
the
COTTAGE MAMA
CHARLOTTE
APRON
DRESS

Charlotte Apron Dress

SIZE 6 MONTH TO SIZE 8 YEARS



The Charlotte Apron Dress is an adorable gathered skirt dress with a lined bodice that includes many different design variations. View A, the teapot variation, has a ruffle apron attached to the skirt with a hand-pieced teapot appliqué (appliqué pattern piece included). View B is a fabric yo-yo variation that has an apron embellished with vintage-inspired fabric yo-yos. And, View C, the embellished bodice variation, includes an embellished bodice and dress without the apron. Mix and match the different variations for even more unique looks. This is a great pattern for a confident beginner who is interested in trying their hand at buttonholes as well as appliqué.

Body Measurements:

SIZE	HEIGHT	WEIGHT (lbs.)	WAIST	CHEST	INSEAM
6 Month	25-29″	17-23	18.5″	18″	9.25″
12 Month	29-31″	22-27	19.25″	19″	10.5″
18 Month	31-33″	27-30	19.75″	20″	11.75″
2T	33-36″	30-32	20.25″	21″	13″
3T	36-39″	32-35	20.75″	22″	14.25″
4T	39-42″	35-41	21.25″	23″	16″
5	42-45″	41-46	22″	24″	17.75″
6	45-48″	46-51	22.5″	25″	19.5″
7	48-51″	51-57	23.25″	26″	21.25″
8	51-54″	57-66	23.75″	27″	23″

Fabric Requirements (45″ (115cm) Fabric W/WO Nap):

SIZE	Dress – View A, B, C	Main Apron – View A, B	Apron Contrast – View A, B
6 Month	1 yard	¼ yard	½ yard
12 Month	1 1/8 yards	¼ yard	½ yard
18 Month	1 1/8 yards	¼ yard	½ yard
2T	1 ½ yards	¼ yard	½ yard
3T	1 5/8 yards	3/8 yard	½ yard
4T	1 5/8 yards	3/8 yard	½ yard
5	1 ¾ yards	3/8 yard	½ yard
6	1 7/8 yards	3/8 yard	½ yard
7	2 yards	½ yard	½ yard
8	2 yards	½ yard	½ yard

Notions:

- All Views: 2 buttons
- View A: 1 package (2.5 yards) rickrack trim
  ½ yard double sided fusible interfacing

Suggested Fabrics:

100% cotton, seersucker, muslin, broadcloth, lined eyelet.

The Cottage Mama

Lindsay Wilkes Owner/Designer

www.thecottagemama.com

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Welcome to The Cottage Mama Sewing Patterns!

Home and family are central to my life and creating handmade items for my family is one of the ways I show them how much I truly love and care about them. I believe in the handmade lifestyle and I'm so happy you do, too!

I created ***The Cottage Mama*** sewing patterns to get you excited about taking the time to sew for your little ones. The goal of these sewing patterns is to make you feel confident in creating fun, timeless and classic looks for young children.

These patterns are simple in nature, but can easily be taken to a new level through the use of unique trims, different fabrics and buttons. Mix and match different patterns to create a truly unique look for your little one. I hope you find these patterns easy to understand and very user-friendly.

I feel living a handmade lifestyle extends beyond the sewing machine and craft room. So, I've included a delicious recipe in each of my sewing patterns for you to share with your family and friends. Not only do we want to show them our love through the material things we create, we want them to feel our love from the inside out.

Let's get sewing!

Lindsay Wilkes
The Cottage Mama

Visit my online shop, ***The Cottage Mama***, www.thecottagemama.com, to purchase additional sewing patterns.

Visit my blog, ***The Cottage Home***, www.thecottagehome.blogspot.com, for free patterns, tutorials and to learn more about my cottage lifestyle.

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Original pattern artwork designed by Natalie Michalski of Moon Cookie Gallery. All artwork is the property of The Cottage Mama, Inc. To view more of her original work, please visit her website, www.mooncookiegallery.com.

Photography by Amy Tripple Photography, www.amytripplephotography.com.

