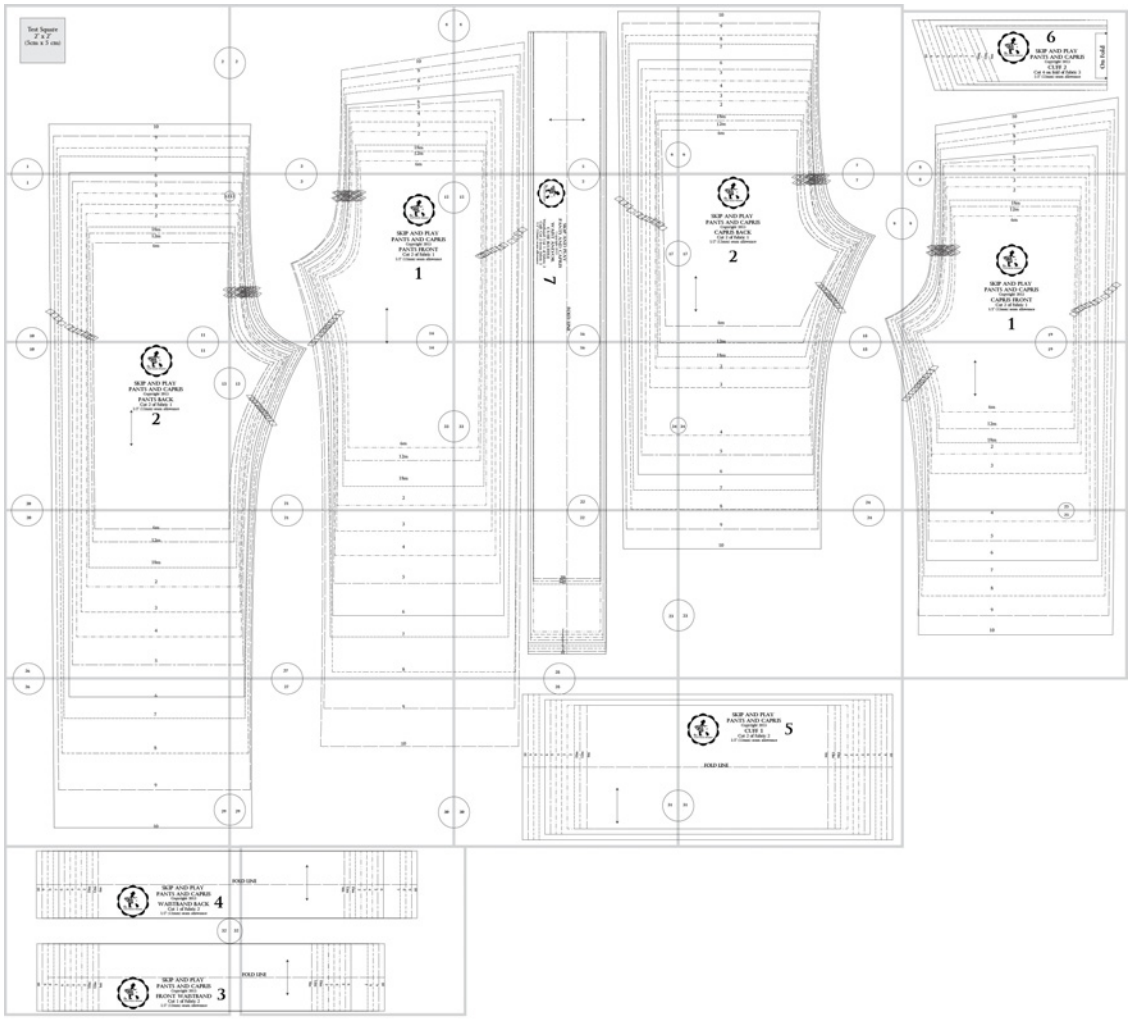
1. Pattern pieces are intended to be printed from your home computer on 8.5″ x 11″ paper.

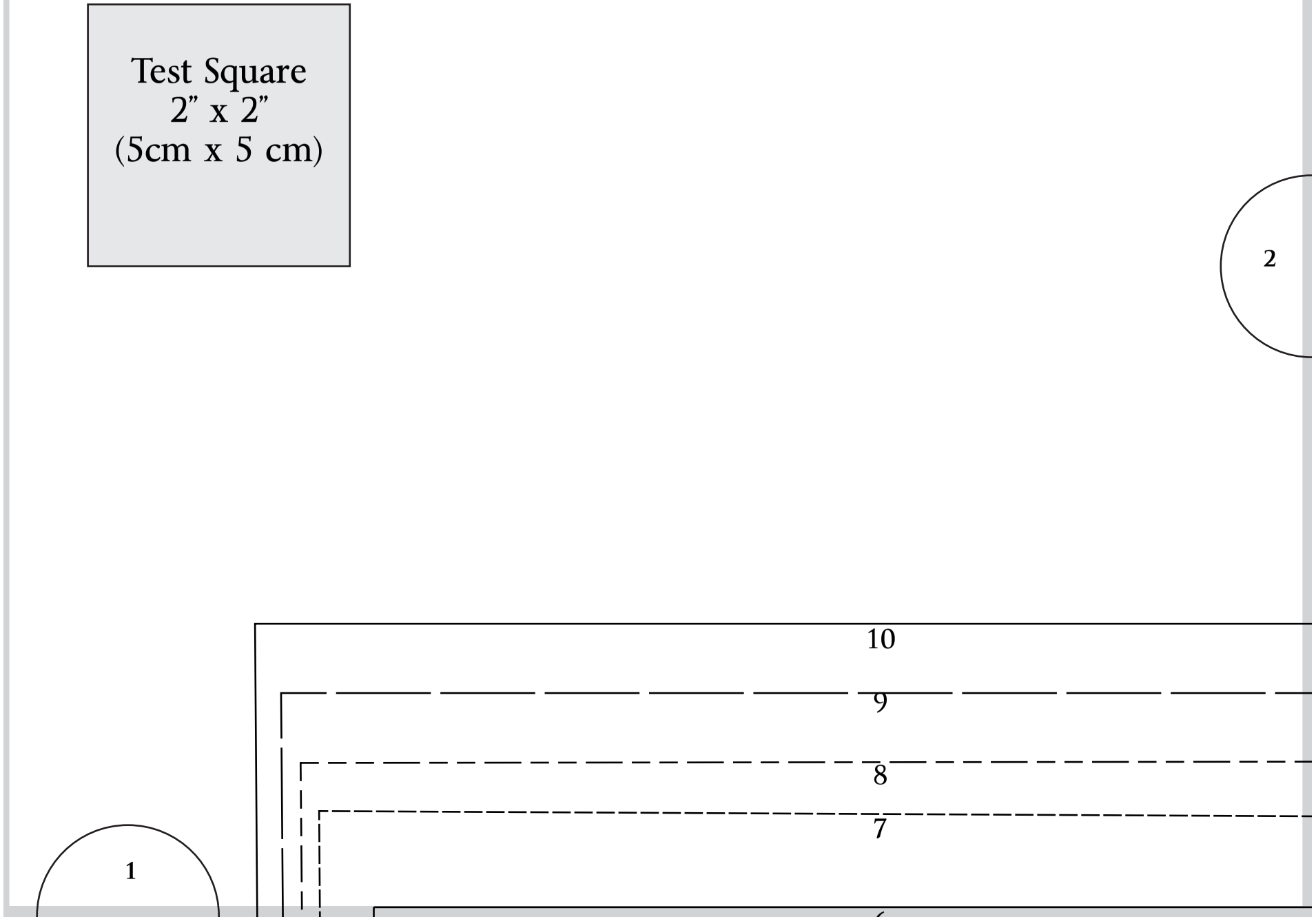
2. Make sure your printer scaling is set to 'None' when you go to print. If your pattern sheets are not printing out correctly, then please check the scaling in the print dialogue box.

3. To make sure your pattern sheets have printed correctly, measure the 2″ scaling box on the first pattern sheet. If this is correct, then your pages are printing correctly.

4. The pattern sheets can be assembled easily by matching up each sheet with the corresponding number. Tape the sheets together and cut out your desired pattern size.

Skip and Play Pants and Capris Print Layout:

