
the
COTTAGE MAMA
RUN
AROUND
ROMPER

Run Around Romper

SIZE 6 MONTH TO SIZE 6 YEARS



The Run Around Romper is a boys or girls fully lined pants or shorts romper that buttons at the shoulder with three design variations. View A, the interweaving stripes variation, has a unique interweaving stripe pattern and side button tabs. View B is the simple variation that has optional side button tabs. View C, the ruffle pants variation for little girls, has an adorable small ruffle at the bottom of the pants. A great pattern for confident beginner sewers that offer many ways to get creative with your design!

Body Measurements:

SIZE	HEIGHT	WEIGHT (lbs.)	WAIST	CHEST	INSEAM
6 Month	25-29″	17-23	18.5″	18″	9.25″
12 Month	29-31″	22-27	19.25″	19″	10.5″
18 Month	31-33″	27-30	19.75″	20″	11.75″
2T	33-36″	30-32	20.25″	21″	13″
3T	36-39″	32-35	20.75″	22″	14.25″
4T	39-42″	35-41	21.25″	23″	16″
5	42-45″	41-46	22″	24″	17.75″
6	45-48″	46-51	22.5″	25″	19.5″

Fabric Requirements (45" (115cm) Fabric W/WO Nap):

SIZE	View A Exterior	View A Interior	View B Exterior	View B Interior	View C Exterior	View C Interior
6 Month	7/8 yard	1 ¼ yards	¾ yard	1 yard	7/8 yard	1 1/8 yards
12 Month	1 yard	1 3/8 yards	¾ yard	1 yard	1 yard	1 1/8 yards
18 Month	1 yard	1 3/8 yards	7/8 yard	1 yard	1 yard	1 ¼ yards
2T	1 1/8 yards	1 ½ yards	7/8 yard	1 1/8 yards	1 1/8 yards	1 3/8 yards
3T	1 ¼ yards	1 ½ yards	7/8 yard	1 1/8 yards	1 ¼ yards	1 ½ yards
4T	1 3/8 yards	1 5/8 yards	1 yard	1 ¼ yards	1 3/8 yards	1 5/8 yards
5	1 5/8 yards	1 7/8 yards	1 yard	1 3/8 yards	1 5/8 yards	1 7/8 yards
6	1 7/8 yards	2 1/8 yards	1 1/8 yards	1 3/8 yards	1 7/8 yards	2 1/8 yards

Notions:

All Views 4 buttons

Suggested Fabrics:

100% cotton, seersucker, muslin, broadcloth, lined eyelet, corduroy, denim.

The Cottage Mama

Lindsay Wilkes Owner/Designer

www.thecottagemama.com

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Welcome to The Cottage Mama Sewing Patterns!

Home and family are central to my life and creating handmade items for my family is one of the ways I show them how much I truly love and care about them. I believe in the handmade lifestyle and I'm so happy you do, too!

I created ***The Cottage Mama*** sewing patterns to get you excited about taking the time to sew for your little ones. The goal of these sewing patterns is to make you feel confident in creating fun, timeless and classic looks for young children.

These patterns are simple in nature, but can easily be taken to a new level through the use of unique trims, different fabrics and buttons. Mix and match different patterns to create a truly unique look for your little one. I hope you find these patterns easy to understand and very user-friendly.

I feel living a handmade lifestyle extends beyond the sewing machine and craft room. So, I've included a delicious recipe in each of my sewing patterns for you to share with your family and friends. Not only do we want to show them our love through the material things we create, we want them to feel our love from the inside out.

Let's get sewing!

Lindsay Wilkes
The Cottage Mama

Visit my online shop, ***The Cottage Mama***, www.thecottagemama.com, to purchase additional sewing patterns.

Visit my blog, ***The Cottage Home***, www.thecottagehome.blogspot.com, for free patterns, tutorials and to learn more about my cottage lifestyle.

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Original pattern artwork designed by Natalie Michalski of Moon Cookie Gallery. All artwork is the property of The Cottage Mama, Inc. To view more of her original work, please visit her website, www.mooncookiegallery.com.

Photography by Amy Tripple Photography, www.amytripplephotography.com

Fabrics for pattern cover provided by Birch Organic Fabric, www.birchfabrics.com

Run Around Romper

SIZE 6 MONTH TO SIZE 6 YEARS

Description:

The Run Around Romper is the perfect one-piece outfit for your little guy or gal with three different design variations that can be made as pants or shorts. View A, the interweaving stripes variation, is a one-piece pants outfit that buttons at the shoulder, has a unique interweaving stripe pattern and side button tabs. View B is the shorts variation that buttons at the shoulder and has optional side button tabs. View C, the ruffle pants variation for little girls, also buttons at the shoulder, has side button tabs and has an adorable small ruffle at the bottom of the pants.

All design variations are fully lined with contrasting fabric for total comfort for your little one. View A and B can be made as pants or shorts. All variations can be made with the interweaving stripes and require two buttonholes. This is great pattern for confident beginner sewers and offers many ways to get creative with your design!

ALL SEAM ALLOWANCES ARE ½″ UNLESS OTHERWISE NOTED.
(Seam allowances are included in the pattern pieces.)

Suggested Fabrics:

100% cotton, seersucker, muslin, broadcloth, corduroy, lined eyelet, light-weight denim.

Notions:

View A, B and C
2 buttons (shoulder)
2 buttons (side-tabs)

A Few Notes Before You Begin:

~ Please read all pattern instructions thoroughly before beginning.
~ Prewash and press all fabrics prior to garment construction. This will eliminate any shrinkage as well as dye bleeding.
~ Always press your seams as you go to ensure a professional-looking garment.
~ If possible, take child's measurements before selecting pattern sizing to guarantee a perfect fit.
~ Size Chart is available on the back of the pattern.
~Run Around Romper pants variation is generous in the length so pants can be cuffed to expose the contrasting lining fabric. Compare your child's inseam measurement with the pattern pieces to determine that you have selected the proper sizing, especially for the girly ruffle variation (View C).

Sewing Instructions:

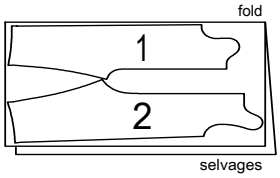
~Cut out desired size from paper pattern. To preserve the paper pattern, trace preferred pattern size using pattern tracing paper or white freezer paper.
~Again, all seam allowances are ½″, unless otherwise noted.
~*Asterisk denotes - see glossary for more information.



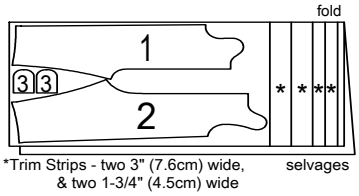
Cutting Layouts - View A - Pants Variation (optional interweaving stripes)

the COTTAGE MAMA - Run Around Romper Layouts

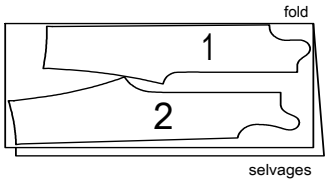
ROMPER - VIEW A
45" (115cm) FABRIC W/WO NAP
6MO = 7/8 YD (0.8 M)
12-18MO = 1 YD (0.9 M)
2T = 1-1/8 YD (1 M)



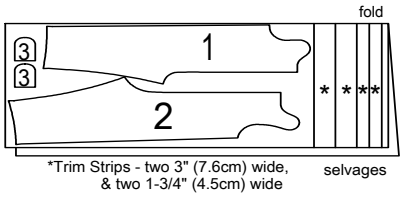
ROMPER - VIEW A CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
6MO = 1-1/4 YD (1.2 M)
12-18MO = 1-3/8 YD (1.3 M)
2T = 1-1/2 YD (1.4 M)



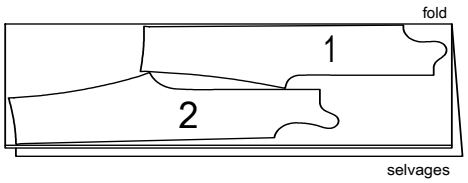
ROMPER - VIEW A
45" (115cm) FABRIC W/WO NAP
3T = 1-1/4 YD (1.2 M)
4T = 1-3/8 YD (1.3 M)
5 = 1-5/8 YD (1.4 M)



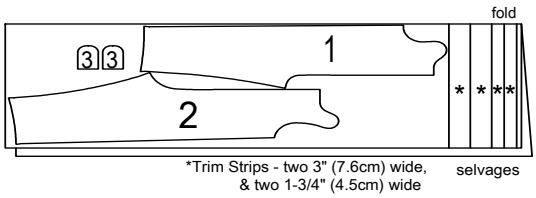
ROMPER - VIEW A CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
3T = 1-1/2 YD (1.4 M)
4T = 1-5/8 YD (1.5 M)
5 = 1-7/8 YD (1.7 M)



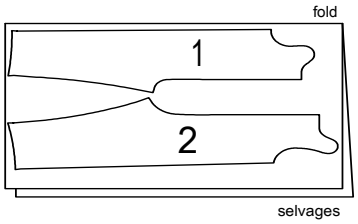
ROMPER - VIEW A
45" (115cm) FABRIC W/WO NAP
6 = 1-7/8 YD (1.7 M)



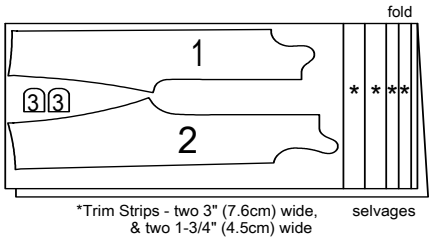
ROMPER - VIEW A CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
6 = 2-1/8 YD (2 M)



ROMPER - VIEW A
60" (150cm) FABRIC W/WO NAP
6MO = 7/8 YD (0.1 M)
12-18M0 = 1 YD (1 M)
2T = 1-1/8 YD (1.1 M)
3-4T = 1-1/4 YD (1.2 M)
5 = 1-3/8 YD (1.3 M)
6 = 1-1/2 YD (1.4 M)



ROMPER - VIEW A CONTRAST / LINING
60" (150cm) CONTRAST / LINING W/WO NAP
6MO = 1-1/8 YD (1.1 M)
12-18M0 = 1-1/4 YD (1.2 M)
2T = 1-3/8 YD (1.3 M)
3-4T = 1-1/2 YD (1.4 M)
5 = 1-5/8 YD (1.5 M)
6 = 1-3/4 YD (1.6 M)



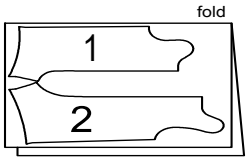
View A Pattern Pieces:

1. Romper Front
2. Romper Back
3. Tabs

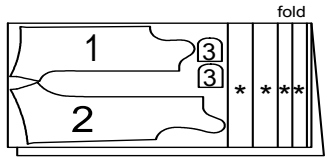
View B - Shorts Variation (optional interweaving stripes)

Run Around Romper Layouts B

ROMPER - VIEW B
45" (115cm) FABRIC W/WO NAP
6-12MO = 3/4 YD (0.7 M)
18MO-2T = 7/8 YD (0.8 M)

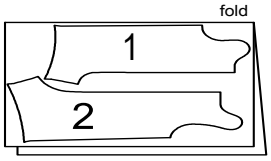


ROMPER - VIEW B CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
6-18MO = 1 YD (1 M)
2T = 1-1/8 YD (1.1 M)

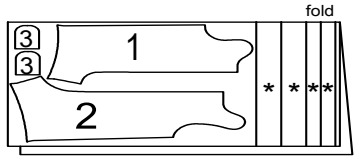


*Trim Strips - two 3" (7.6cm) wide, & two 1-3/4" (4.5cm) wide
selvages

ROMPER - VIEW B
45" (115cm) FABRIC W/WO NAP
3T = 7/8 YD (0.8 M)
4T-5 = 1 YD (0.9 M)

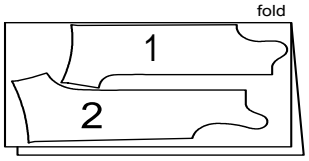


ROMPER - VIEW B CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
3T = 1-1/8 YD (1.1 M)
4T = 1-1/4 YD (1.2 M)
5 = 1-3/8 YD (1.3 M)