Charlotte Apron Dress

SIZE 6 MONTH TO SIZE 8 YEARS

Description:

The Charlotte Apron Dress is an adorable gathered skirt dress with many different design variations. View A, the teapot variation, has a ruffle apron attached to the skirt with a hand-pieced teapot appliqué (appliqué pattern piece included). View B is a fabric yo-yo variation that has an apron embellished with vintage-inspired fabric yo-yos. And, View C, the embellished bodice variation, includes an embellished bodice and dress without the apron. View A, B and C give you the opportunity to use beautiful, unique trims and express your design style. Consider combining the different variations to make a truly unique look of your very own. The options are endless!

Bodice is fully lined and each variation requires two buttonholes. This is a great pattern for confident beginner sewers who are interested in trying their hand at buttonholes as well as appliqué. It is also the perfect pattern for the more advanced seamstress to stretch their creativity.

ALL SEAM ALLOWANCES ARE ½″ UNLESS OTHERWISE NOTED.
(Seam allowances are included in the pattern pieces.)

Suggested Fabrics:

100% cotton, seersucker, muslin, broadcloth, lined eyelet.

Notions:

View A and B
1 package (2.5 yards) medium rickrack (*optional*)
Lightweight fusible interfacing (apron) (*optional*)

View A, B and C
2 buttons

View A (only)
Double sided fusible interfacing (for appliqué)
Additional trim for appliqué (*optional*)

View C (only)
Various trims for bodice embellishment

A Few Notes Before You Begin:

~ Please read all pattern instructions thoroughly before beginning.
~ Prewash and press all fabrics prior to garment construction. This will eliminate any shrinkage as well as dye bleeding.
~ Always press your seams as you go to ensure a professional-looking garment.
~ If possible, take child's measurements before selecting pattern sizing to guarantee a perfect fit.
~ Size Chart is available on the back of the pattern.
~Charlotte Apron Dress falls mid-calf, if you would prefer a shorter length on your little one, take the hem up an additional inch to have it hit right below the knee.

Sewing Instructions:

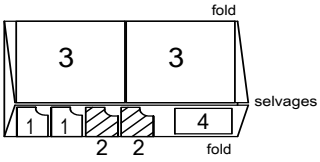
~Cut out desired size from paper pattern. To preserve the paper pattern, trace preferred pattern size using pattern tracing paper or white freezer paper.
~Again, all seam allowances are ½″, unless otherwise noted.
~*Asterisk denotes - see glossary for more information.



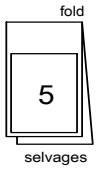
Cutting Layouts

the COTTAGE MAMA - Charlotte Apron Dress

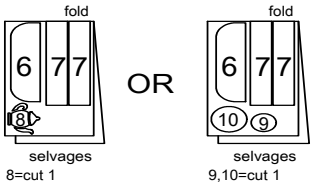
DRESS - VIEW A, B, C
45" (115cm) FABRIC W/WO NAP
6MO = 1 YD (0.9 M)
12-18MO = 1-1/8 YD (1 M)



APRON - VIEW A, B
45-60" (115-150cm) FABRIC W/WO NAP
6MO-2T = 1/4 YD (0.2 M)
3T-6 = 3/8 YD (0.3 M)
7-8 = 1/2 YD (0.5 M)

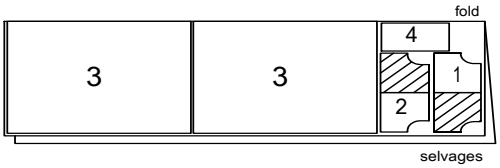


APRON CONTRAST - VIEW A, B
45" (115cm) CONTRAST FABRIC W/WO NAP
6mo-4T = 1/2 YD (0.5 M)

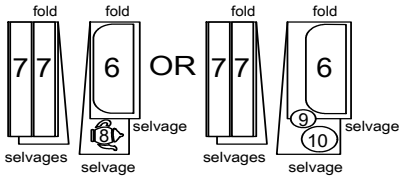


8=cut 1
9,10=cut 1

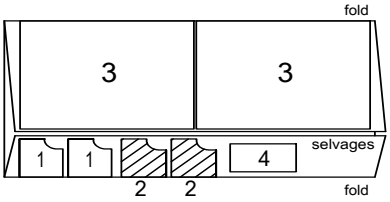
DRESS - VIEW A, B, C
45" (115cm) FABRIC W/WO NAP
2T = 1-1/2 YD (1.4 M)
3T-4T = 1-5/8 YD (1.5 M)
5 = 1-3/4 YD (1.7 M)
6 = 1-7/8 YD (1.8 M)
7-8 = 2 YD (1.9 M)