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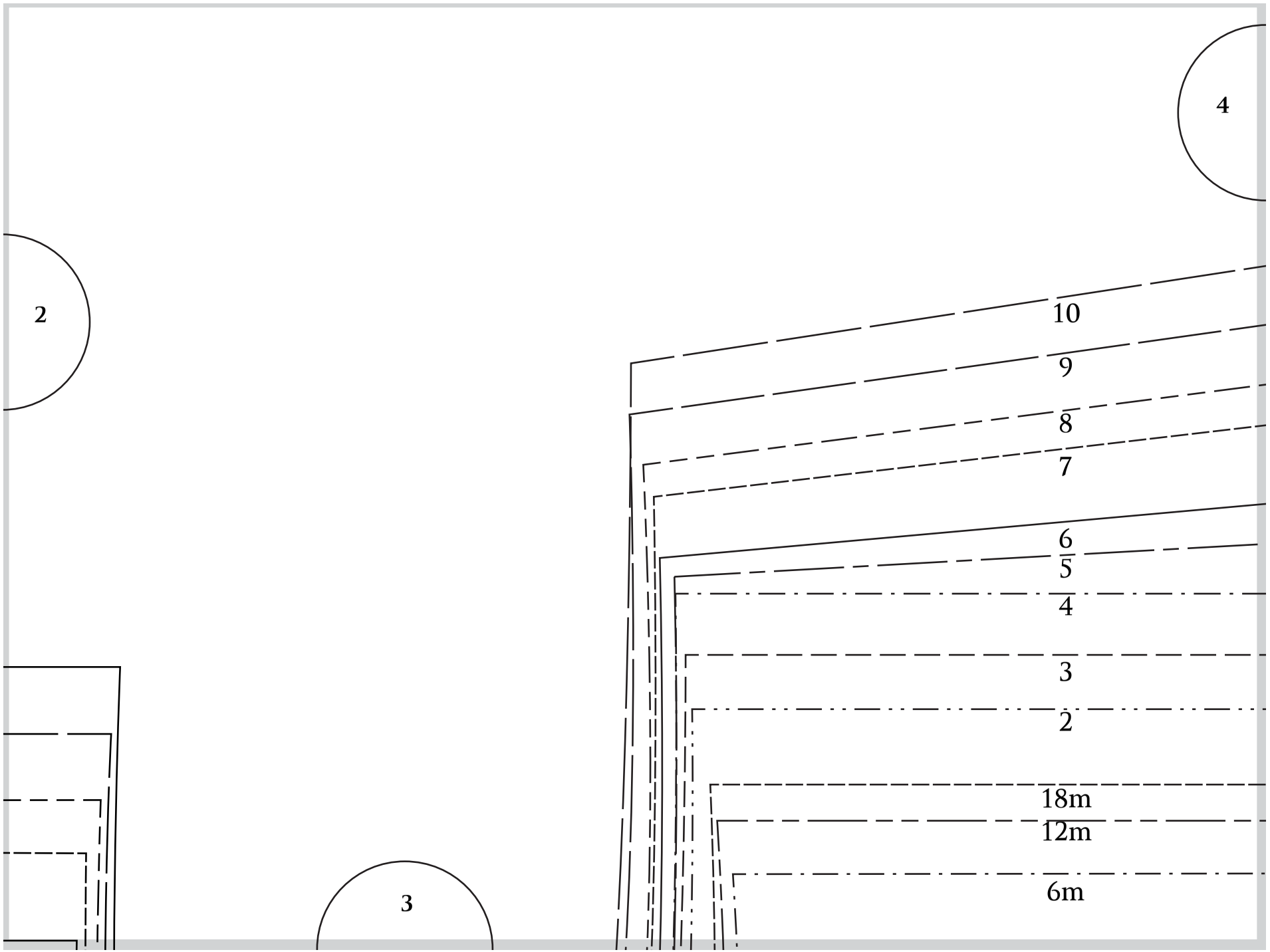
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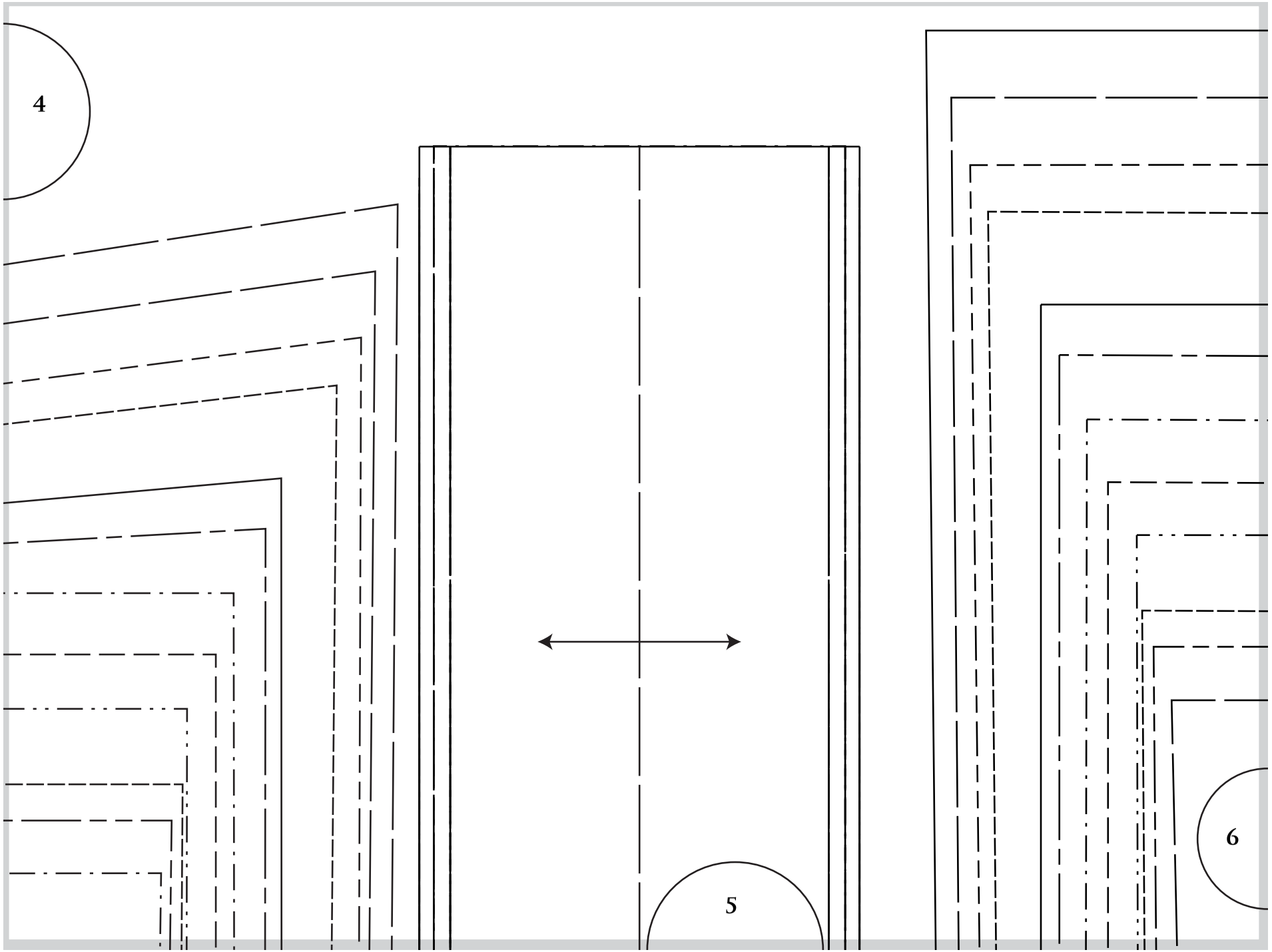
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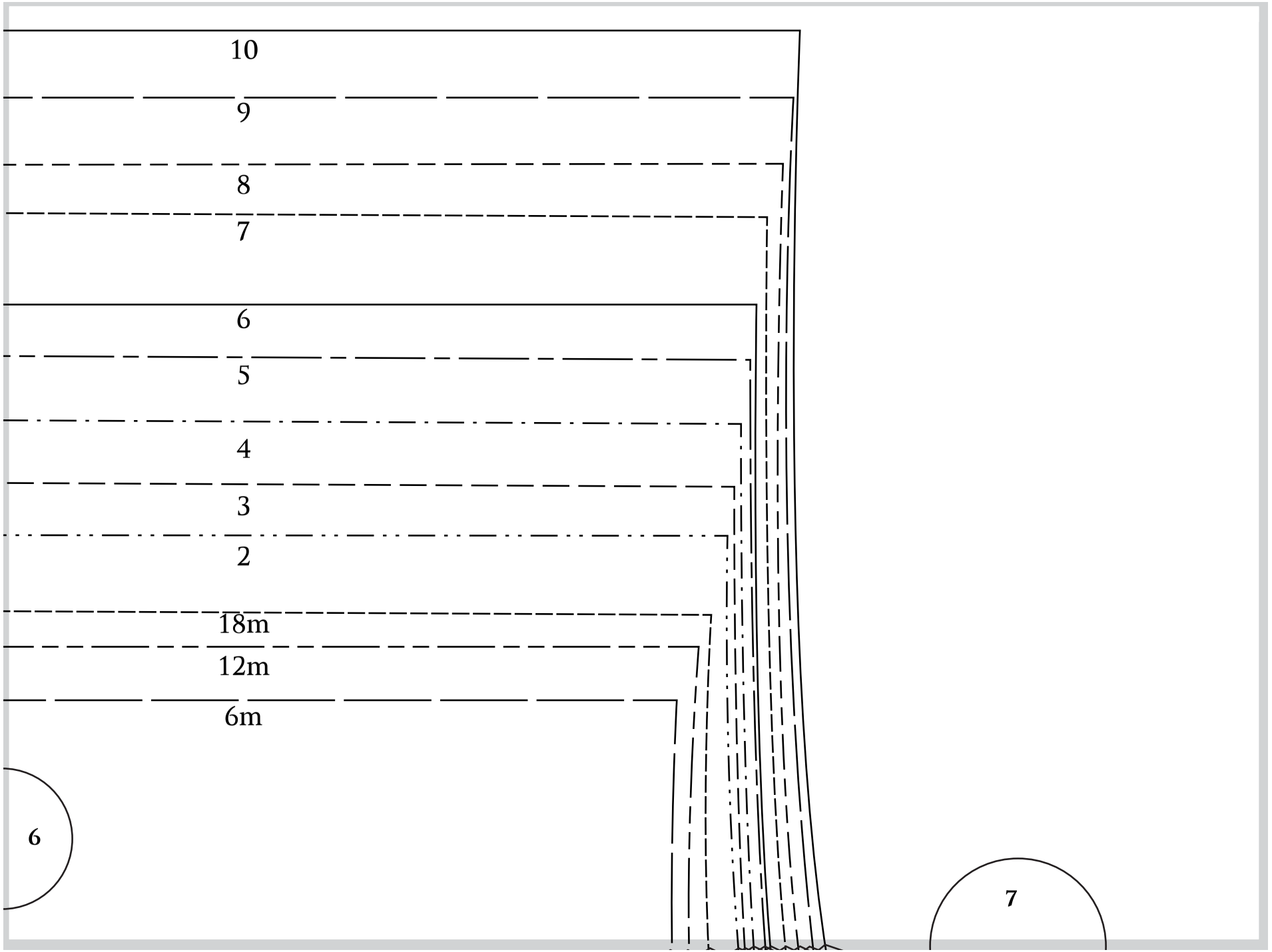
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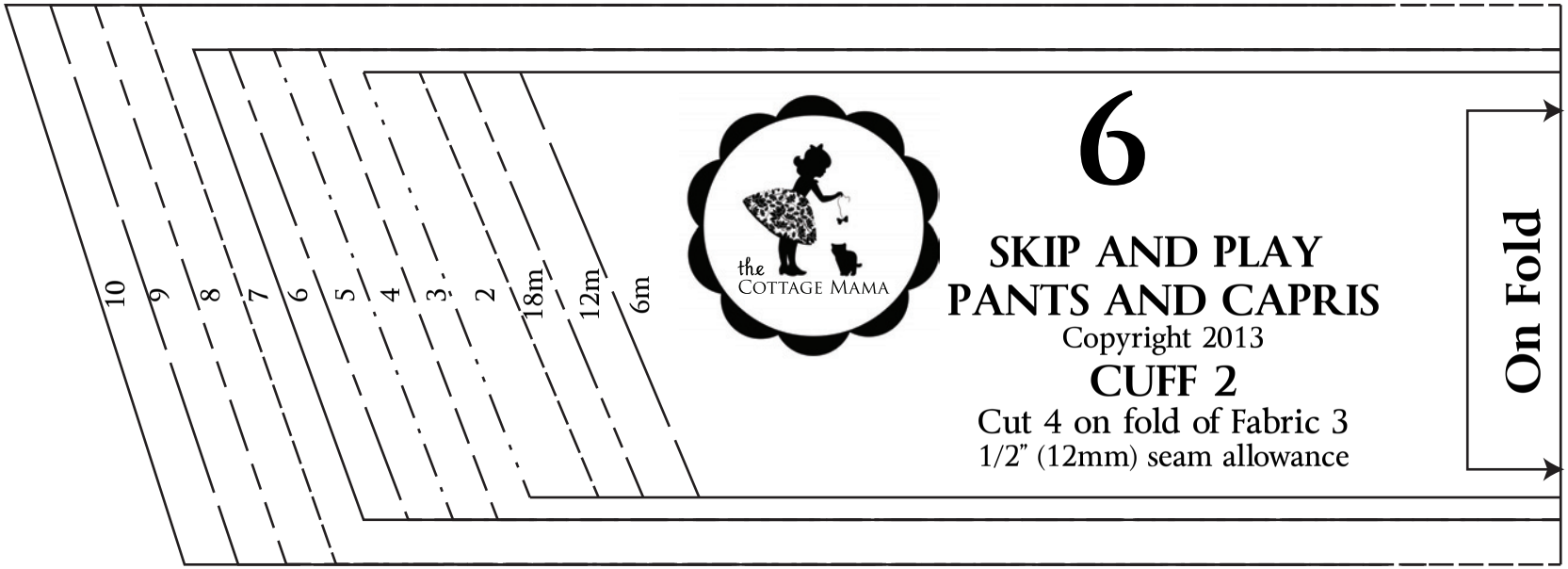