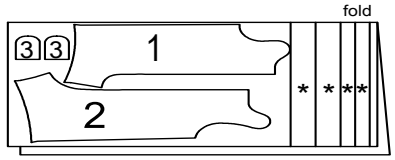


*Trim Strips - two 3" (7.6cm) wide, & two 1-3/4" (4.5cm) wide
selvages

ROMPER - VIEW B
45" (115cm) FABRIC W/WO NAP
6 = 1-1/8 YD (1 M)

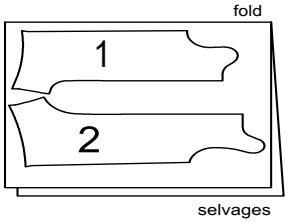


ROMPER - VIEW B CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
6 = 1-3/8 YD (1.3 M)

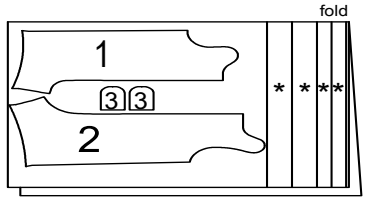


*Trim Strips - two 3" (7.6cm) wide, & two 1-3/4" (4.5cm) wide
selvages

ROMPER - VIEW B
60" (150cm) FABRIC W/WO NAP
6-12MO = 3/4 YD (0.7 M)
18MO-3T = 7/8 YD (0.8 M)
4-6 = 1 YD (0.9 M)



ROMPER - VIEW B CONTRAST / LINING
60" (150cm) CONTRAST / LINING W/WO NAP
6-12MO = 1 YD (1 M)
18MO-3T = 1-1/8 YD (1.1 M)
4-6 = 1-1/4 YD (1.2 M)



*Trim Strips - two 3" (7.6cm) wide, & two 1-3/4" (4.5cm) wide
selvages

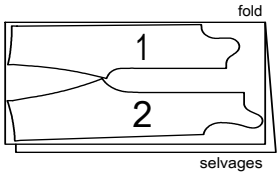
View B Pattern Pieces:

1. Romper Front
2. Romper Back
3. Tabs

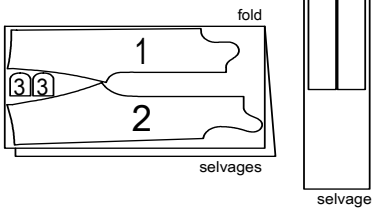
View C - Girly Ruffle Pants Variation

Run Around Romper Layouts C

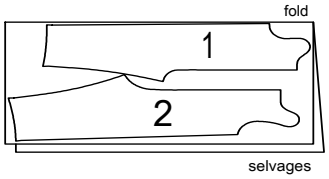
ROMPER w RUFFLE- VIEW C
45" (115cm) FABRIC W/WO NAP
6MO = 7/8 YD (0.8 M)
12-18MO = 1 YD (0.9 M)
2T = 1-1/8 YD (1 M)



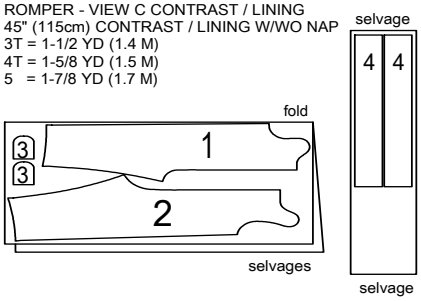
ROMPER - VIEW C CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
6-12MO = 1-1/8 YD (1 M)
18MO = 1-1/4 YD (1.2 M)
2T = 1-3/8 YD (1.3 M)



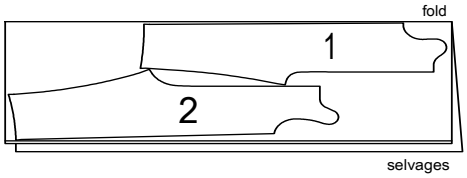
ROMPER w RUFFLE- VIEW C
45" (115cm) FABRIC W/WO NAP
3T = 1-1/4 YD (1.2 M)
4T = 1-3/8 YD (1.3 M)
5 = 1-5/8 YD (1.4 M)



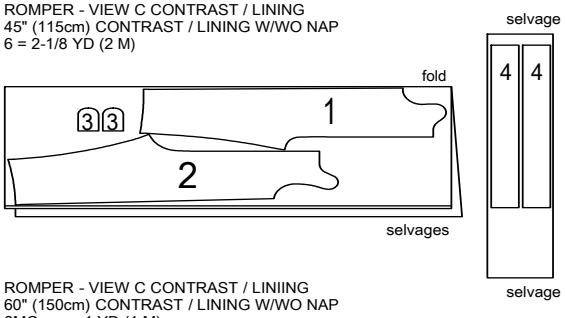
ROMPER - VIEW C CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
3T = 1-1/2 YD (1.4 M)
4T = 1-5/8 YD (1.5 M)
5 = 1-7/8 YD (1.7 M)



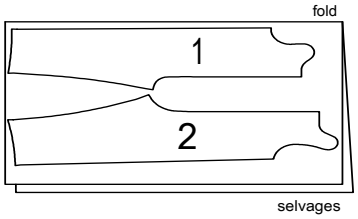
ROMPER w RUFFLE - VIEW C
45" (115cm) FABRIC W/WO NAP
6 = 1-7/8 YD (1.7 M)



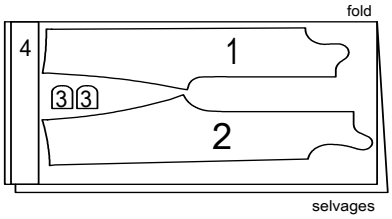
ROMPER - VIEW C CONTRAST / LINING
45" (115cm) CONTRAST / LINING W/WO NAP
6 = 2-1/8 YD (2 M)



ROMPER w RUFFLE - VIEW C
60" (150cm) FABRIC W/WO NAP
6MO = 7/8 YD (0.1 M)
12-18M0 = 1 YD (1 M)
2T = 1-1/8 YD (1.1 M)
3-4T = 1-1/4 YD (1.2 M)
5 = 1-3/8 YD (1.3 M)
6 = 1-1/2 YD (1.4 M)



ROMPER - VIEW C CONTRAST / LINIING
60" (150cm) CONTRAST / LINING W/WO NAP
6MO = 1 YD (1 M)
12-18M0 = 1-1/8 YD (1.1 M)
2T = 1-1/4 YD (1.2 M)
3-4T = 1-3/8 YD (1.3 M)
5 = 1-1/2 YD (1.4 M)
6 = 1-5/8 YD (1.5 M)



View C Pattern Pieces:

1. Romper Front
2. Romper Back
3. Tabs
4. Ruffles

View A: Interweaving Stripes Pants Variation

Sew the front of the romper together as seen in View B Step 3 before adding the interweaving stripes. Make sure you add the stripes before you go past View B Step 3.

Also, consider the pattern in your contrasting fabric and think about how the pattern will look in this striped layout. If it is a directional print, you may want to cut it in a different direction to make sure it looks right. I would suggest using a non-directional print to make your life easier.

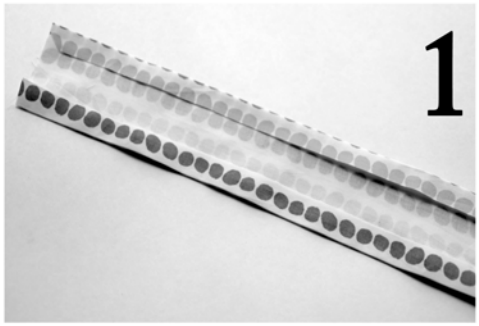
Step 1: Cut 2 strips 3″ wide by the width of the fabric and 2 strips 1 ¾″ wide by the width of the fabric. (Size 2 and smaller will only need one strip of 3″ and 1 strip of 1 ¾″).

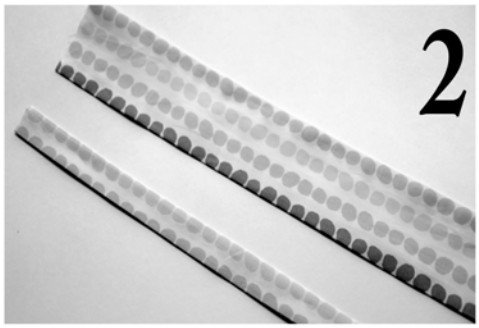
Step 2: Place your strip right side down and press ½″ up along the long edge of each strip (see picture 1). Do this for all the strips. Cut the strips so you have a wide and narrow strip that are the full length of the romper and a wide and narrow strip that are the full width of the romper.

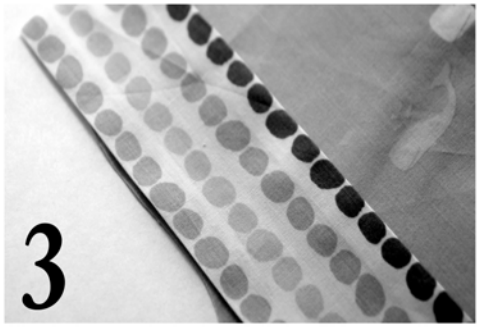
Step 3: Line up the wide strip with the raw edge of the left side of the front of the romper. Pin this strip running vertically down the front. Or use Wash Away Wonder Tape to stick this piece in place.

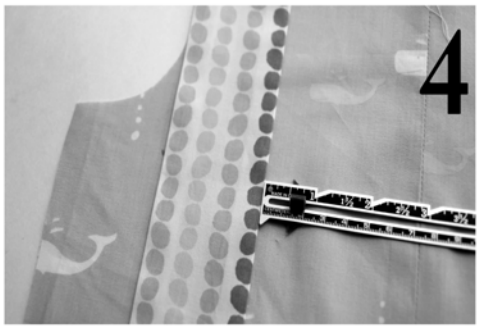
Step 4: Measure over ½″ and place the narrow strip running parallel to the wide strip. Check to make sure the strips are parallel by measuring ½″ all the way up and down the front of the romper.

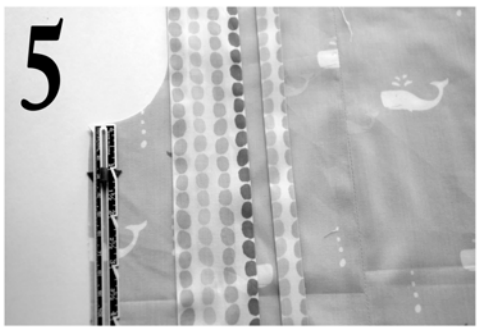
Step 5: For the two strips running across the chest of the romper, measure down 1″ from the armhole. Place the narrow strip in that position across the chest.



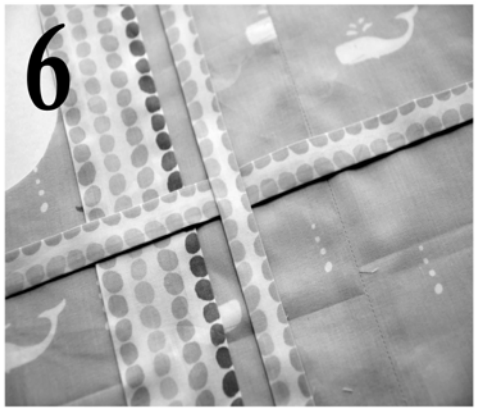




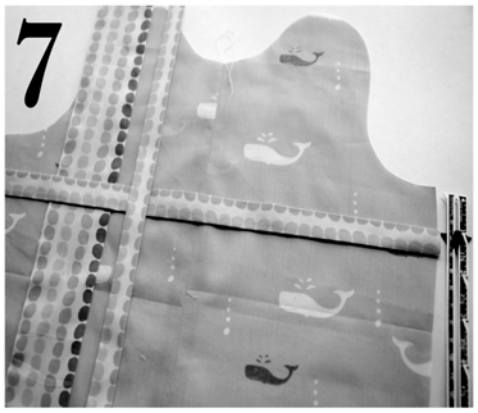




Step 6: Weave the narrow strip across the top of the wide strip and then under the other narrow strip. The Wash Away Wonder tape comes in handy for this step as you don't have to un-pin anything to get the stripes underneath one another. But you can certainly use pins.



Step 7: To make sure your strips run perfectly across the chest, measure down 1″ from the right side as well.