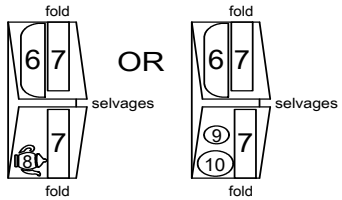
APRON CONTRAST - VIEW A, B
45" (115cm) CONTRAST FABRIC W/WO NAP
5-8 = 1/2 YD (0.5 M)



DRESS - VIEW A, B, C
60" (150cm) FABRIC W/WO NAP
6MO = 1 YD (0.9)
12-18MO = 1-1/8 YD (1 M)
2T = 1-1/4 YD (1.2 M)
3T-4T = 1-3/8 YD (1.3 M)
5-6 = 1-1/2 YD (1.4 M)
7 = 1-5/8 YD (1.5 M)

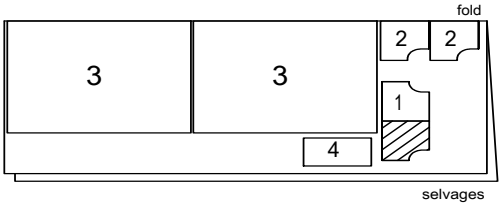


APRON CONTRAST - VIEW A, B
60" (150cm) CONTRAST FABRIC W/WO NAP
6-2T = 3/8 YD (0.3 M)

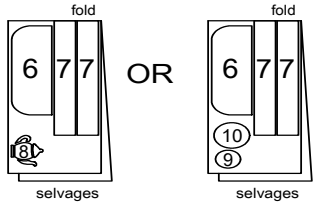


8=cut 1
9,10=cut 1

DRESS - VIEW A, B, C
60" (150cm) FABRIC W/WO NAP
8 = 2 YD (1.9 M)



APRON CONTRAST - VIEW A, B
60" (150cm) CONTRAST FABRIC W/WO NAP
3T-8 = 1/2 YD (0.5 M)



8=cut 1
9,10=cut 1

Pattern Pieces:

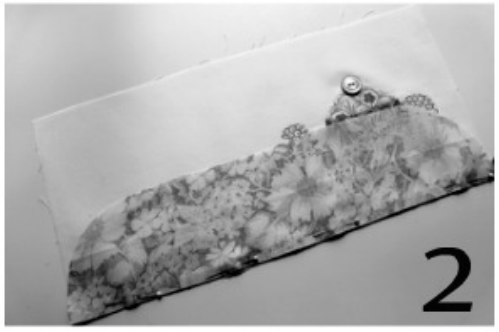
1. Bodice Front
2. Bodice Back
3. Skirt
4. Strap
5. Round Apron Top (View A and B)
6. Round Apron Bottom (View A and B)
7. Apron Ruffle (View A and B)
8. Teapot Appliqué (View A)
9. Small Yo-Yo (View B)
10. Large Yo-Yo (View B)

View A: Teapot Apron Dress

Step 1: Apply appliqué. Apply double sided fusible interfacing according to package directions to the back of each teapot piece. Overlap pieces and press to apron top. Stitch as close to the edge as possible around all teapot pieces. Add a button to the top of the teapot and add your favorite trim such as rickrack. Get creative!



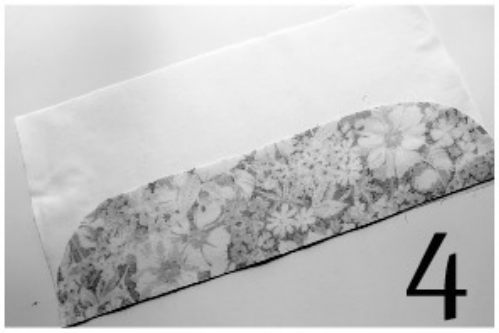
If using white fabric for main apron, apply fusible interfacing according to package directions to the backside to thicken fabric (*optional*). Line rickrack trim up with the bottom edge of the main apron piece (see picture 1).