6

SKIP AND PLAY PANTS AND CAPRIS

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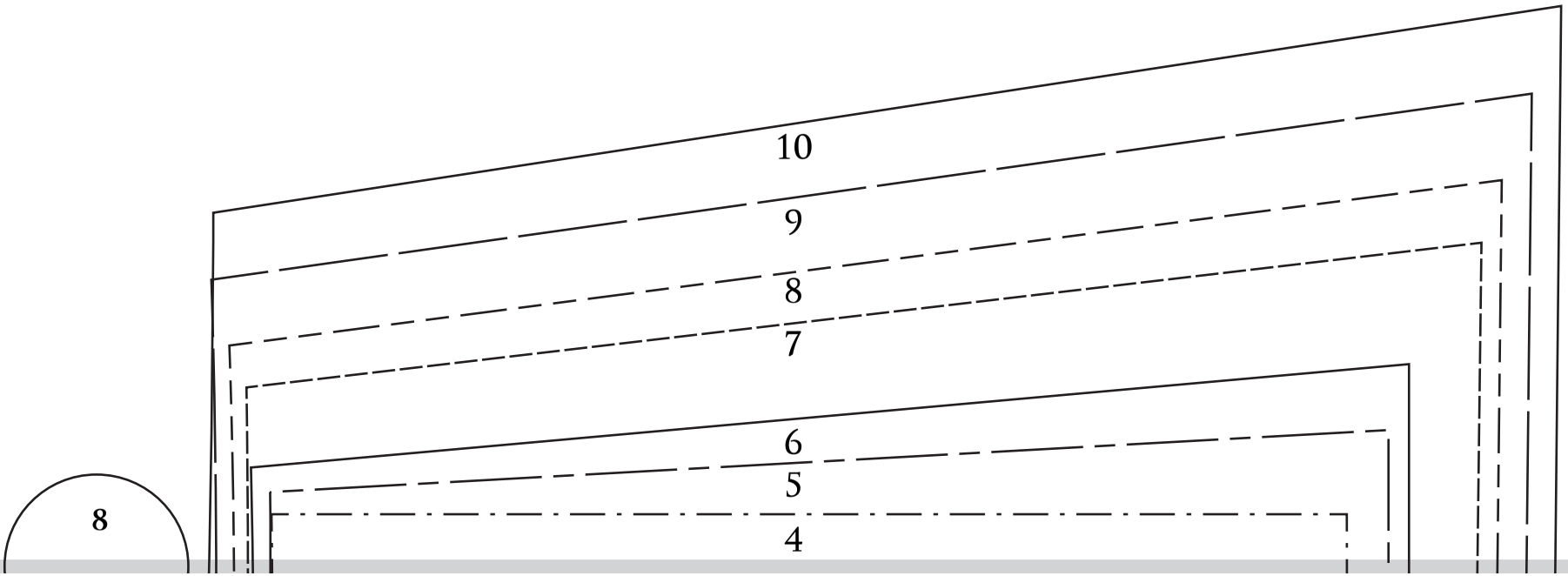
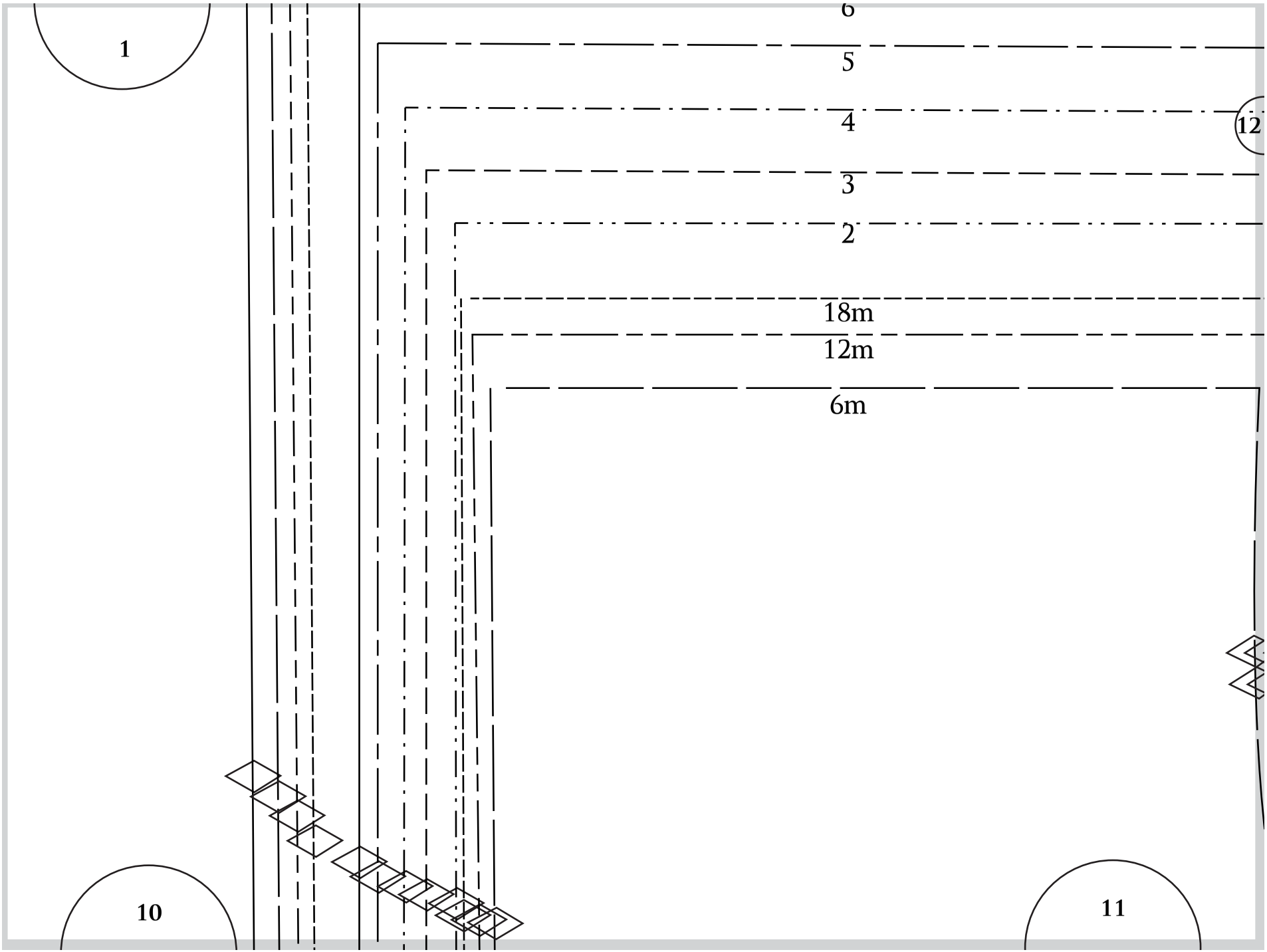
CUFF 2

Cut 4 on fold of Fabric 3

1/2" (12mm) seam allowance

On Fold

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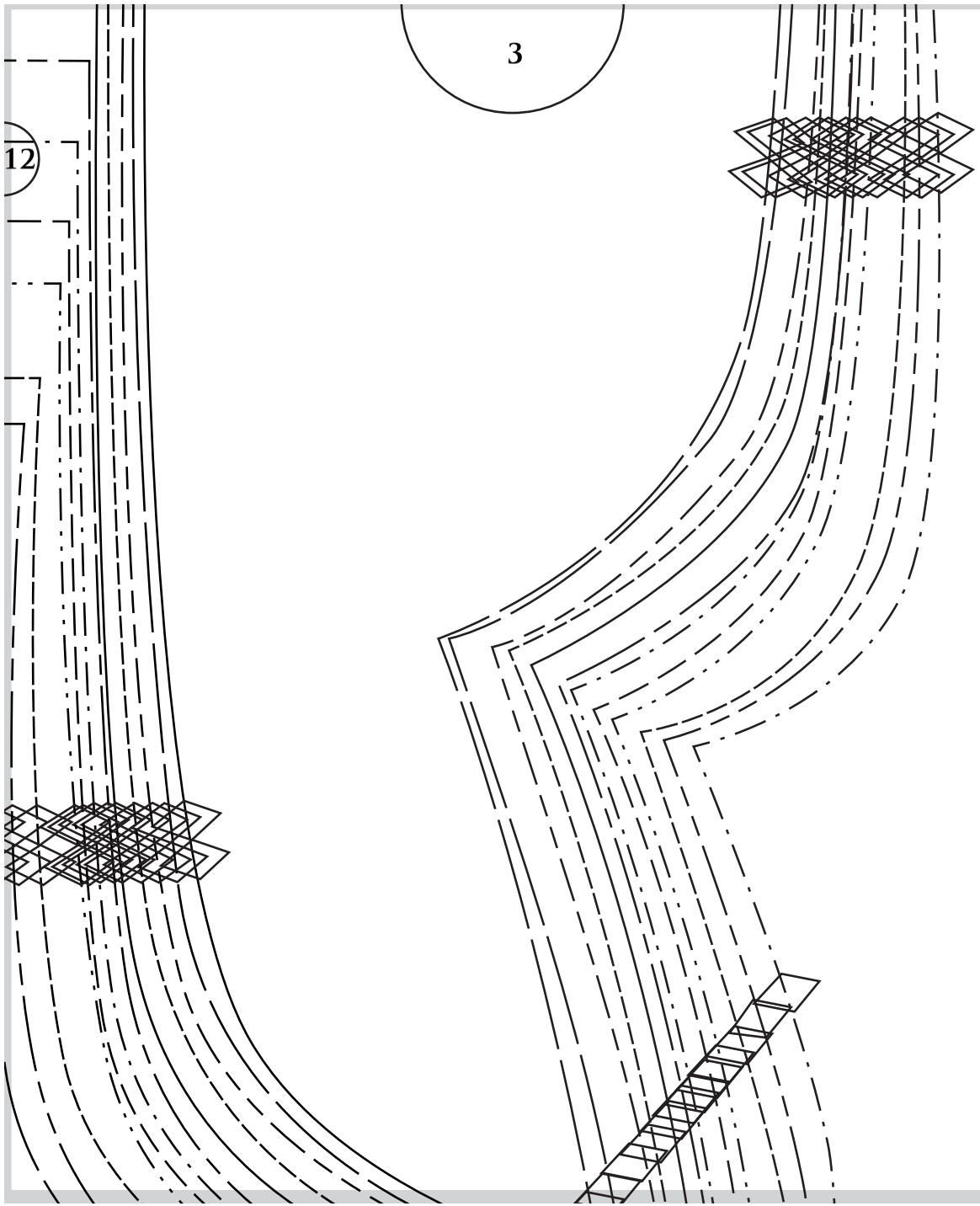
18m
12m
6m
10
11



15

SKIP AND PLAY PANTS AND CAPRIS

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PANTS FRONT

Cut 2 of Fabric 1

1/2" (12mm) seam allowance

1

14

17

5

16

FOLD LINE

SKIP AND PLAY PANTS AND CAPRIS

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WAIST AND/OR CUFF RUFFLE

7

Waistband: Cut 1 of Fabric 3
Cuff: Cut 2 from Fabric 3
1/2" (12mm) seam allowance