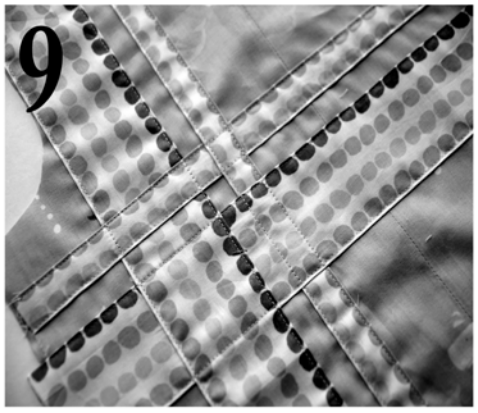


Step 8: Measure ½″ down from the narrow strip running across the chest and place the other wide strip in the parallel position. This strip should weave under the other wide strip and over the other narrow strip. To make sure your strips are running perfectly straight across the chest, make sure there is a ½″ between them all the way across the chest.



Step 9: Now for the fun part! Edge stitch* along the edges of each strip.

Once you have completed the woven strips, you can move onto constructing the romper as seen in the next section, View B.



View B: Simple Variation (Shorts or Pants)

View B cutting layout is for shorts variation. If you would like to make the pants variation, use the cutting layout for View A.

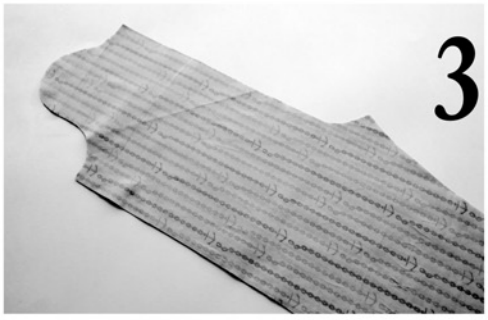
Step 1: Place the tab pieces with the right sides together. Sew around, leaving the straight edge open. Clip the curve so the tabs will lay flat. Tabs can be cut from lining fabric or can be cut to match the exterior fabric.



Step 2: Turn tabs right side out, press and edge stitch* around the tab. Edge stitching* the tabs is an optional step.



Step 3: To sew the front of the romper, place two of the front pieces with the right sides together. Sew center seam together down to the crotch. Stitch again along curved area to reinforce crotch. Clip curves. Do this for the front and back of the exterior fabric pieces and the lining pieces.



Step 4: You will end up with four pieces once you have completed step 3. Two romper fronts and two romper backs, one each of the exterior fabric and one each of the lining fabric.

Press the seams open.



Step 5: Transfer the tab markings from the pattern sheets to the romper front. Pin the tabs in place and baste stitch* the straight edge to the romper front. This will hold the tabs in place for the next step. You can also choose your own tab placement if you would prefer it to line up with the interweaving stripes.
Sew small button on each tab approximately ½″ from the rounded side of the tab.



Step 6: Pin the romper front to the romper back along both sides with the right sides of the fabric together. Stitch both side seams from the armhole to the bottom of the pants (or shorts). Do this for the exterior fabric and the lining fabric as well.

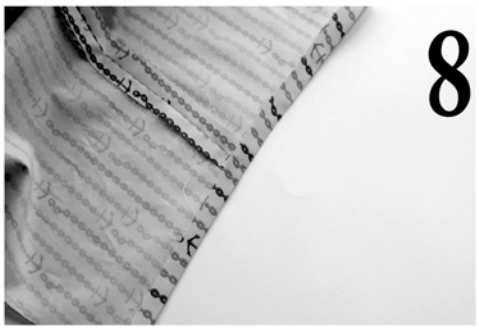
Press seams open for both pieces.



Step 7: Turn the lining piece of fabric so the right side is facing out. Place the lining inside the exterior fabric matching top edges of the romper. The right sides of the fabric should be facing each other. Pin around the top of the romper and sew all the way around. Clip the curves, turn right side out and press.



Step 8: Press the bottom of each pant (or short) leg up ½″ towards the wrong side of the fabric. Do this for both exterior legs and both lining legs, so a total of four times. We are doing this now to make step 11 easier.



Step 9: Pull the exterior fabric up away from the lining. Fold the hem back down that was pressed in the step above. Sew the crotch and leg seam of the lining with right sides together. (Make sure the hem is *not* folded up at this point.)



Step 10: Pull the exterior fabric up over the top of the romper so the right sides of the crotch are now together. Unfold the hem that was pressed in Step 8. Sew up one leg and down the other (make sure the hem is *not* folded up at this point). Also be careful not to catch any of the romper top in the seam. Pull the romper through one of the legs of the exterior fabric.



Step 11: Tuck the lining legs into the exterior legs. Line up the bottom hem and pin around the bottom of each leg. They should line up easily due to the fact that we pressed them up already in Step 8.



Step 12: Edge stitch* around the bottom of each leg to close the opening.



Step 13: Transfer button placement markings from pattern sheets.

Additionally, you can edge-stitch* around the top of the romper if you so choose, but it is completely optional.

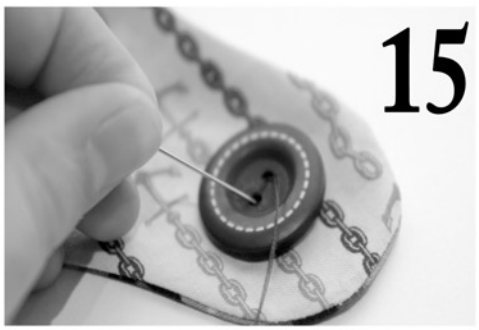


Step 14: Transfer 1″ buttonhole markings from pattern sheets. Sew buttonholes according to your machines instructions. A buttonhole foot is very handy for this step, but if you do not have one, just do it the old fashioned way. Adjust buttonhole placement if using a smaller or larger buttons.

Open buttonholes with a seam ripper and finish with an anti-fray product such as Fray Check.



Step 15: Hand-sew buttons onto romper with coordinating thread.



You have now completed the Run Around Romper!

View A and B can both be made as pants or shorts. Use cutting layout A for pants and layout B for shorts.

View C: Girly Ruffle Pants Romper Variation

Cut the pattern according to View A cutting layout. You will need to shorten the pants in order to add the ruffle. Shorten the pants by 2.5″ or shorten even more for a cropped/capri look. Follow garment construction steps in View B, omitting steps 8, 11, and 12 with instructions below.

Step 1: Fold each ruffle strip in half, with right sides together, lining up the short raw edges. Stitch the short edge. You will now have two circle strips of fabric. Fold the circle strips of fabric in half with the wrong sides together, lining up the long raw edges. Press.

Use a gathering stitch* to gather each of the ruffles along the raw edges. Gather them until they match the width of the bottom of the pants. Pin the ruffle to the pants matching the raw edge of the ruffle and the raw edge of the pants. Stitch in place.

Step 2: Finish raw edges with pinking shears, zig-zag stitch or serger. Press ruffle down and press raw edge of pants up towards romper.

Step 3: Edge stitch* or topstitch* around the bottom of each pant leg.

View C can also be made with or without the tabs. Consider making this variation with the interweaving stripes using a girly contrasting fabric.







Glossary:

Baste: Stitch with a slightly longer stitch length to hold pattern pieces or trim in place.

Backstitch: To anchor your stitches, sew several stitches in reverse at the beginning and the end of your seam.

Gathering Stitch: To run a gathering stitch, set your machine on the longest stitch length possible. Sew a straight line along the edge you want to gather. I tend to gather between ¼″ to ½″ from the edge. For a straight piece, do NOT backstitch at the beginning or ending of your straight line or your gathering will not work. Pull the bobbin thread to begin gathering. Adjust your gathers so they are evenly spaced, then continue sewing according to your pattern directions.

Topstitching: Topstitching is sewing a straight line of stitches 1/4″ from the edge of the seam. It is often used as a decorative element and helps the edges to lay flat, which adds a more finished look to a garment.

Edge Stitching: Edge stitching is very similar to topstitching; however, edge stitching occurs 1/8″ from the edge of the seam.

Round 'Em Up Texas Casserole

SERVES 8

Ingredients:

1 ½ lbs ground beef or turkey
1 large onion, chopped
2 garlic cloves, minced
12 oz jar of chunky style salsa
2 8 oz cans tomato sauce
2 tablespoons chile powder
1 tsp cumin
1 tsp dried oregano
1 tsp salt
1 6 oz can sliced or chopped black olives
1 cup frozen or canned (drained) corn
1 12 oz package corn tortillas
1 cup part-skim ricotta cheese
1 egg
3 cups shredded cheddar-jack cheese (divided)
Sour cream and finely sliced green onions for garnish

Directions:

Preheat oven to 350°F.

Brown meat, onions and garlic. Drain, if needed. Add salsa, tomato sauce, chile powder, oregano, cumin, salt, olives and corn. Simmer for 15 minutes.

Cut tortillas in half and then cut into 2″ pieces. Beat egg and ricotta together.

In a lightly greased 9 x 13 glass pan, spread one cup of meat sauce. Assemble using half of the ingredients at a time. Layer tortilla pieces, ricotta mixture, shredded cheese (reserve 1 cup for the top), and meat sauce. Repeat and top with shredded cheese.

Bake at 350 degrees for 45 minutes. May cover and refrigerate or freeze. Serve topped with sour cream and green onions, if desired.














the Cottage Mama















PDF Printing Instructions

There are a few things to note when printing PDF sewing patterns. It is very important to make sure they are printed and assembled correctly to ensure a properly fitted garment. The Cottage Mama Sewing Patterns are originally full-size, printed sewing patterns and the PDF's have been adapted from these full sized pattern sheets.

1. Pattern pieces are intended to be printed from your home computer on 8.5" x 11" paper.

2. Make sure your printer scaling is set to 'None' when you go to print. If your pattern sheets are not printing out correctly, then please check the scaling in the print dialogue box.

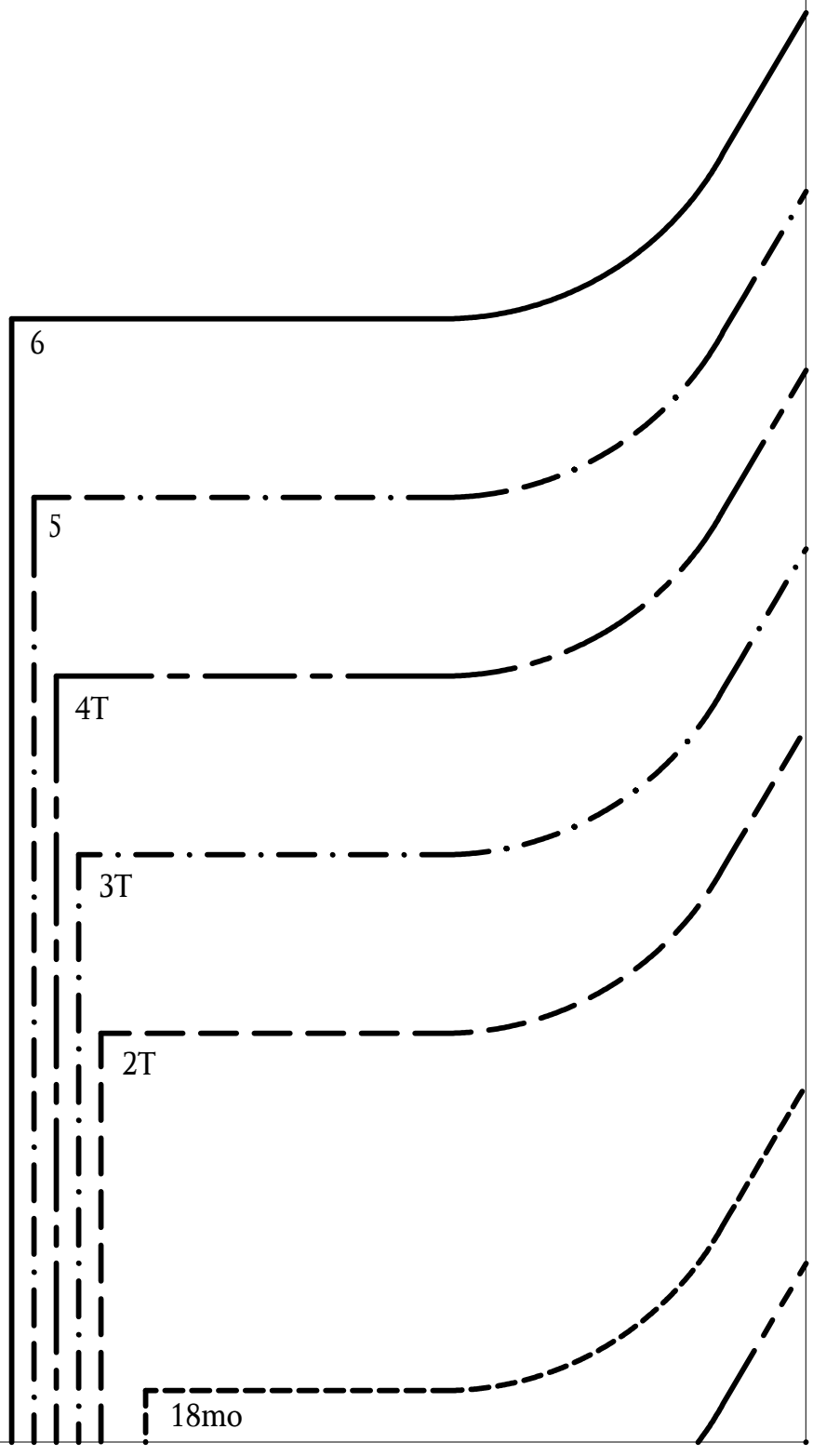
3. To make sure your pattern sheets have printed correctly, measure the 1" scaling box on the first pattern sheet. If this is correct, then your pages are printing correctly.