Step 2: Place the contrasting apron piece on top of the main apron piece with the right sides together, lining up the raw edge. Place on top of the rickrack. Pin in place.



Step 3: Using a ¼″ seam allowance sew the main apron piece and the contrasting piece together. Press seams open. If using a larger or smaller piece of rickrack trim, adjust your seam allowance accordingly. Instructions are for medium sized rickrack. Edge stitch* on the contrasting piece next to the rickrack.

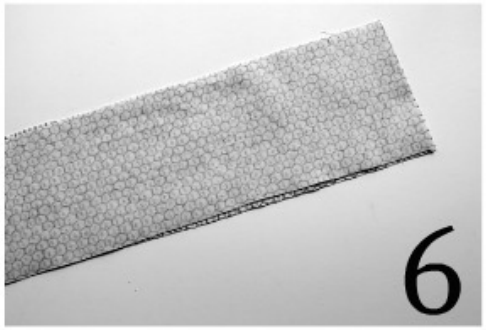


Step 4: Do the same thing with the back of the apron, except do not use rickrack in the seam. Again, if you used a jumbo or small sized rick rack on the front apron piece, you will need to adjust this seam allowance for the back as well to make sure the front and back of the apron line up properly.

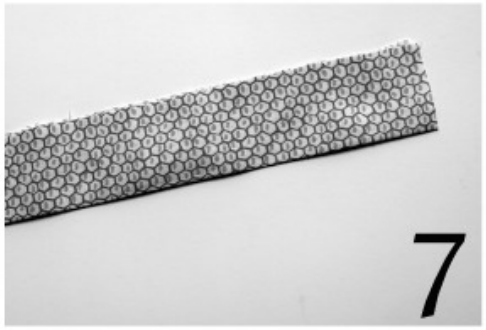


Step 5: Press back seams of apron open.

Step 6: For the ruffle around the apron, place the two pieces with the right sides together and sew together at one of the short edges. This will make one long strip of fabric.



Step 7: Fold the long strip of fabric in half, lengthwise, so the right side of the fabric is facing outward. Line up the long, raw edge.



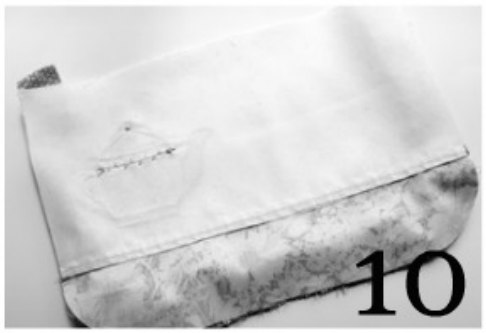
Step 8: Gather the folded ruffle strip of fabric using a gathering stitch* until the ruffle fits all the way around the apron.



Step 9: Pin the ruffle around the back apron piece and line up the raw edges. The finished edge of the ruffle should be pointing inward. Run a basting stitch* with a ¼″ seam allowance all the way around the edge to hold ruffle in place.



Step 10: Lay the front apron piece on top of the back apron piece with the right sides together, lining up the raw edges. The ruffle will be in between both pieces. Stitch around the sides with the ruffle, but leave the top open for turning right side out.



Step 11: Notch out the rounded edges to remove bulk so that the apron will lay flat. Or use pinking shears to cut around the curves.

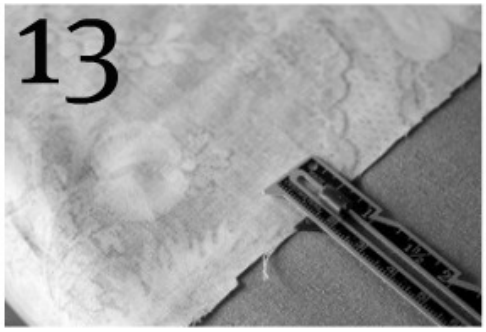


Step 12: Turn apron right side out and press. Edge stitch* around the apron next to the ruffle.



Step 13: Place the two skirt pieces, with right sides together, and stitch both short sides to make the skirt.