15

SKIP AND PLAY
PANTS AND CAPRIS

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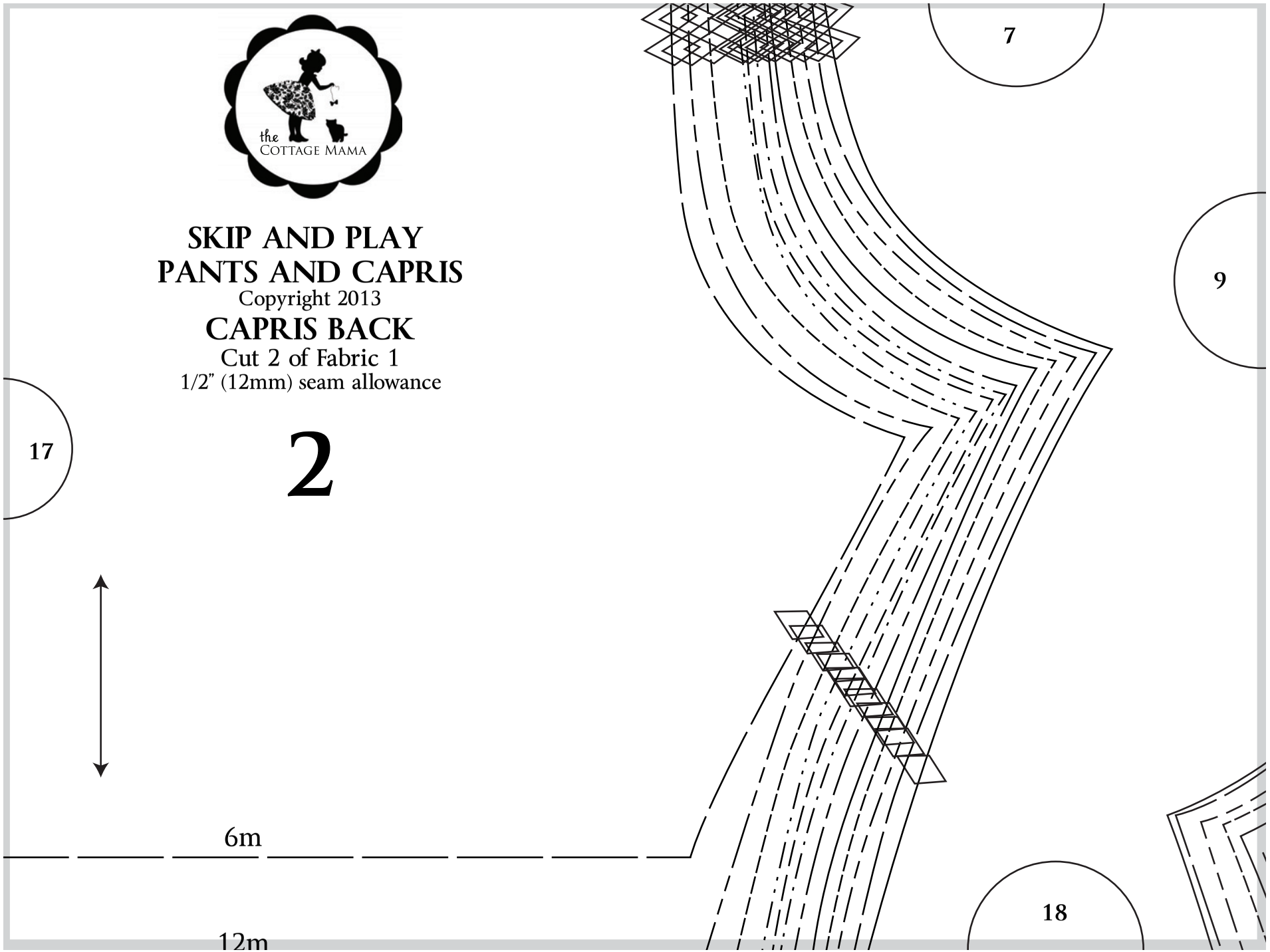
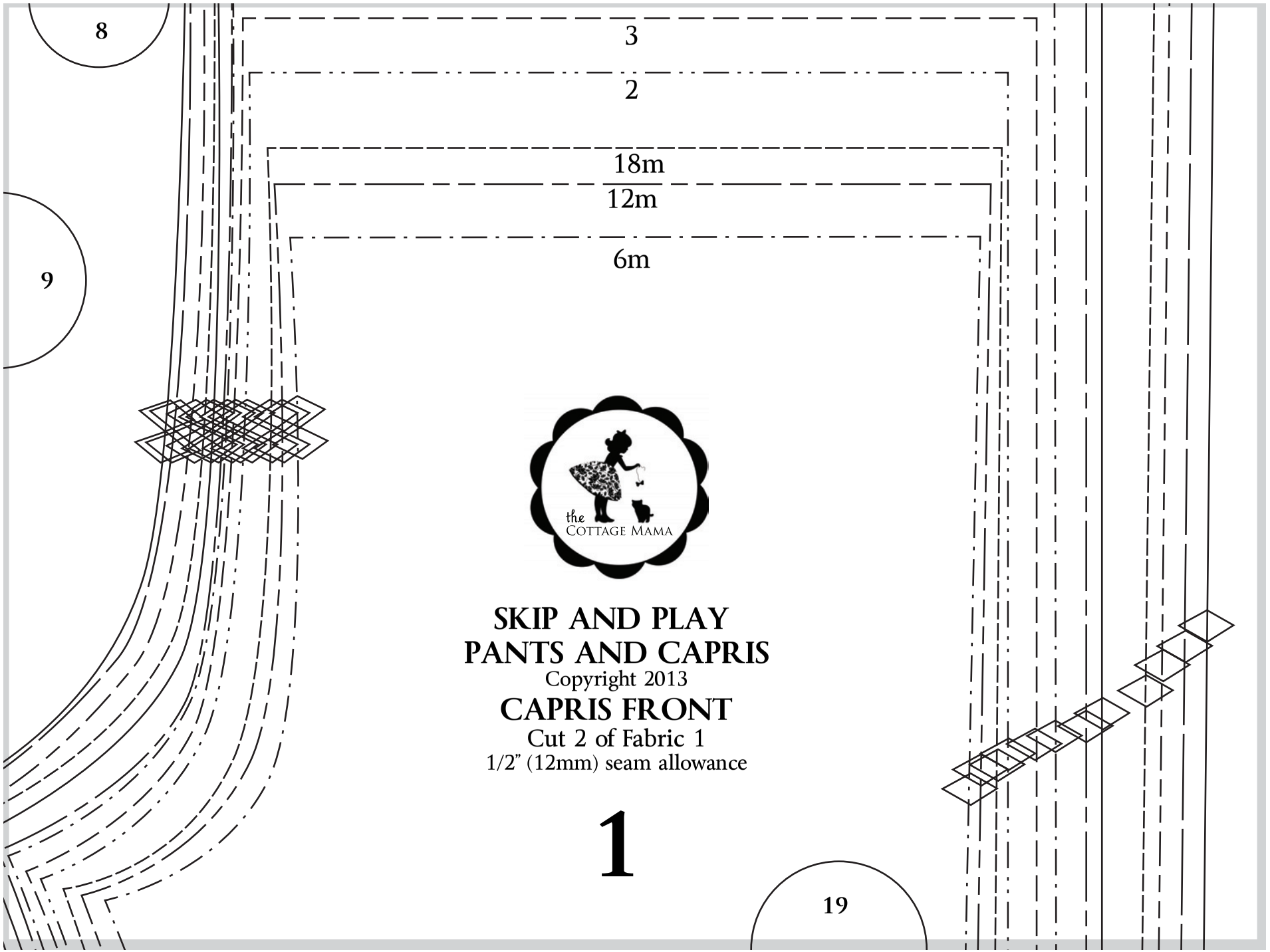
CAPRIS BACK