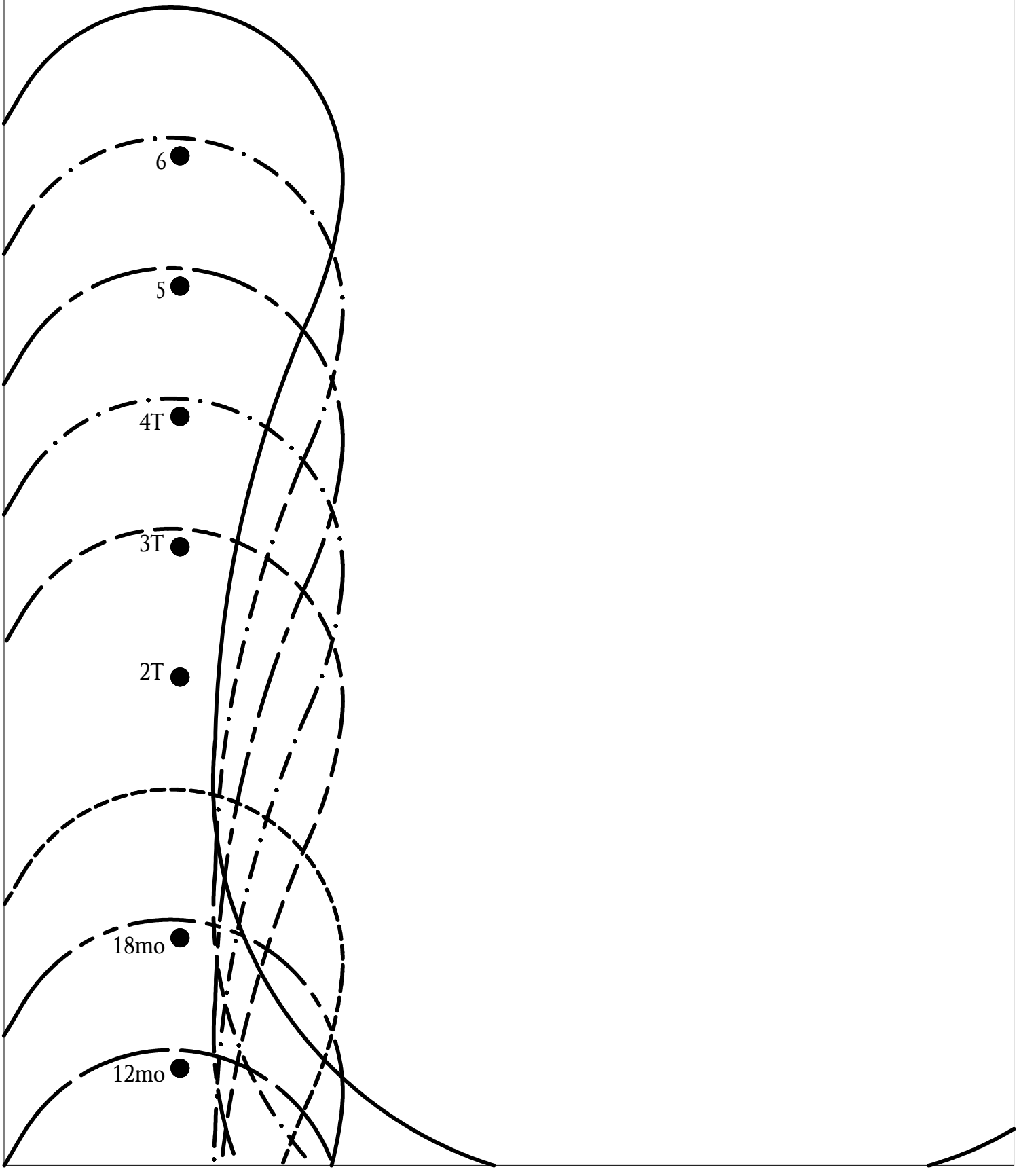
4. The pattern sheets can be assembled easily by cutting around the rectangular border found on each page and then following the piecing diagram. Tape the sheets together and cut out your desired pattern size.