Hem the bottom edge of the skirt. Do this by turning up the bottom raw edge ½″ and pressing.



Step 14: Then turn up the bottom edge another ½″, press and stitch using a ½″ seam allowance. Total hem will be 1″.



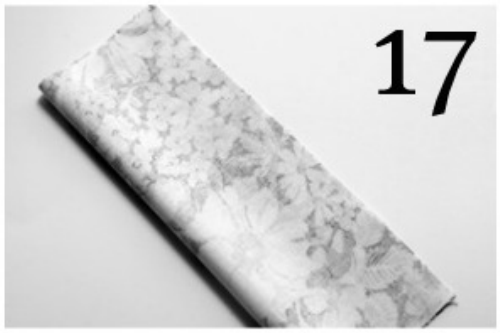
Step 15: Press hem-stitch to set.



Step 16: Place the apron piece on the center front of the skirt piece. Baste stitch* in place across the top of the apron using a ¼" seam allowance. This will hold the apron in place.



Step 17: To construct the straps, fold the strap piece in half with the right sides facing each other and stitch down the long side to make a tube.



Step 18: Press the seam open and press it down the center back of the strap.



Step 19: Stitch across one short edge of the strap.



Step 20: Clip the corners, turn right side out and press. Make sure to work the corners out nicely.



Step 21: Edge stitch* around the strap, except for on the raw edge. You can choose to skip this step, if you so choose.

Do steps 17-21 for other strap as well.



Step 22: To construct the bodice, place the bodice front to the bodice back with right sides together. Sew each side seam. Do this for the exterior bodice pieces and the lining bodice pieces. You will now have two separate bodices.



Step 23: Place the two bodice pieces together with the right sides facing each other. Do this by placing one bodice piece inside the other.



Step 24: Place the straps 5/8″ in from each side in between the exterior bodice back and the lining bodice back. Match the raw edge of the straps with the raw edge of the bodice. The seams of the straps will be face down against the bodice lining.



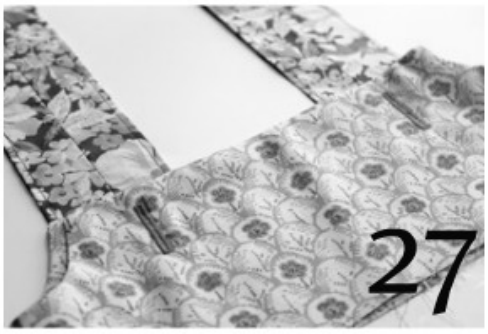
Step 25: Pin around the top of the bodice and stitch all the way around the top, including the armholes. Clip the corners and curves. Turn right side out and press.



Step 26: Mark button placement according to pattern for 1″ buttons. Adjust accordingly if using larger or smaller buttons.



Step 27: Sew buttonholes according to your machines buttonhole guidelines. A buttonhole foot is the easiest way to go, but may not be an option for an older machine. Open your buttonholes with a seam ripper and finish with a sealer such as Fray Check.



Step 28: Gather the raw edge/top of the skirt by using a gathering stitch*. Gather the skirt until it lines up with the bodice. Turn the skirt wrong side out and place the bodice down in the skirt so that the right side of the bodice is facing the right side of the skirt. Line up the raw edge of the bodice and the raw edge of the skirt. Make sure the apron is lined up with the front center of the bodice. Stitch in place. Finish the raw edge with pinking shears, zig-zag stitch or serger.



Step 29: Press the seam open between the skirt and the bodice. Press the raw edge up towards the bodice.



Step 30: Turn dress right side out and press. Stitch buttons to straps.

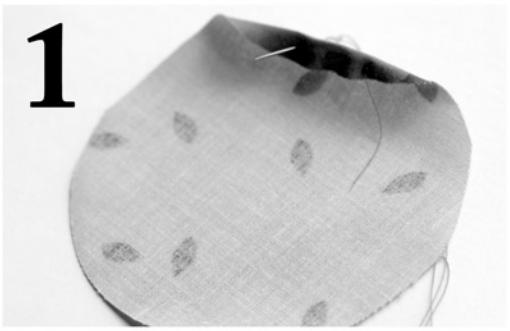
And now your Charlotte Apron Dress is complete!