Cut 2 of Fabric 1

1/2" (12mm) seam allowance

2





SKIP AND PLAY
PANTS AND CAPRIS

Copyright 2013

CAPRIS FRONT

Cut 2 of Fabric 1

1/2" (12mm) seam allowance

1

10

11

13

20

SKIP AND PLAY
PANTS AND CAPRIS

Copyright 2013

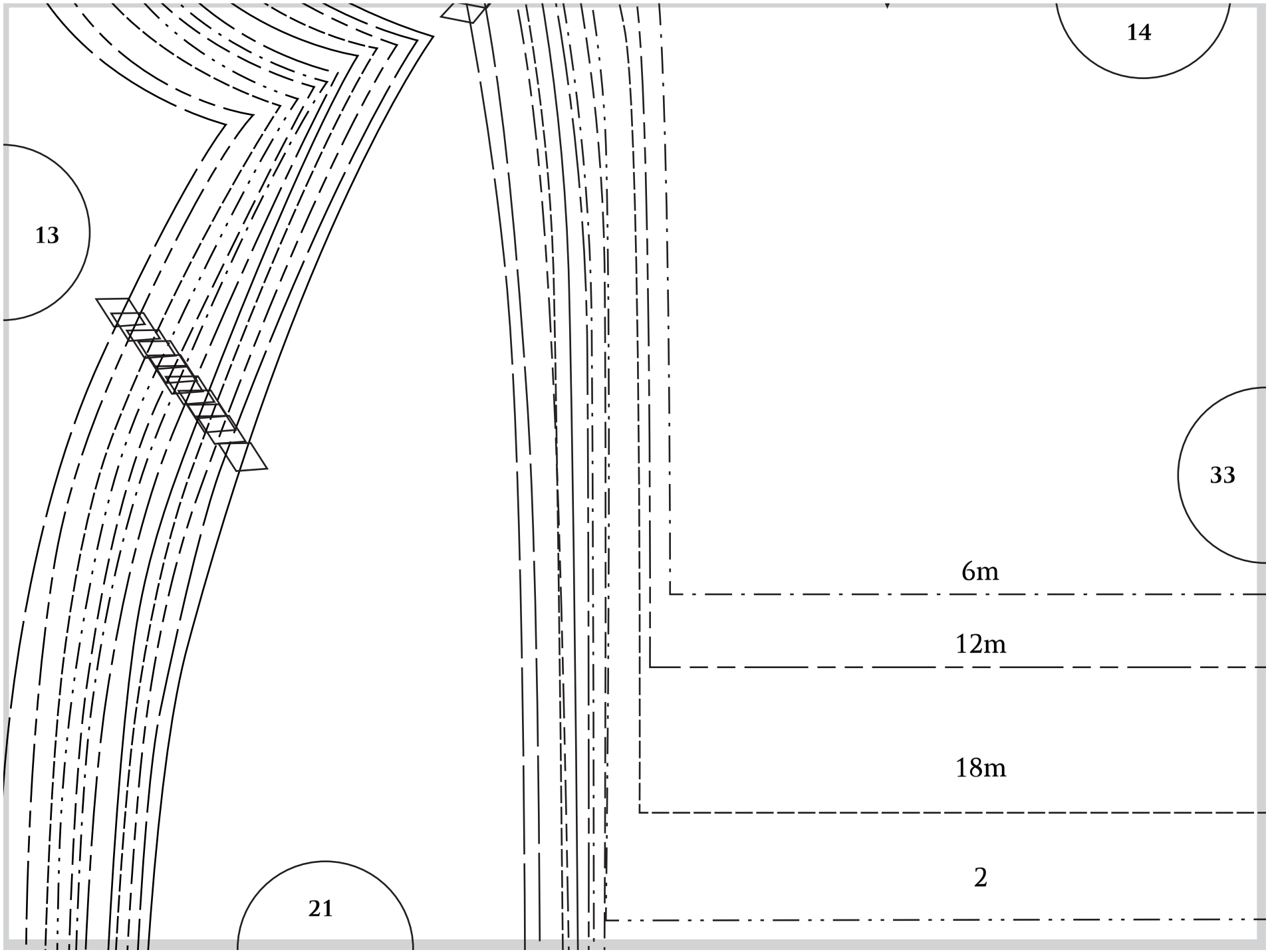
PANTS BACK

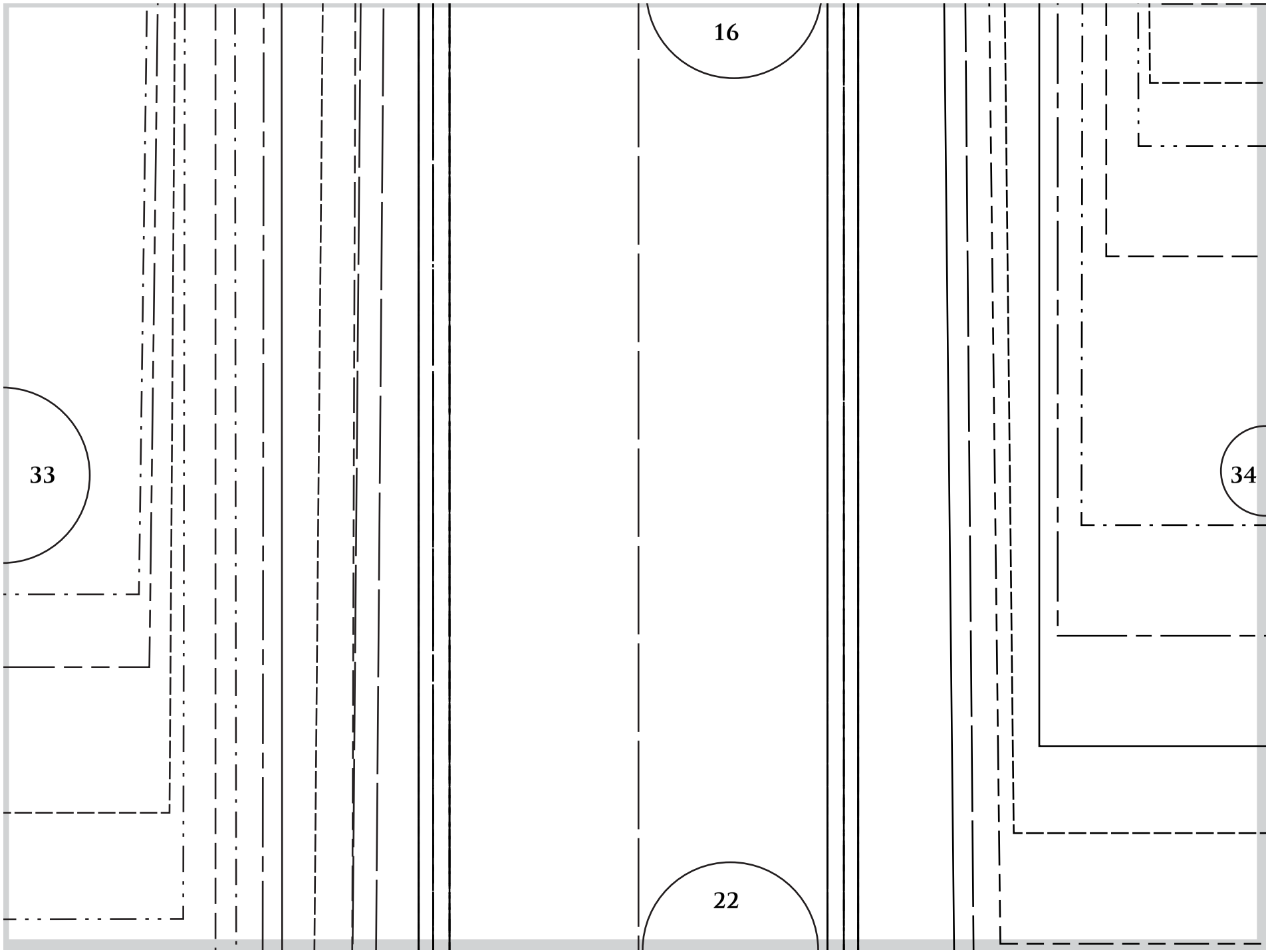
Cut 2 of Fabric 1

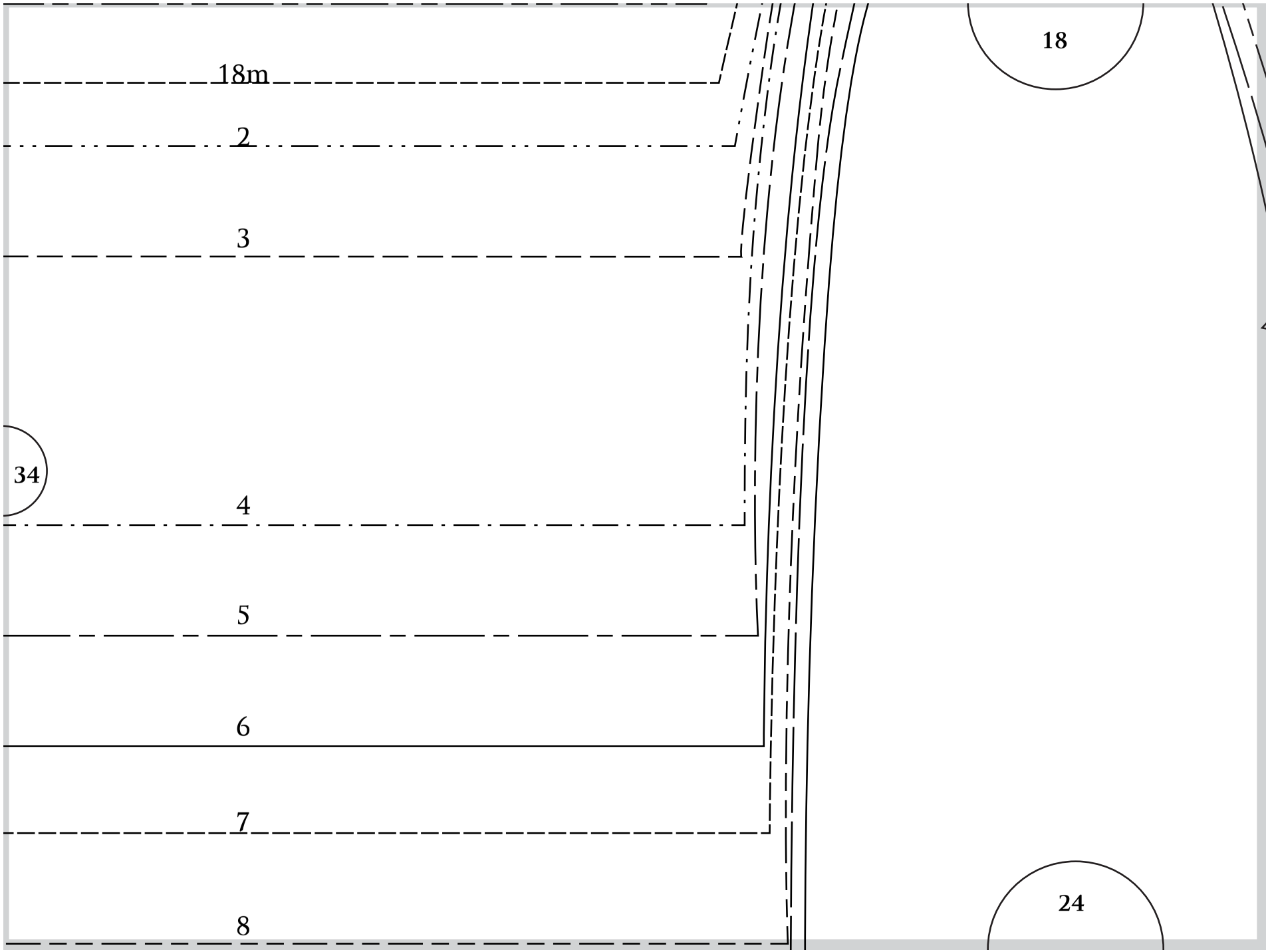