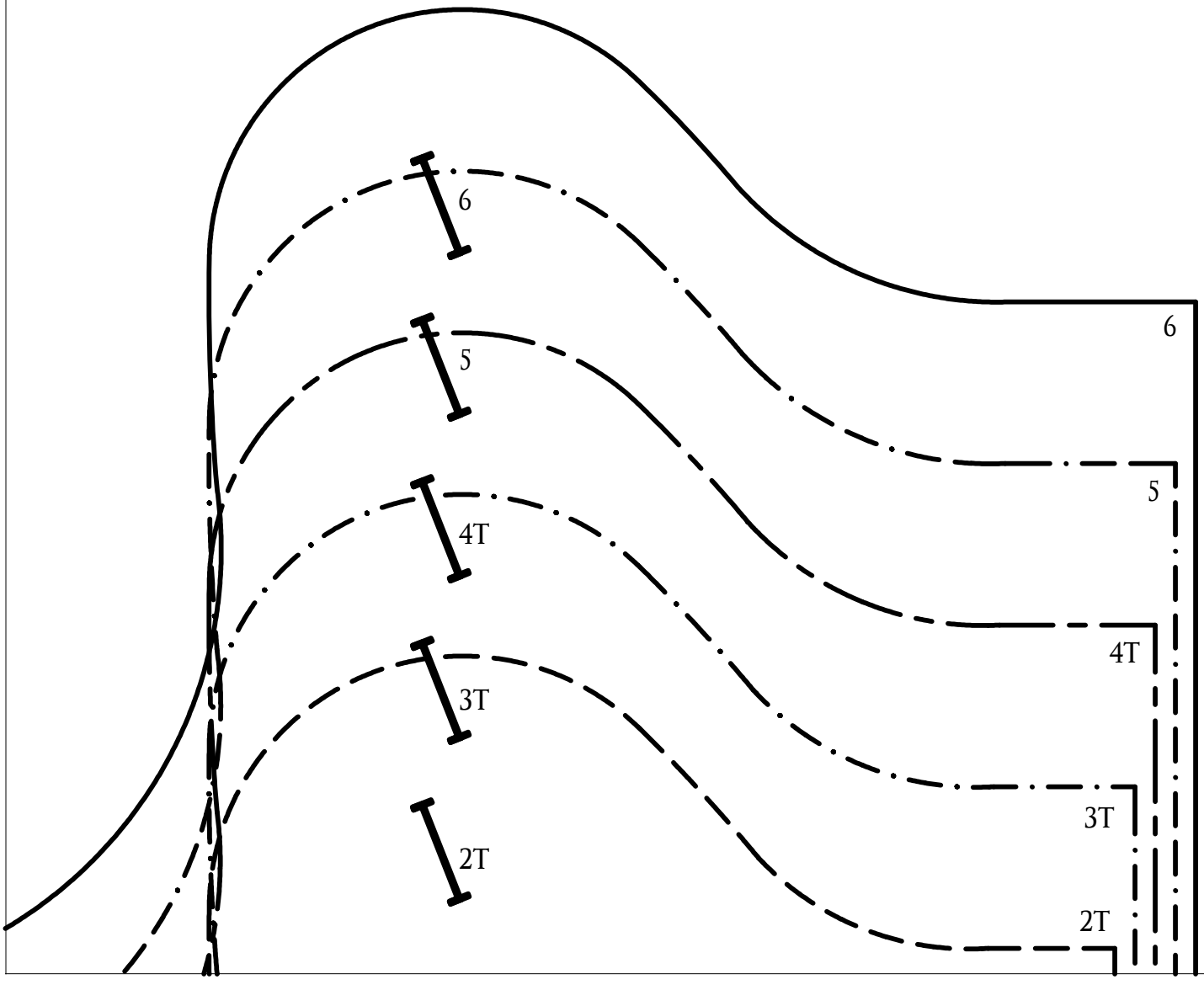
1

The Cottage Mama - Run Around Romper

1x1"
2.5 x 2.5 cm



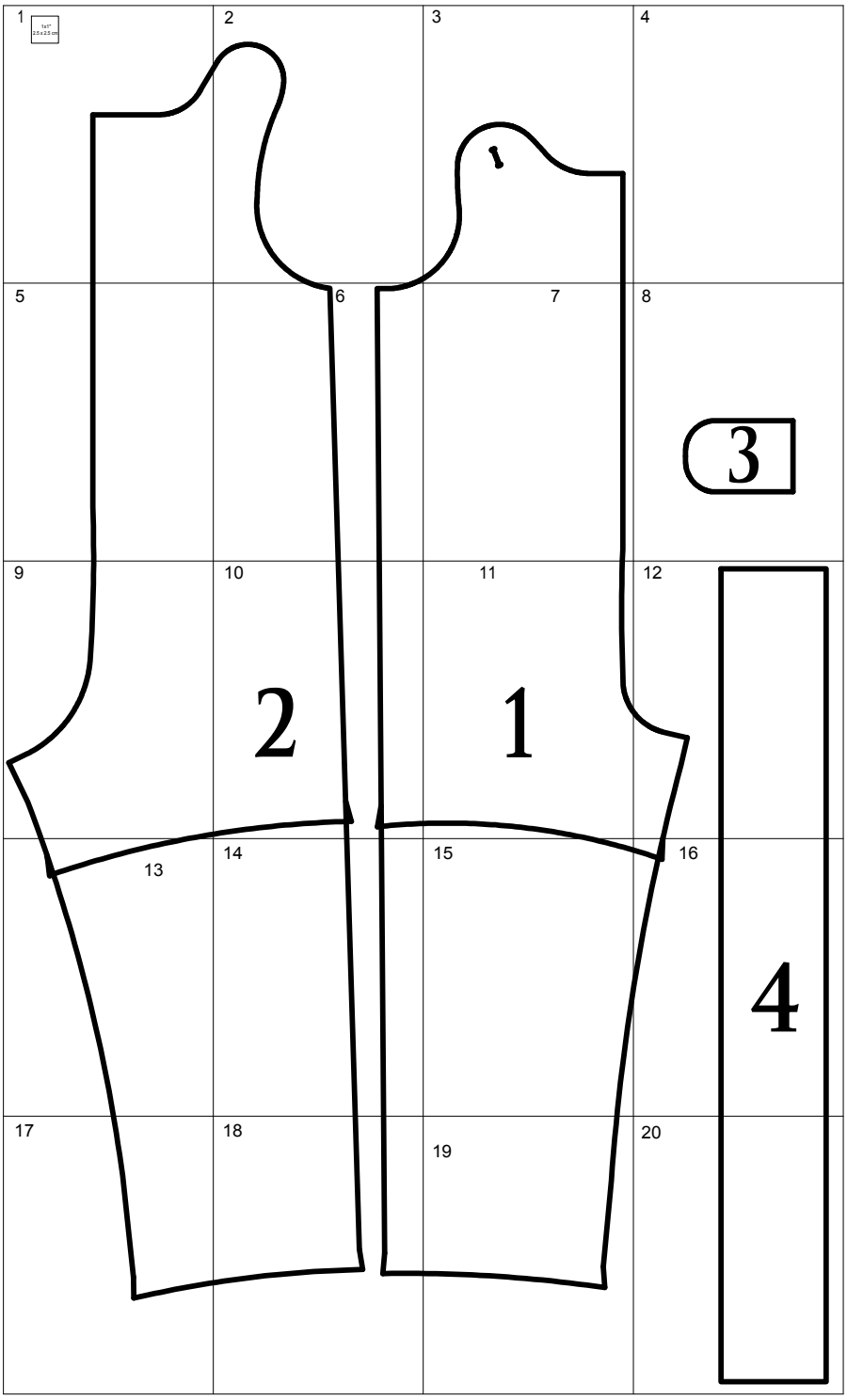

6
5
4T
3T
2T
18mo
12mo


6
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THE COTTAGE MAMA - RUN AROUND ROMPER - ASSEMBLY GUIDE

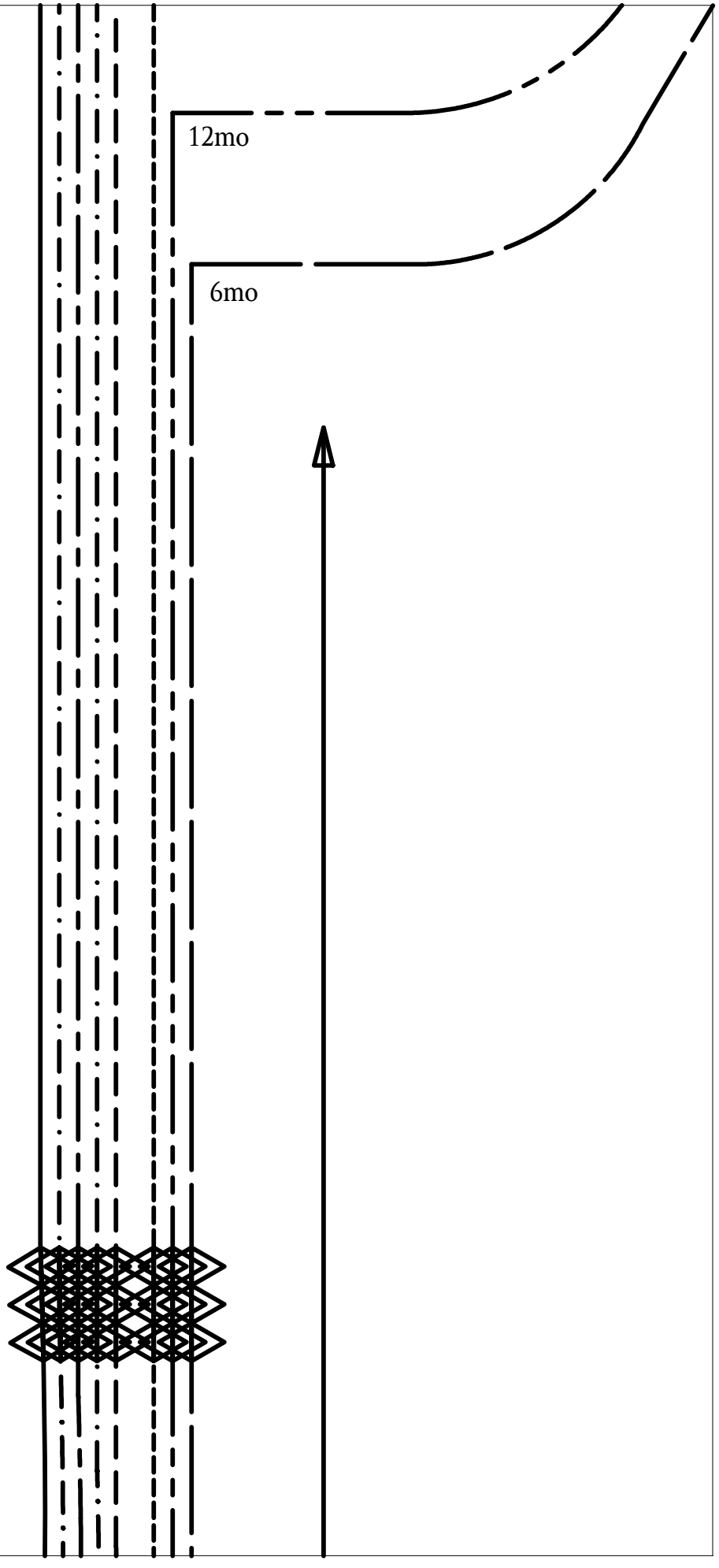
Pattern with pdf pages mapped.

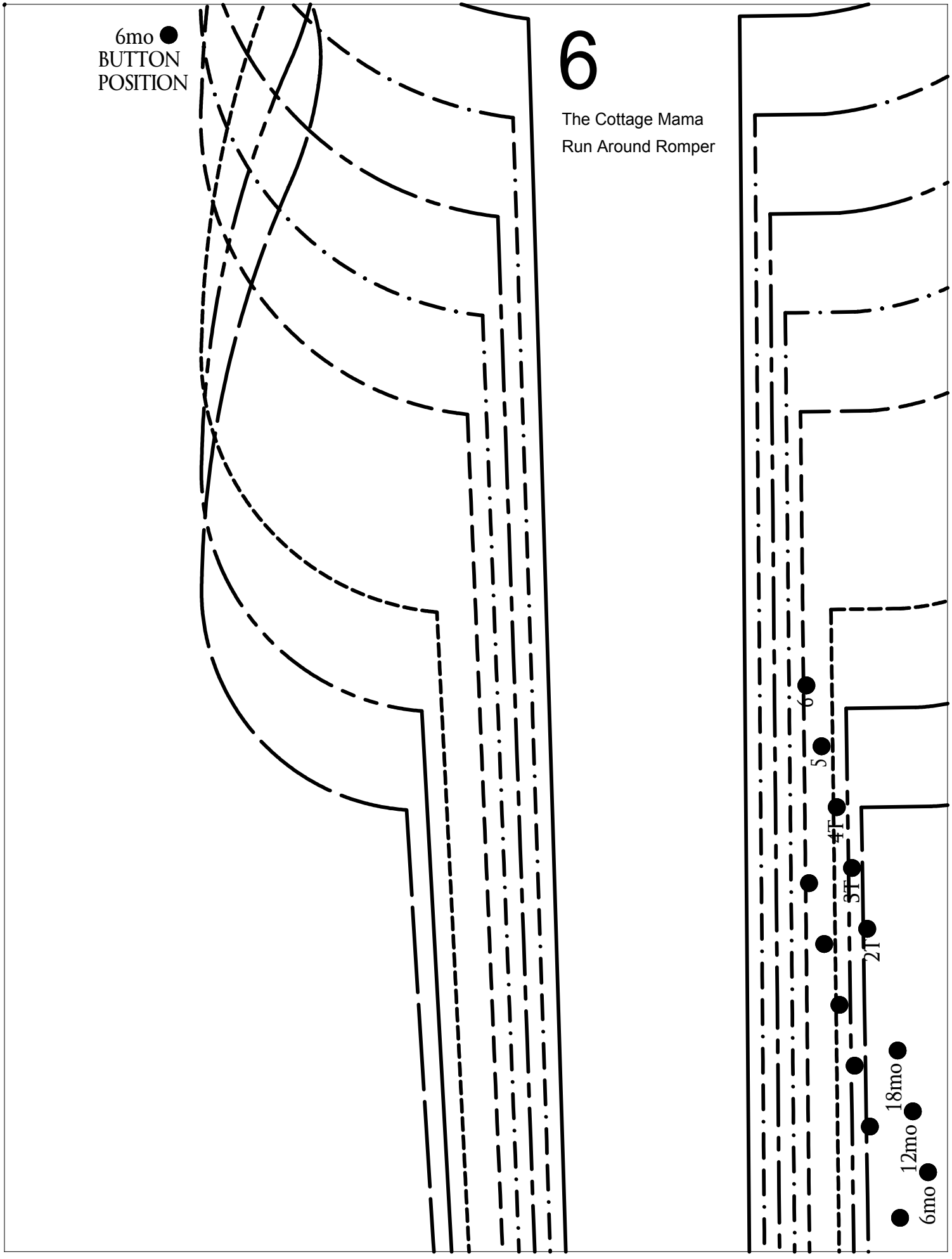
Finished box = 31x51.25" (78.7x130.2cm)

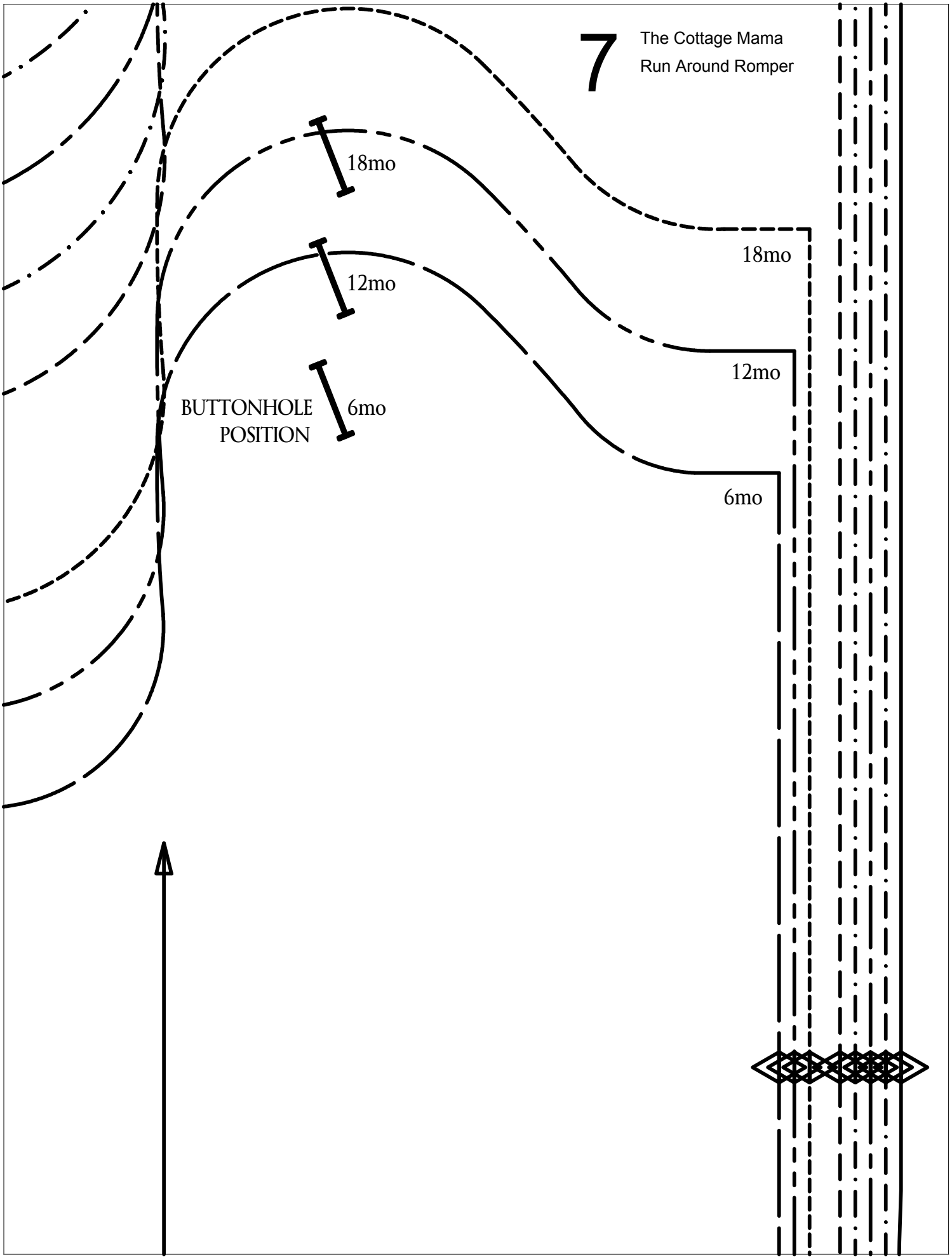


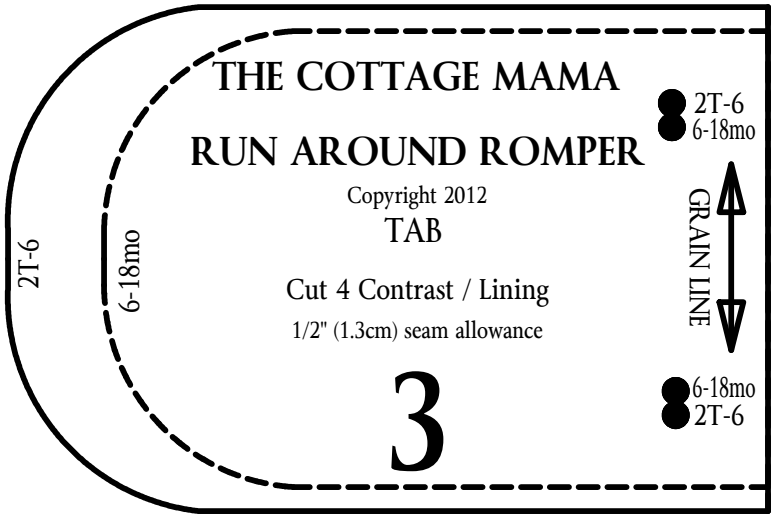
5

The Cottage Mama
Run Around Romper




6mo
BUTTON
POSITION
6
The Cottage Mama
Run Around Romper
6
5
4T
3T
2T
18mo
12mo
6mo