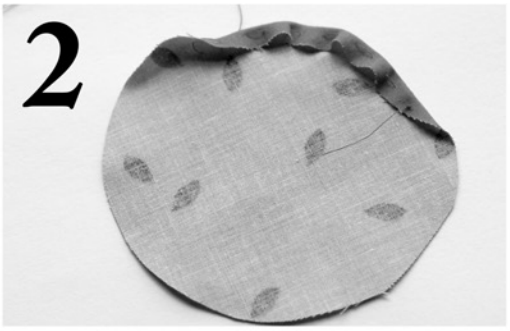
View B: Yo-Yo Embellishment

Pattern includes 3″ and 5″ yo-yo circle pattern pieces. The fabric yo-yo's can be used to embellish the bodice or be used in place of the teapot appliqué on the apron. Yo-Yo's should be added before you start sewing the Charlotte Apron Dress.

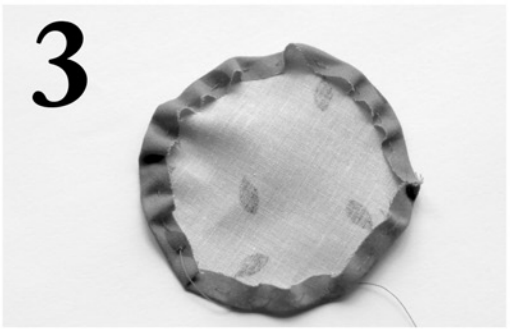
Step 1: Cut out your circle from the pattern. Use the small or the large or both.



Step 2: Place the circle with the wrong side up. Knot your thread. Fold over ¼″ of the circle inward as you sew close to the edge of the circle. Stitch up and down evenly all the way around the circle.



Step 3: Once you have sewn all the way around the circle, pull the thread lightly to gather into the yo-yo shape. Make sure you use a polyester thread, as cotton thread will tend to break during this step.



Step 4: Continue to pull the thread and turning under the inside edges. You might need to work this part a little bit with your hands as you gather.



Step 5: Make several stitches down toward the center of the yo-yo to secure the gathers. Press your fabric yo-yo. Hand stitch yo-yo's to dress.

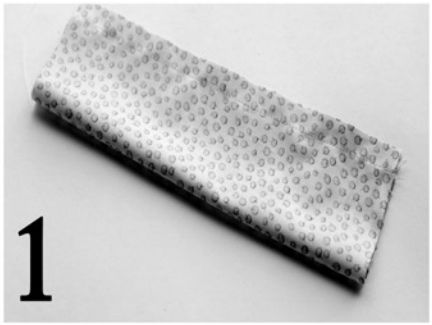
Consider layering the 3″ yo-yo on top of the 5″ yo-yo and stitching to the front of the bodice of the dress. Or add a button to the center of one yo-yo for something that looks similar to a little flower (see pictures on last page of pattern). Or even add a series of yo-yo's in different sizes to the apron for a vintage-inspired look.



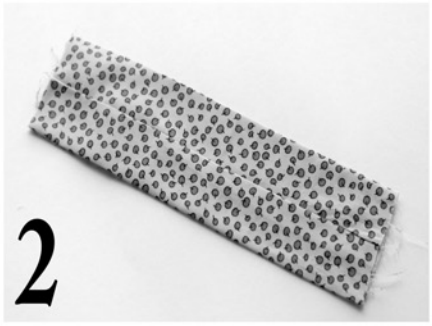
View C: Embellished Bodice Without Apron

The embellished bodice should be completed before you begin to construct the Charlotte Apron Dress. Use this as your chance to get creative with your dress.

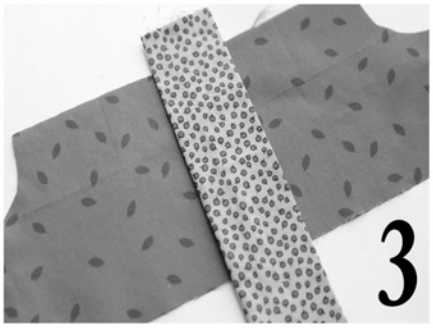
Step 1: Cut 1 piece of coordinating fabric using the strap pattern piece. Fold it with the right sides together to make a tube and stitch down the long, raw edge.