1/2" (12mm) seam allowance

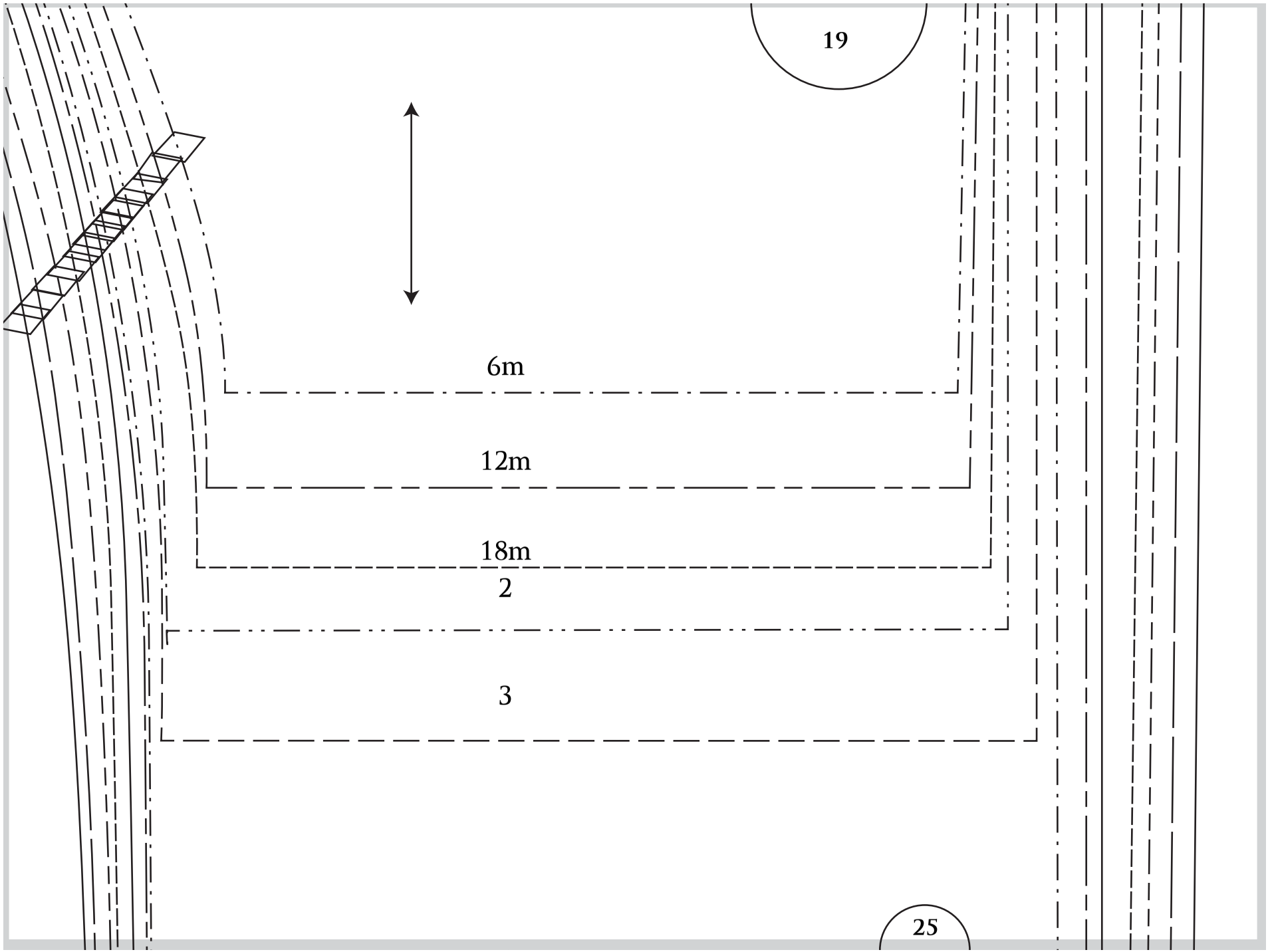


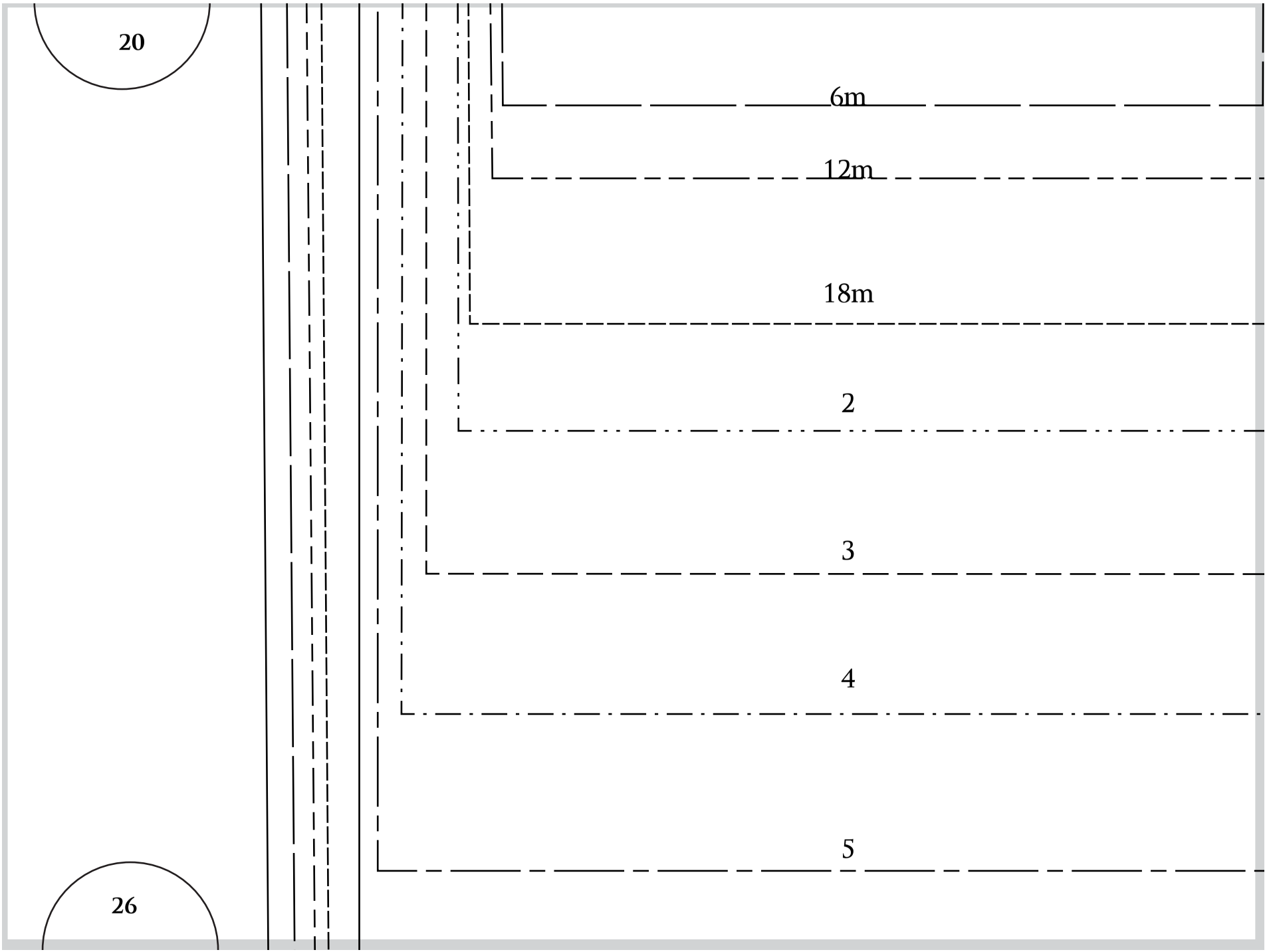
2

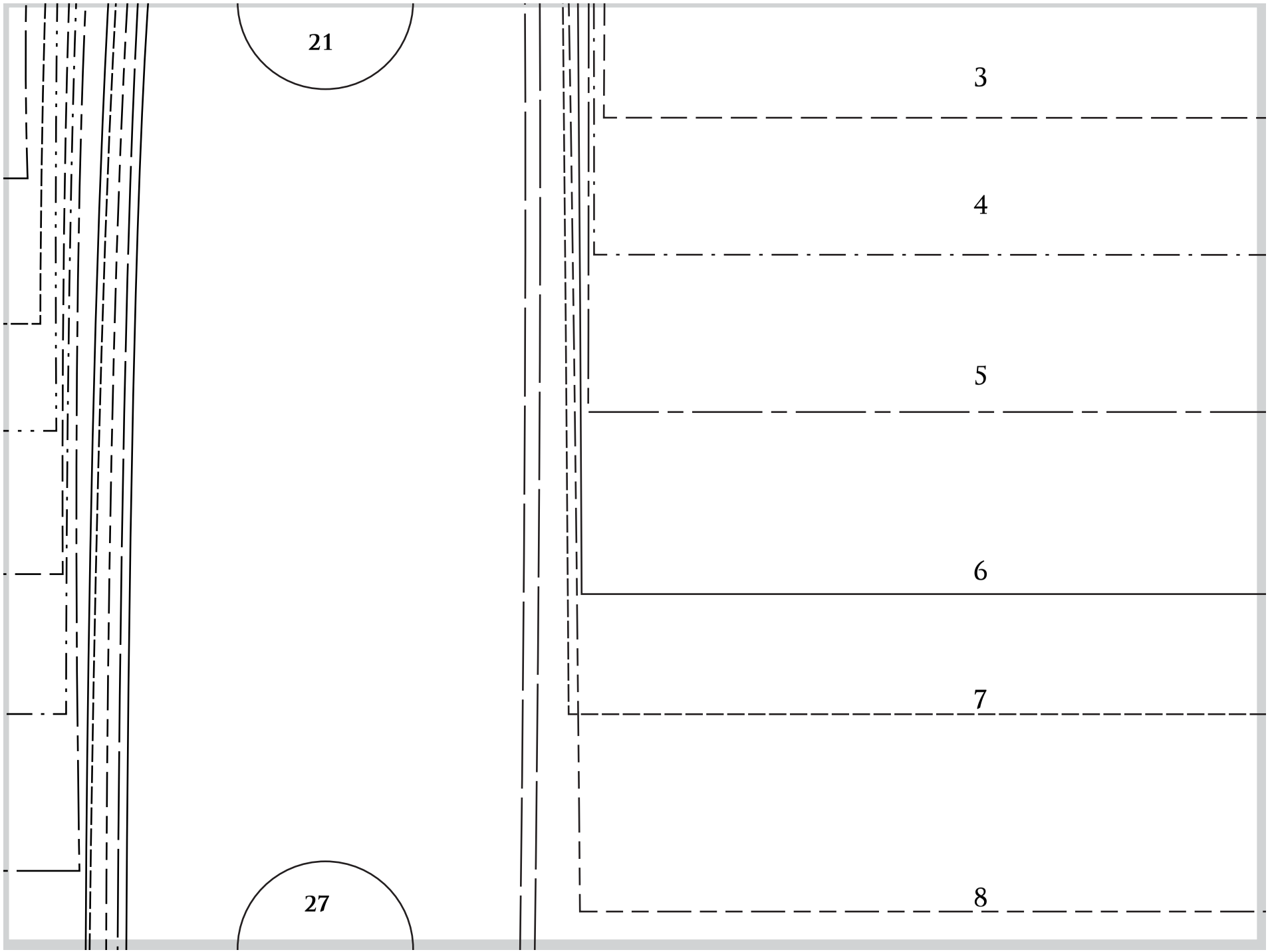

14
13
33
6m
12m
18m
2
21


16
33
34
22

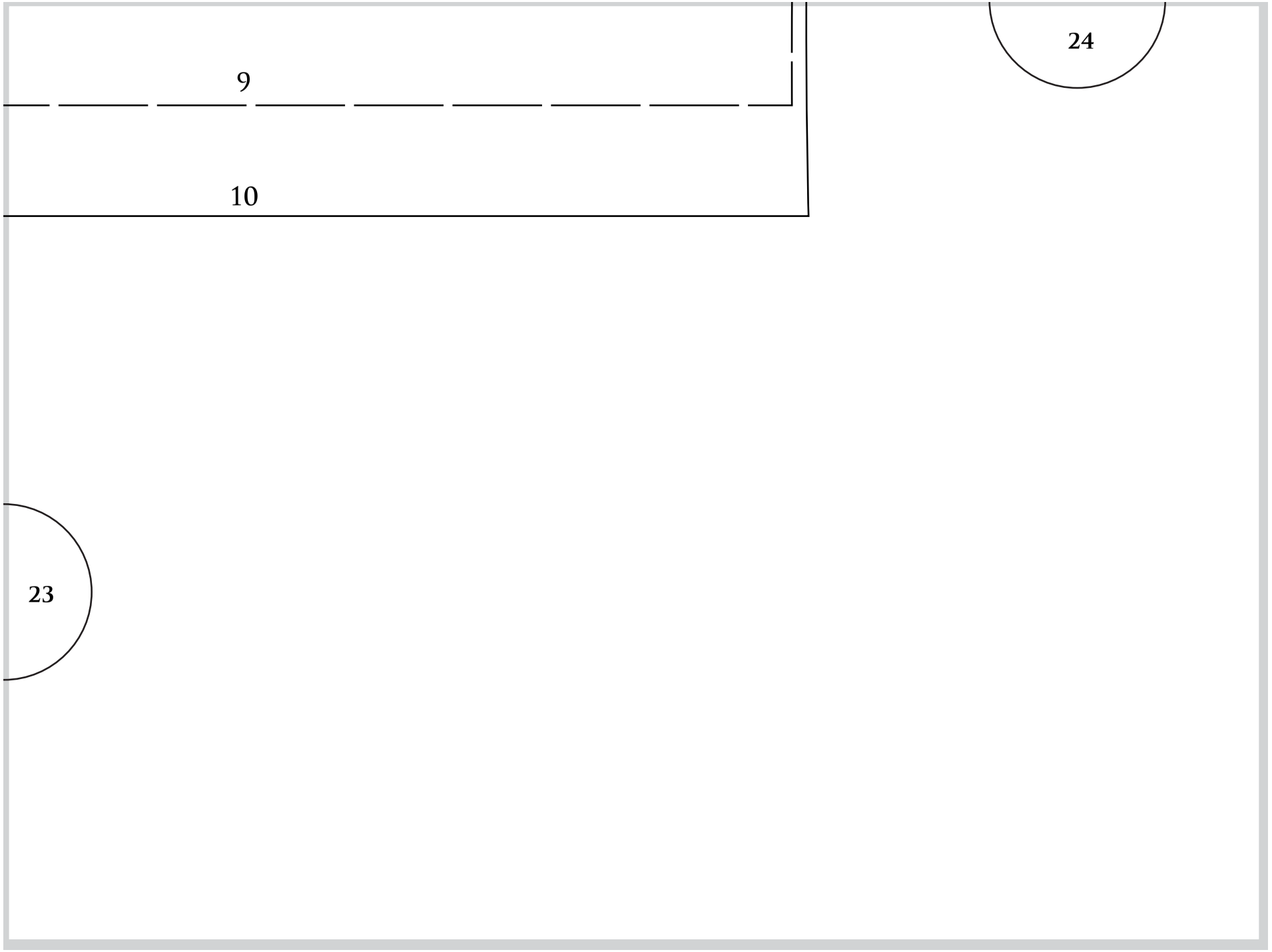

18
18m
2
3
34
4
5
6
7
8
24

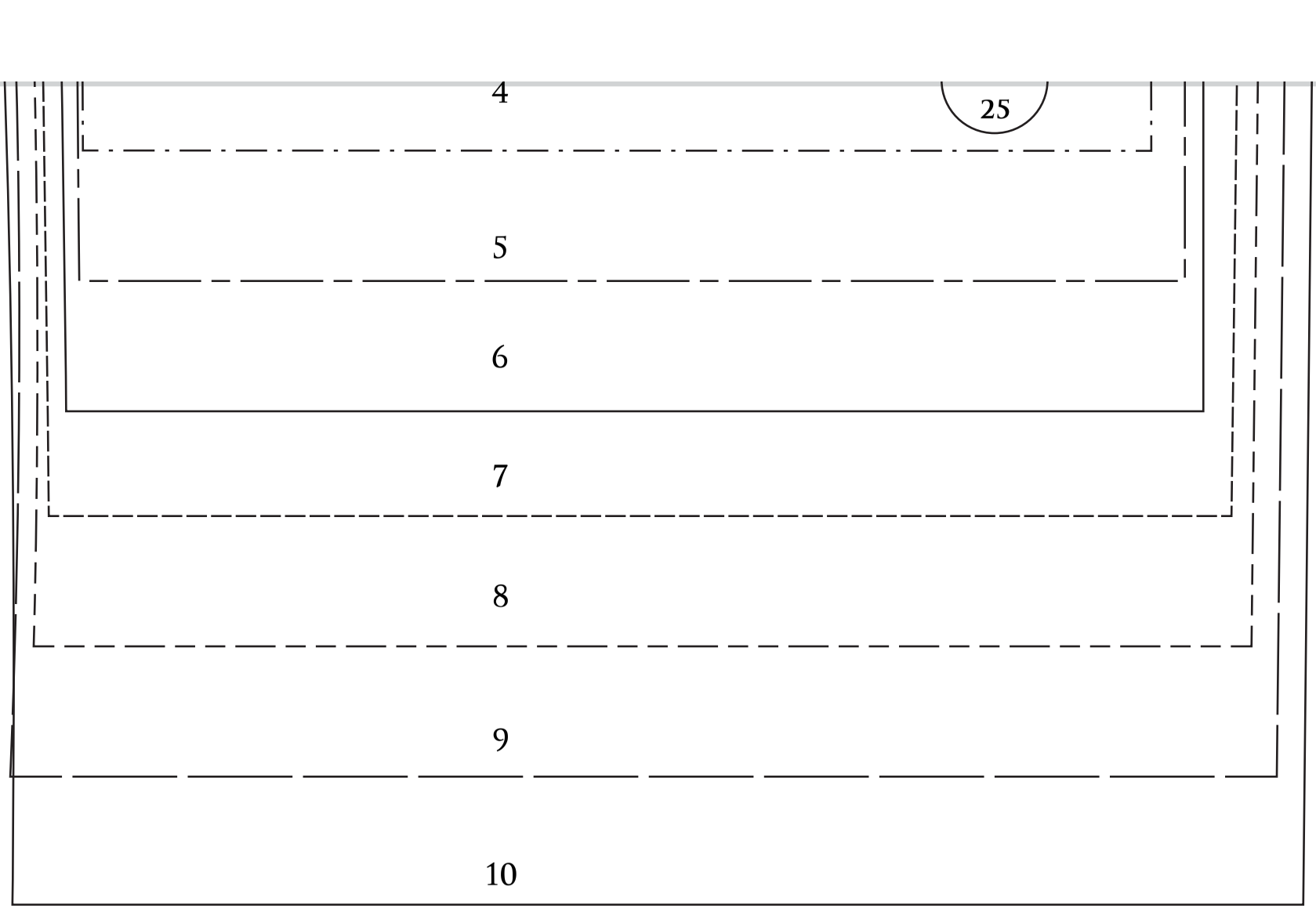

19
6m
12m
18m
2
3
25


20
6m
12m
18m
2
3
4
5