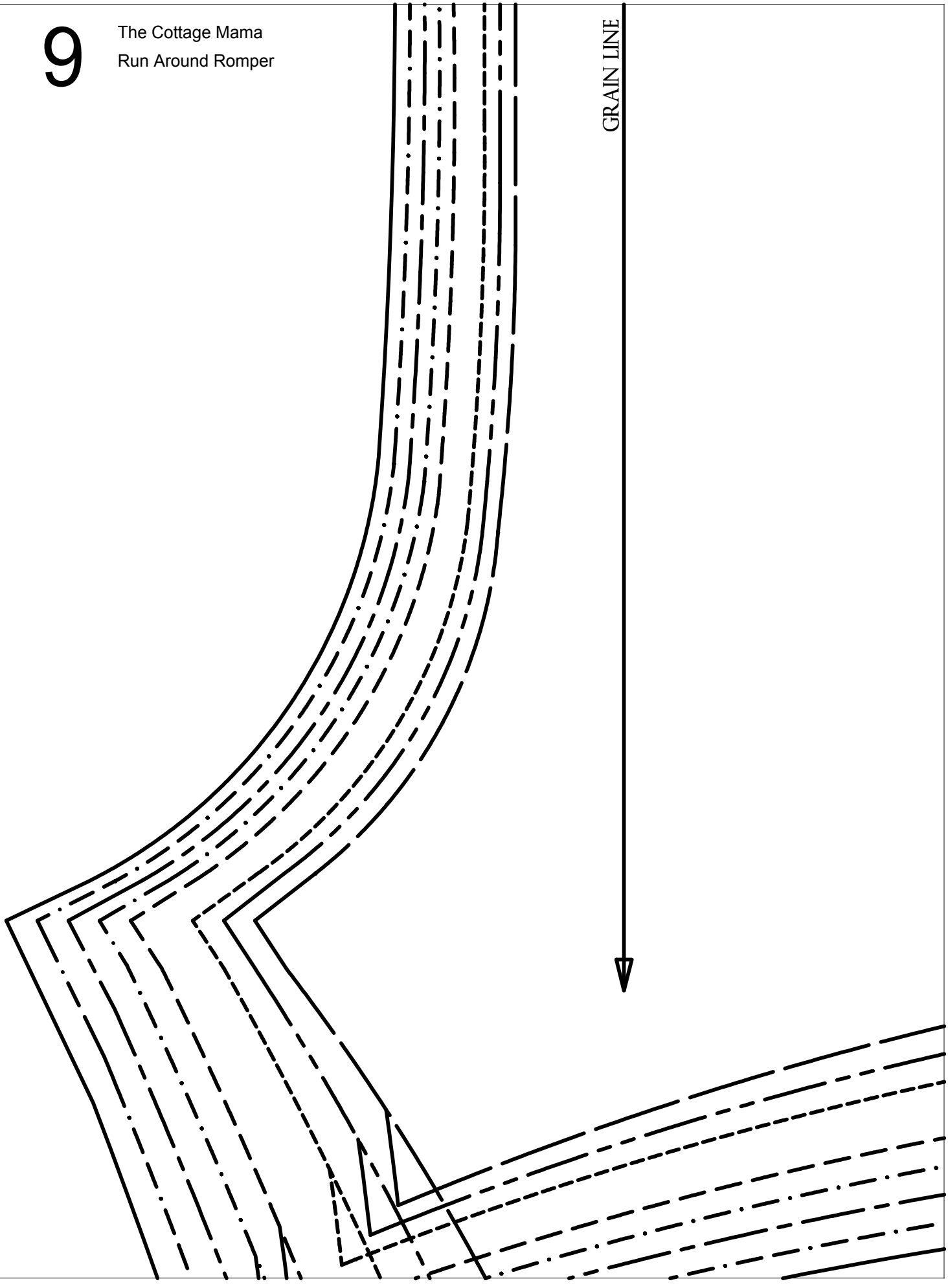

7
The Cottage Mama
Run Around Romper
18mo
12mo
BUTTONHOLE
POSITION
6mo
18mo
12mo
6mo


THE COTTAGE MAMA
RUN AROUND ROMPER
Copyright 2012
TAB
Cut 4 Contrast / Lining
1/2" (1.3cm) seam allowance
3
2T-6
6-18mo
2T-6
6-18mo
GRAIN LINE
6-18mo
2T-6

9

The Cottage Mama

Run Around Romper



RUN AROUND ROMPER

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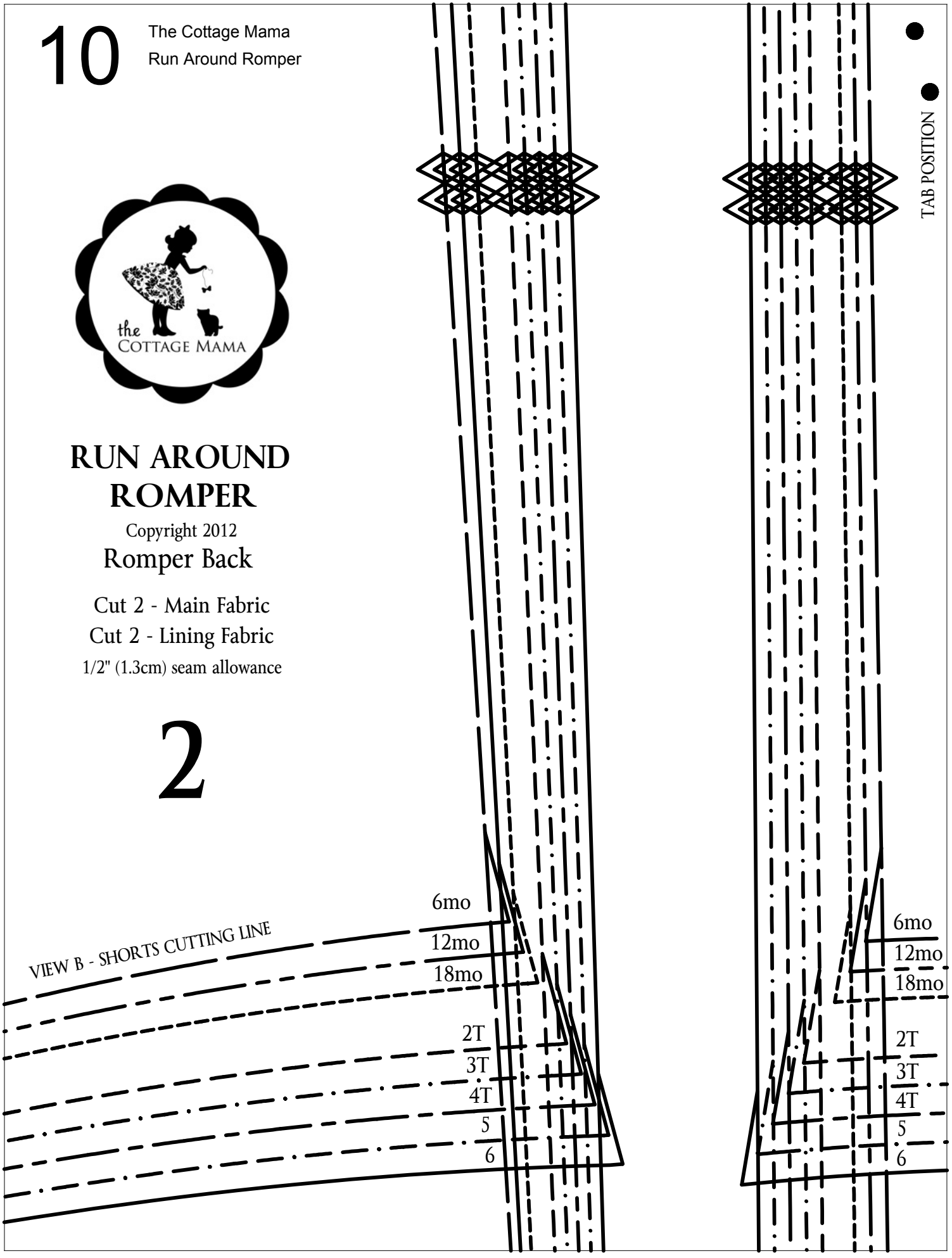
Romper Back