Step 2: Turn the tube right side out and press the seam down the center back.



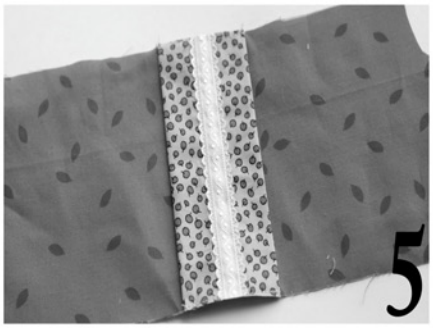
Step 3: Place the strip of fabric in the center of the bodice. Make sure the seam is running down the back (it should not be showing).



Step 4: Cut the fabric strip so that it lines up with the top and the bottom of the bodice. Pin and baste stitch* across the top and the bottom of the raw edge of the strip to hold in place.



Step 5: Sew trim of your choice down the center of the fabric strip. Consider using rickrack, buttons or an additional strip of fabric to further embellish the bodice. The options are endless!



Now start constructing the Charlotte Apron Dress starting with Step 13 omitting any steps involving the apron. Feel free to add the apron to this variation, if you so choose.

Additional Design Variation Ideas:

~ Combine View A and C with embellished bodice *and* ruffle apron.
~ Construct the dress with the apron, but omit the ruffle around the edge of the apron.
~ Consider finishing the edge of the apron with coordinating bias tape.
~ Construct the apron with patterned fabrics instead of using white.
~ For a simple variation, construct the dress with a plain bodice and no apron.
~ Use a decorative stitch around the hem of the skirt.
~ Add piping into the seam between the bodice and the skirt.
~ Cut the skirt several inches shorter and add a contrasting band of fabric at the bottom.



Glossary:

Baste: Stitch with a slightly longer stitch length to hold pattern pieces or trim in place.

Backstitch: To anchor your stitches, sew several stitches in reverse at the beginning and the end of your seam.

Gathering Stitch: To run a gathering stitch, set your machine on the longest stitch length possible. Sew a straight line along the edge you want to gather. I tend to gather between ¼″ to ½″ from the edge. For a straight piece, do NOT backstitch at the beginning or ending of your straight line or your gathering will not work. Pull the bobbin thread to begin gathering. Adjust your gathers so they are evenly spaced, then continue sewing according to your pattern directions.

Topstitching: Topstitching is sewing a straight line of stitches 1/4″ from the edge of the seam. It is often used as a decorative element and helps the edges to lay flat, which adds a more finished look to a garment.

Edge Stitching: Edge stitching is very similar to topstitching; however, edge stitching occurs 1/8″ from the edge of the seam.



Charlotte's Gingersnap Sugar Crinkles

MAKES 4 DOZEN

Ingredients:

3/4 cup soft vegetable shortening
1 cup sugar
¼ cup light molasses
1 beaten egg
2 cups flour
2 tsp baking soda
¼ tsp salt
1 tsp cinnamon
1 tsp ground cloves
1 tsp ground ginger

Directions:

Preheat oven to 375°F.

Cream shortening and sugar together; add molasses and egg. Beat well. Sift dry ingredients together and add to creamed mixture. Mix well.

Roll cookie dough into small 1″ balls and toss/roll in additional granulated sugar. (Chill dough if desired for one hour to make it easier to work with).

Place balls 2″ apart on lightly greased cookie sheet.

Bake at 375 degrees for 15 minutes.

Makes 4 dozen cookies. Cookies freeze well.



