26


21
3
4
5
6
7
8
27

28
10
9
8
7
6
5
4
3
2
18m
12m
6m
22
23


24
9
10
23


4
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9
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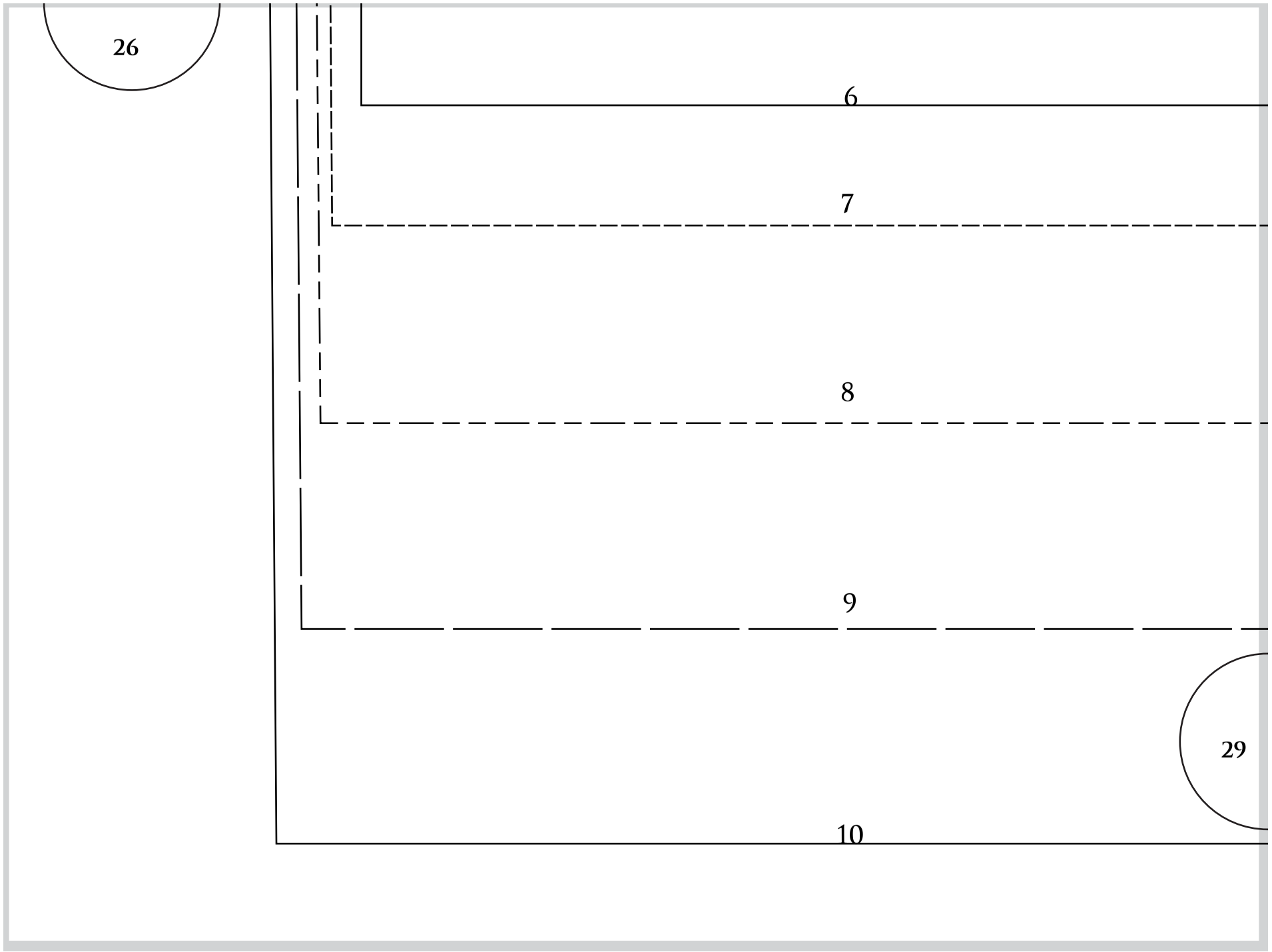
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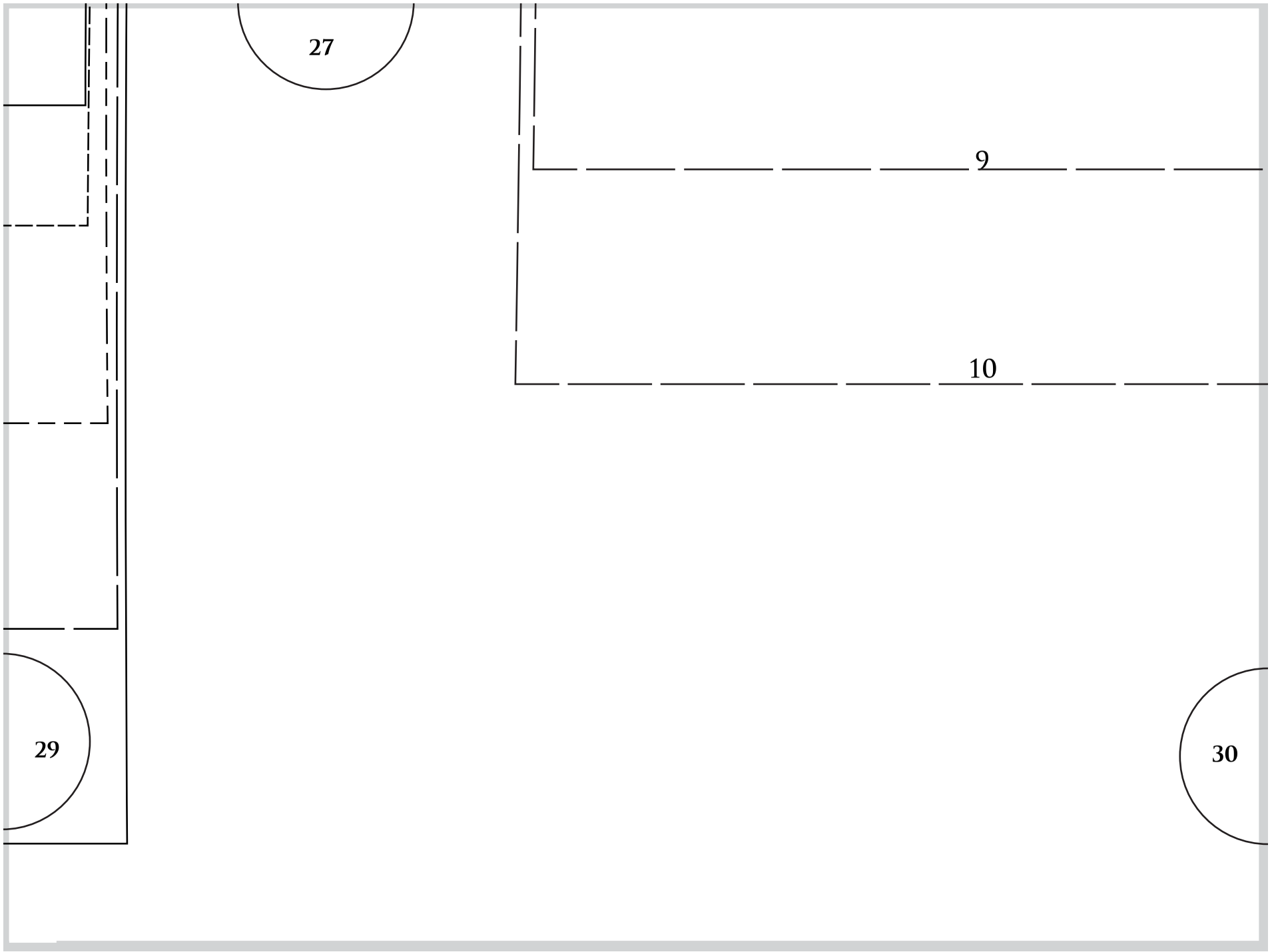
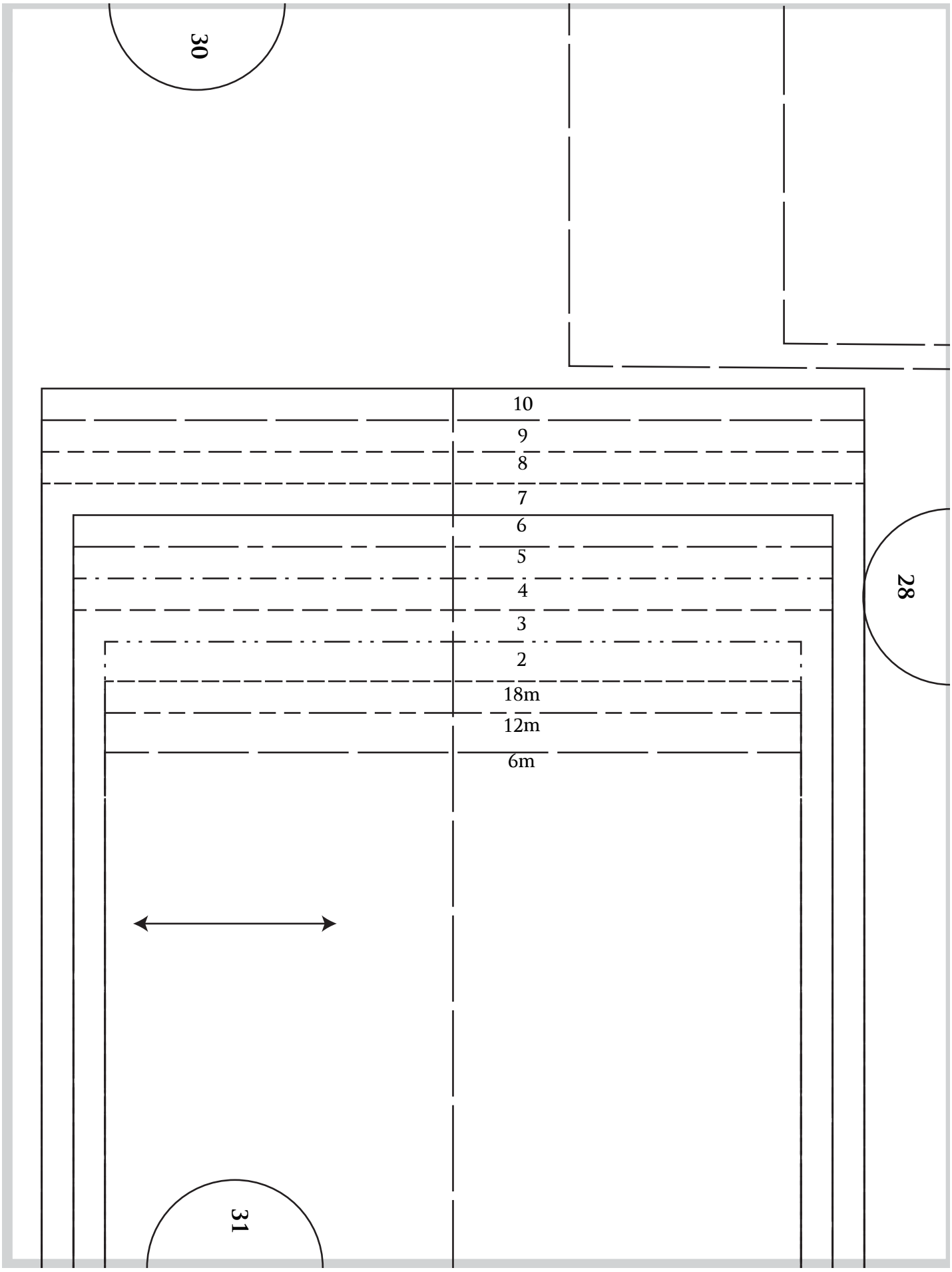
29
10