Cut 2 - Main Fabric

Cut 2 - Lining Fabric

1/2" (1.3cm) seam allowance

2



GRAIN LINE

RUN AROUND ROMPER

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Romper Front

Cut 2 - Main Fabric

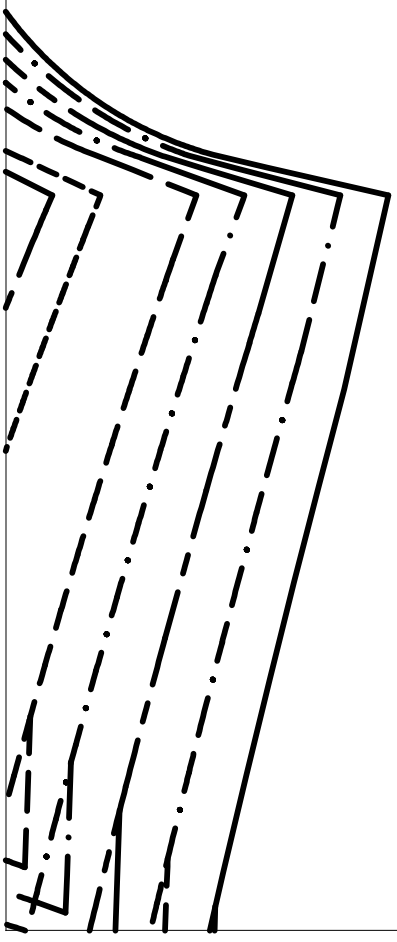
Cut 2 - Lining Fabric

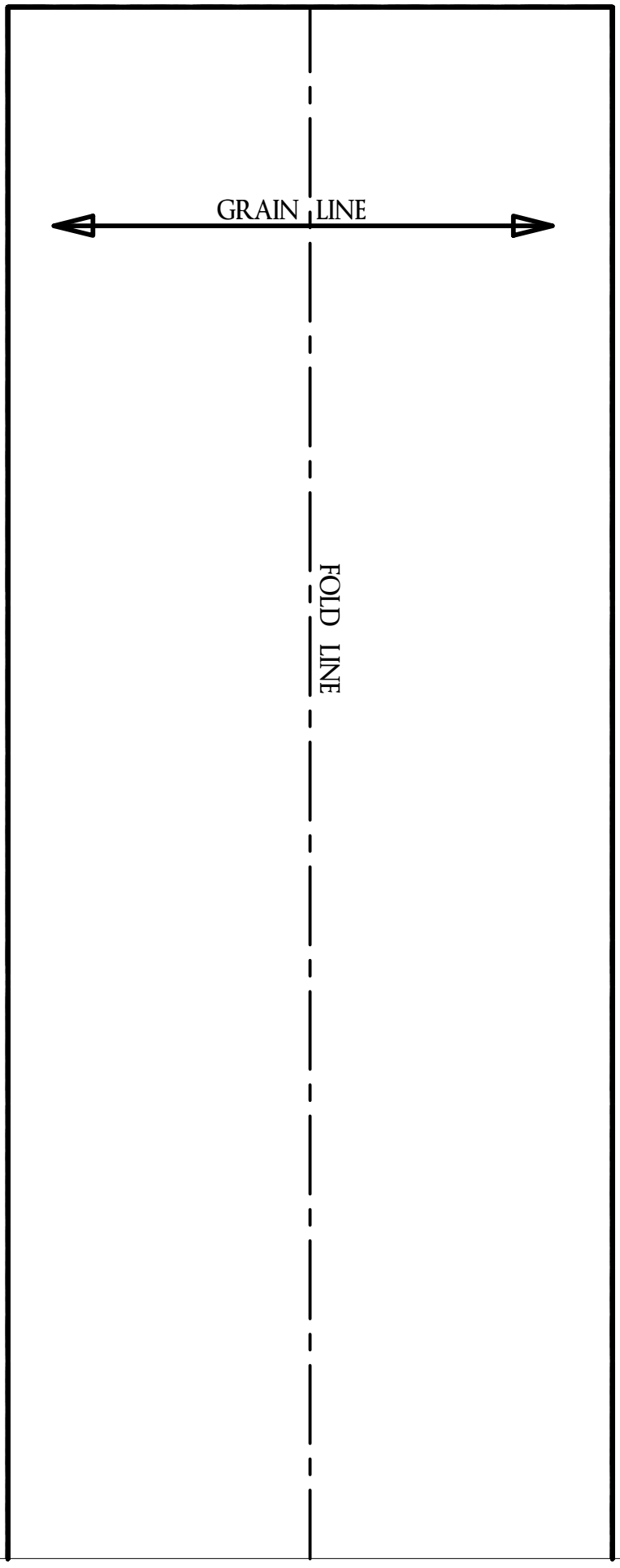
1/2" (1.3cm) seam allowance

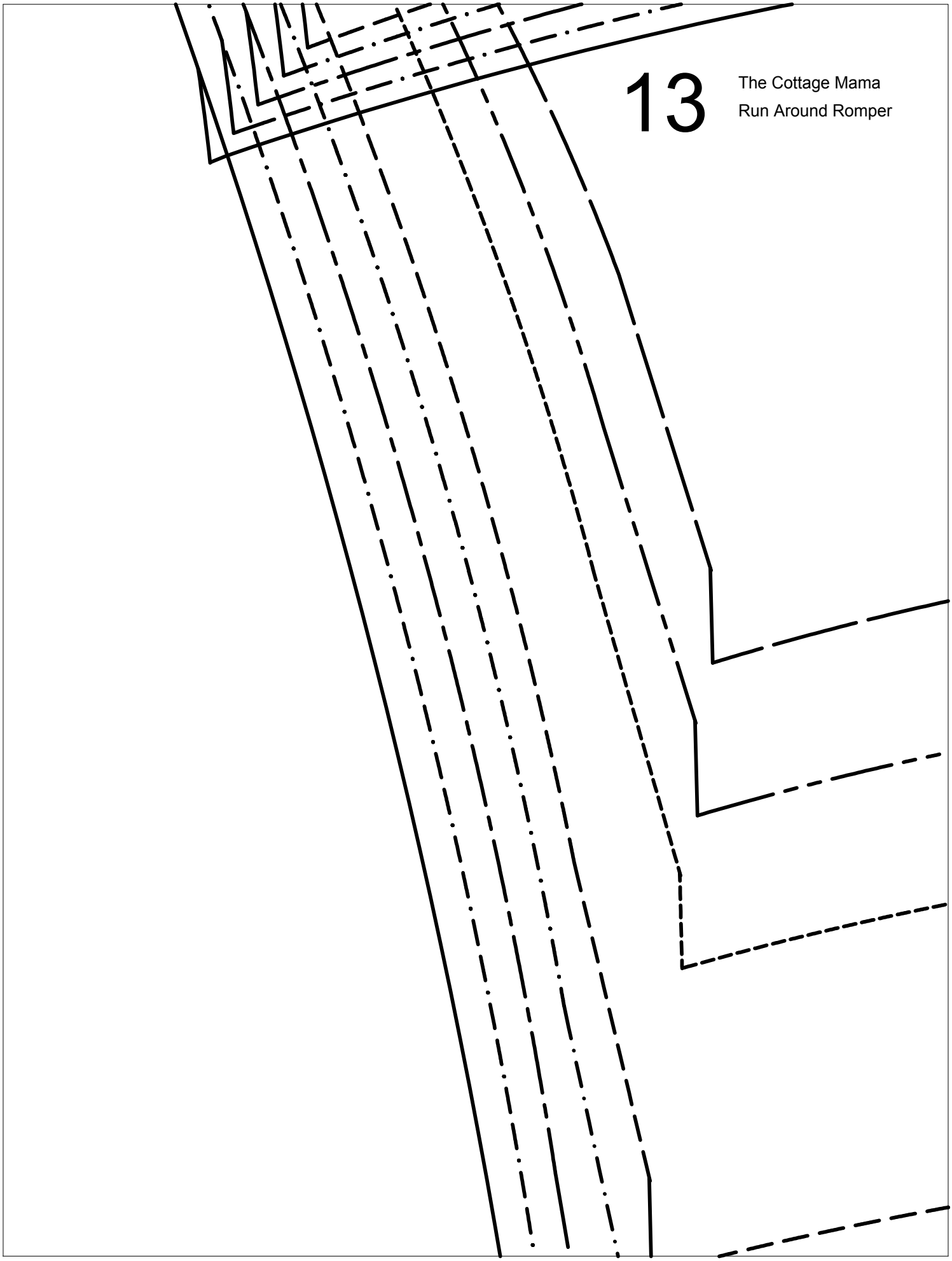
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VIEW B - SHORTS CUTTING LINE