27
9
10
29
30


30
10
9
8
7
6
5
4
3
2
18m
12m
6m
28
31

10
9
8
7
6
5
4
3
2
18m
12m
6m

SKIP AND PLAY
PANTS AND CAPRIS

Copyright 2013

CUFF 1

5

Cut 2 of Fabric 2

1/2" (12mm) seam allowance

the COTTAGE MAMA

FOLD LINE

10 9 8 7 6 5 4 3 2 18m 12m 6m



SKIP AND PLAY PANTS AND CAPRIS

Copyright 2013

WAISTBAND BACK

4

Cut 1 of Fabric 2

1/2" (12mm) seam allowance

10 9 8 7 6 5 4 3 2 18m 12m 6m



SKIP AND PLAY PANTS AND CAPRIS

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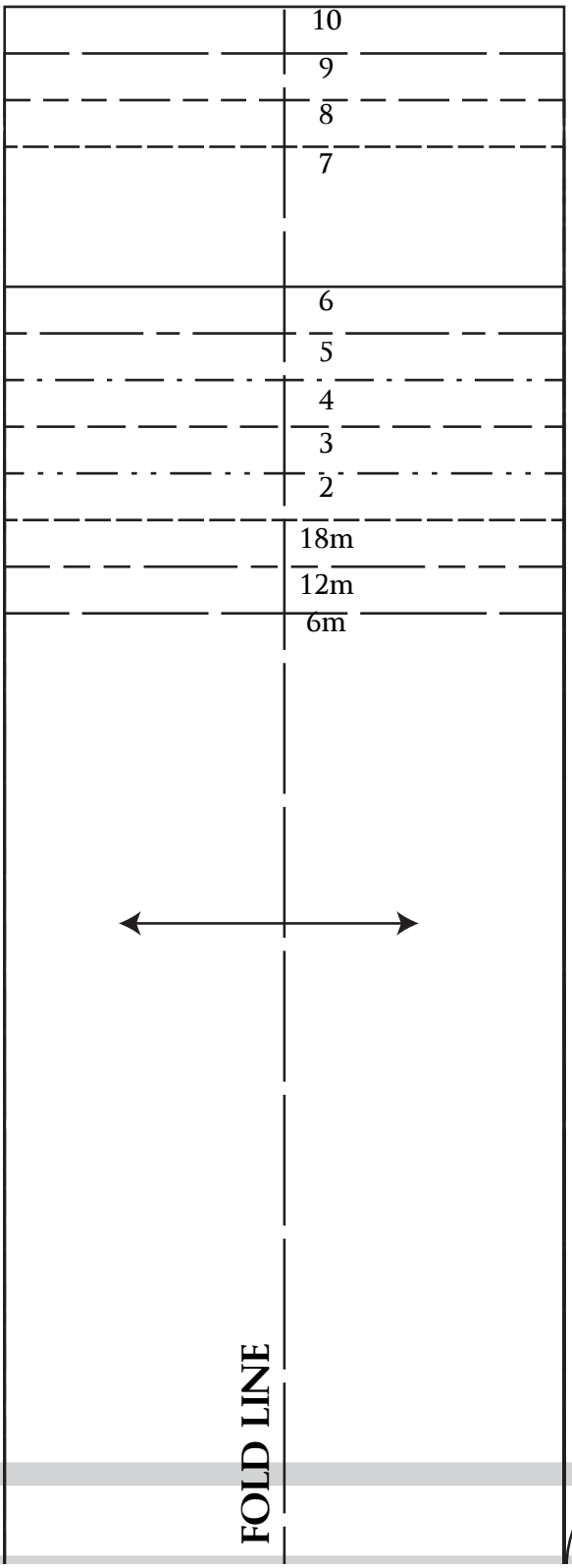
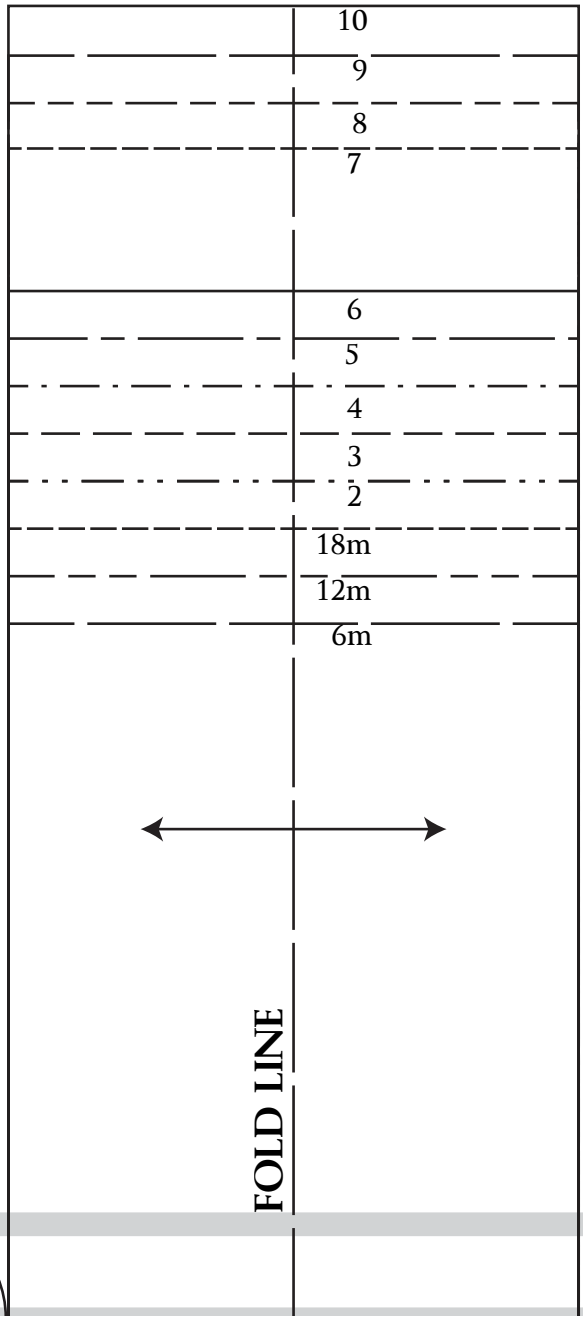
FRONT WAISTBAND

3

Cut 1 of Fabric 2

1/2" (12mm) seam allowance


10
9
8
7
6
5
4
3
2
18m
12m
6m
FOLD LINE


10
9
8
7
6
5
4
3
2
18m
12m
6m
FOLD LINE