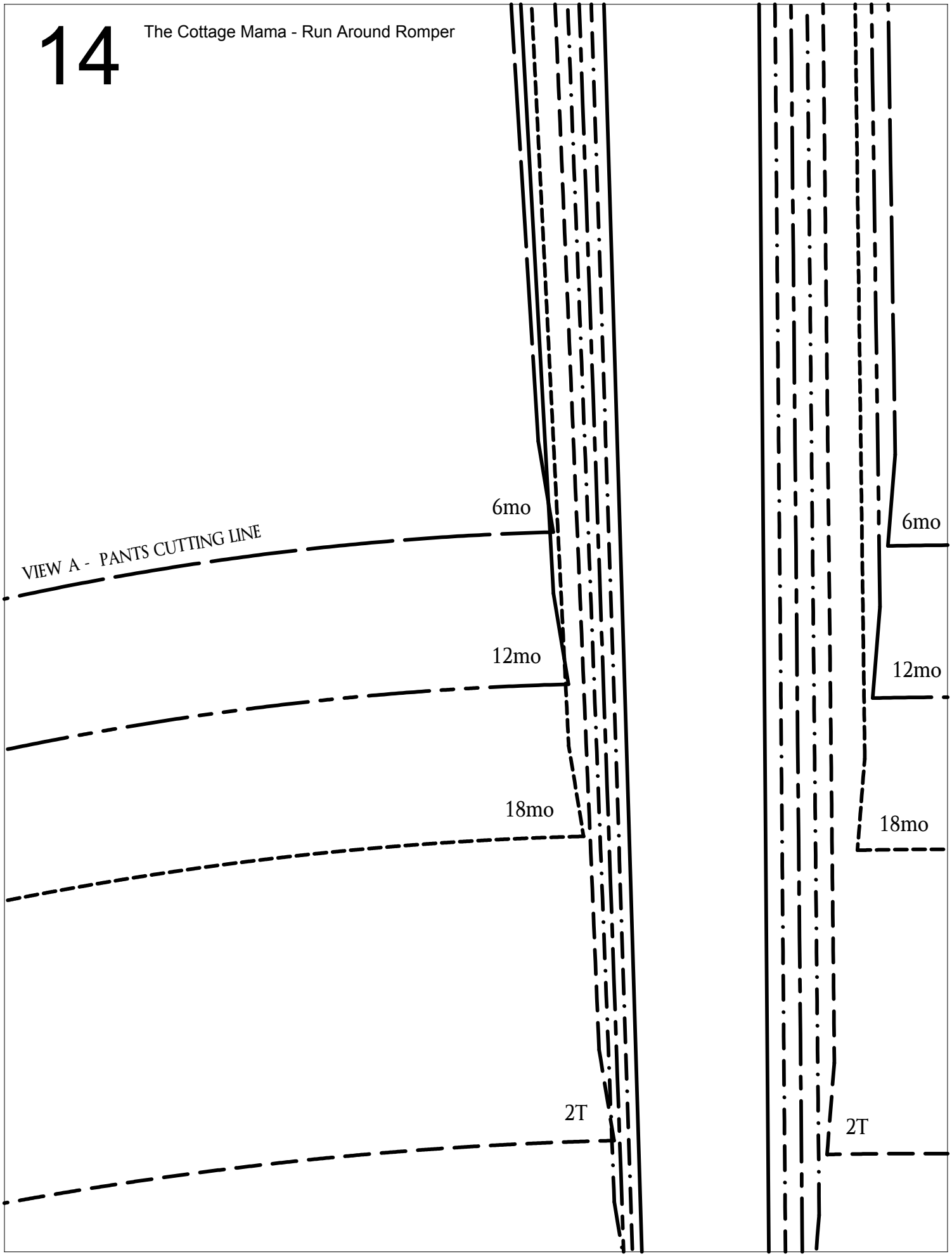
The Cottage Mama
Run Around Romper

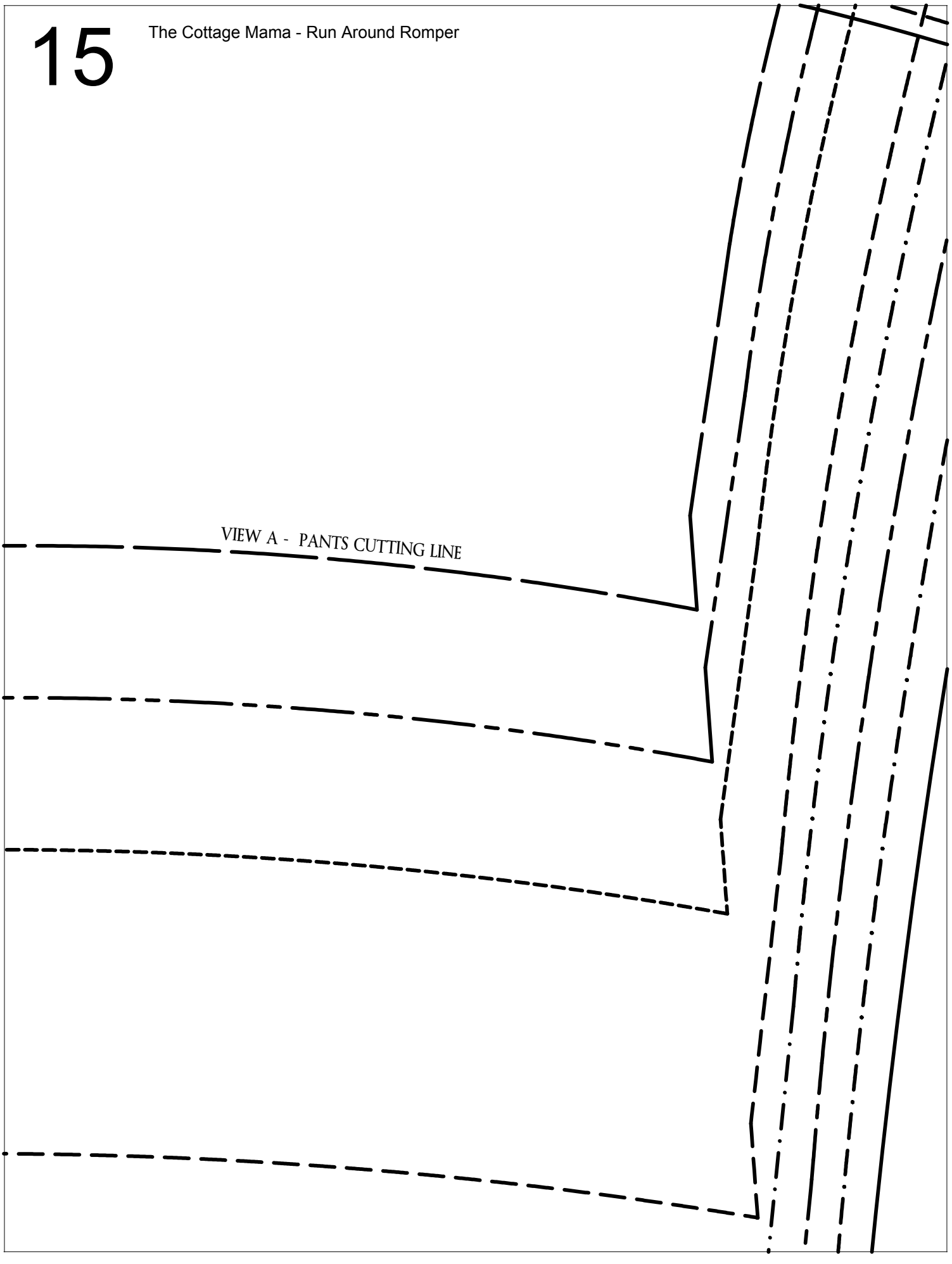





13
The Cottage Mama
Run Around Romper

The Cottage Mama - Run Around Romper




VIEW A - PANTS CUTTING LINE

16

The Cottage Mama
Run Around Romper

RUN AROUND ROMPER

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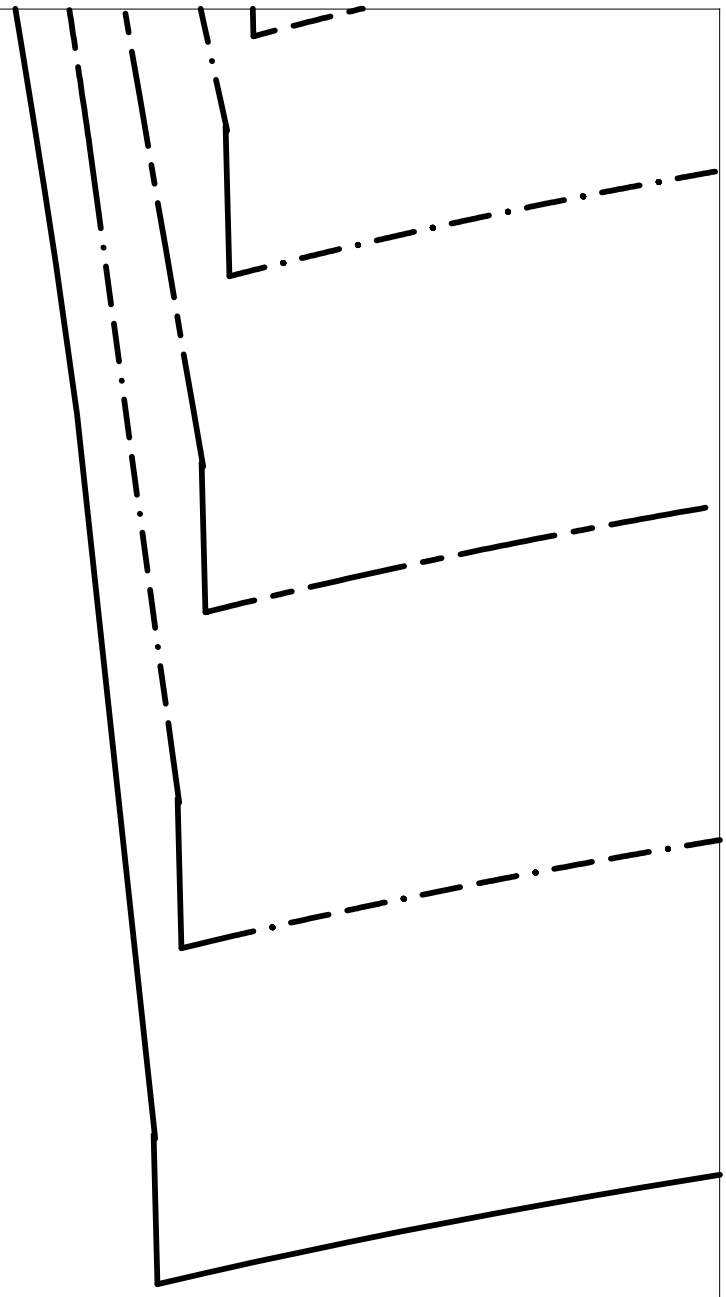
Ruffle

View C

Cut 2

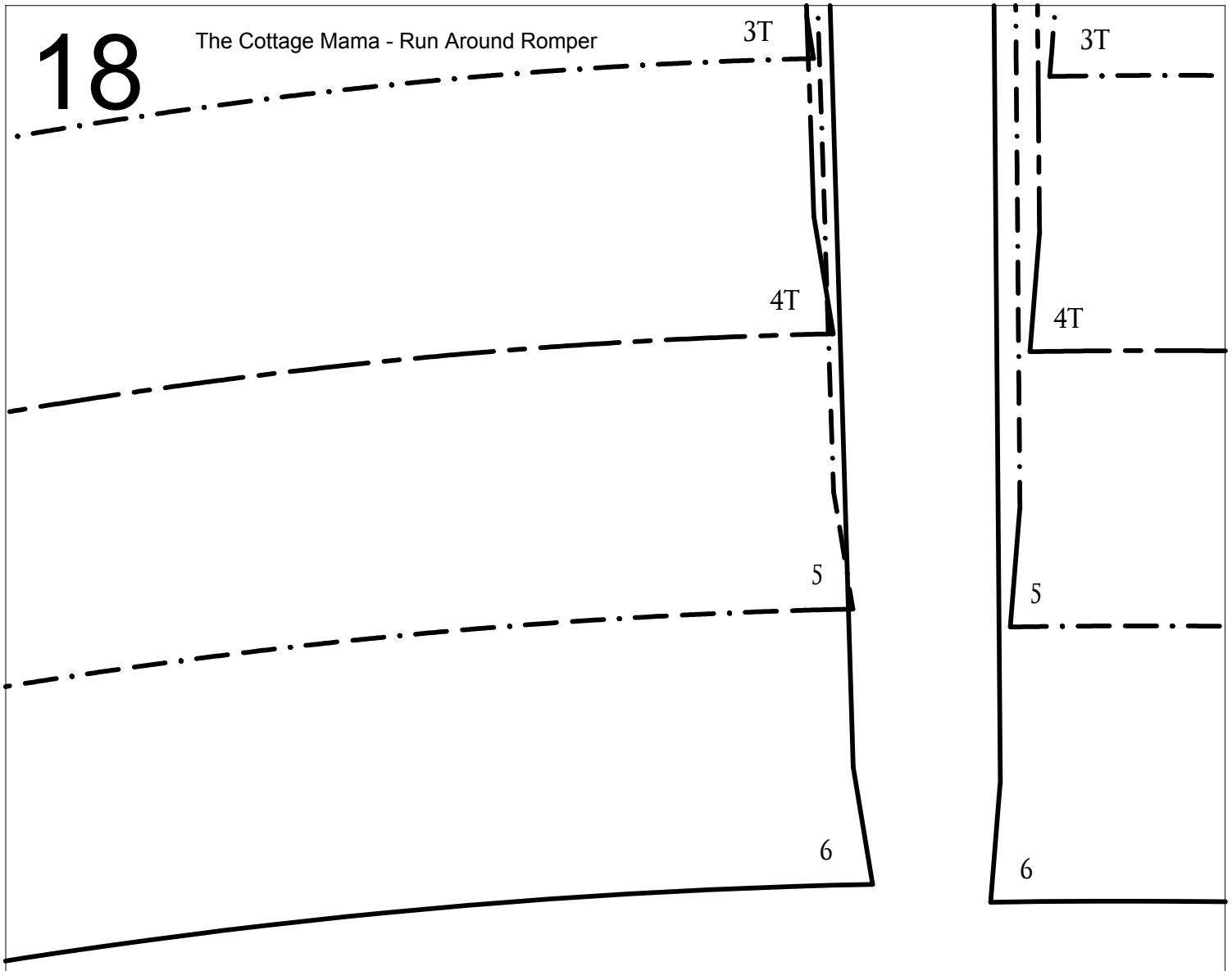
1/2" (1.3cm) seam allowance

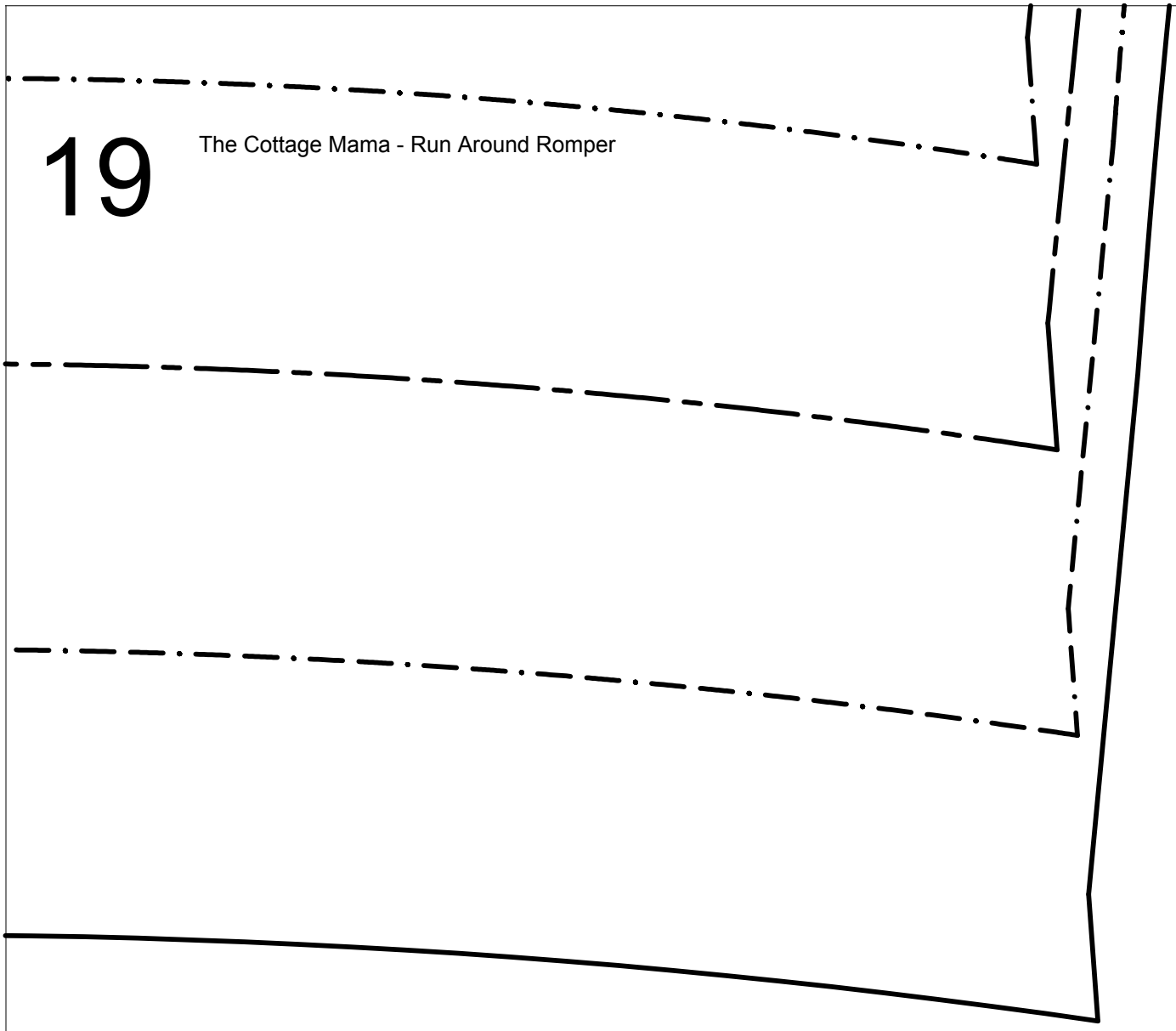
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The Cottage Mama - Run Around Romper





20

The Cottage Mama - Run Around Romper