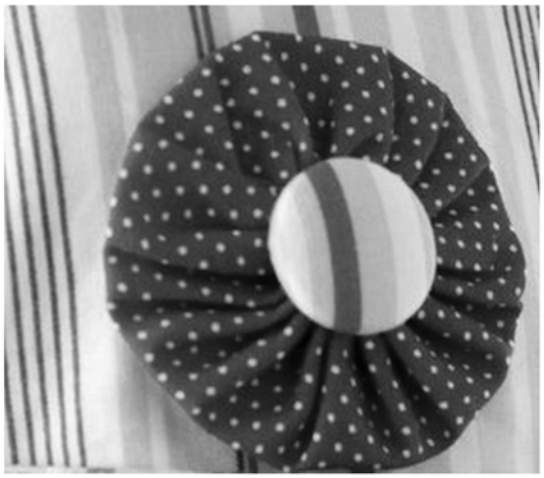
















PDF Printing Instructions

There are a few things to note when printing PDF sewing patterns. It is very important to make sure they are printed and assembled correctly to ensure a properly fitted garment. The Cottage Mama Sewing Patterns are originally full-size, printed sewing patterns and the PDF's have been adapted from these full sized pattern sheets.

1. Pattern pieces are intended to be printed from your home computer on 8.5" x 11" paper.

2. Make sure your printer scaling is set to 'None' when you go to print. If your pattern sheets are not printing out correctly, then please check the scaling in the print dialogue box.

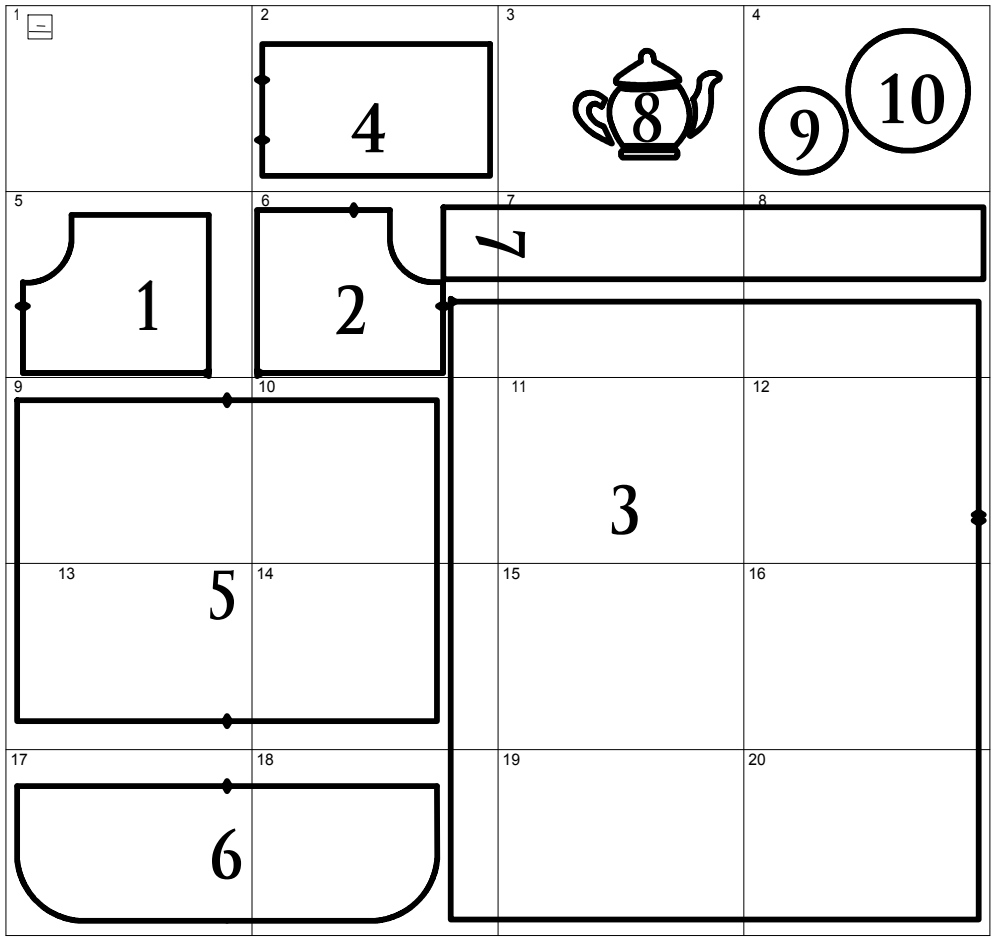
3. To make sure your pattern sheets have printed correctly, measure the 1" scaling box on the first pattern sheet. If this is correct, then your pages are printing correctly.

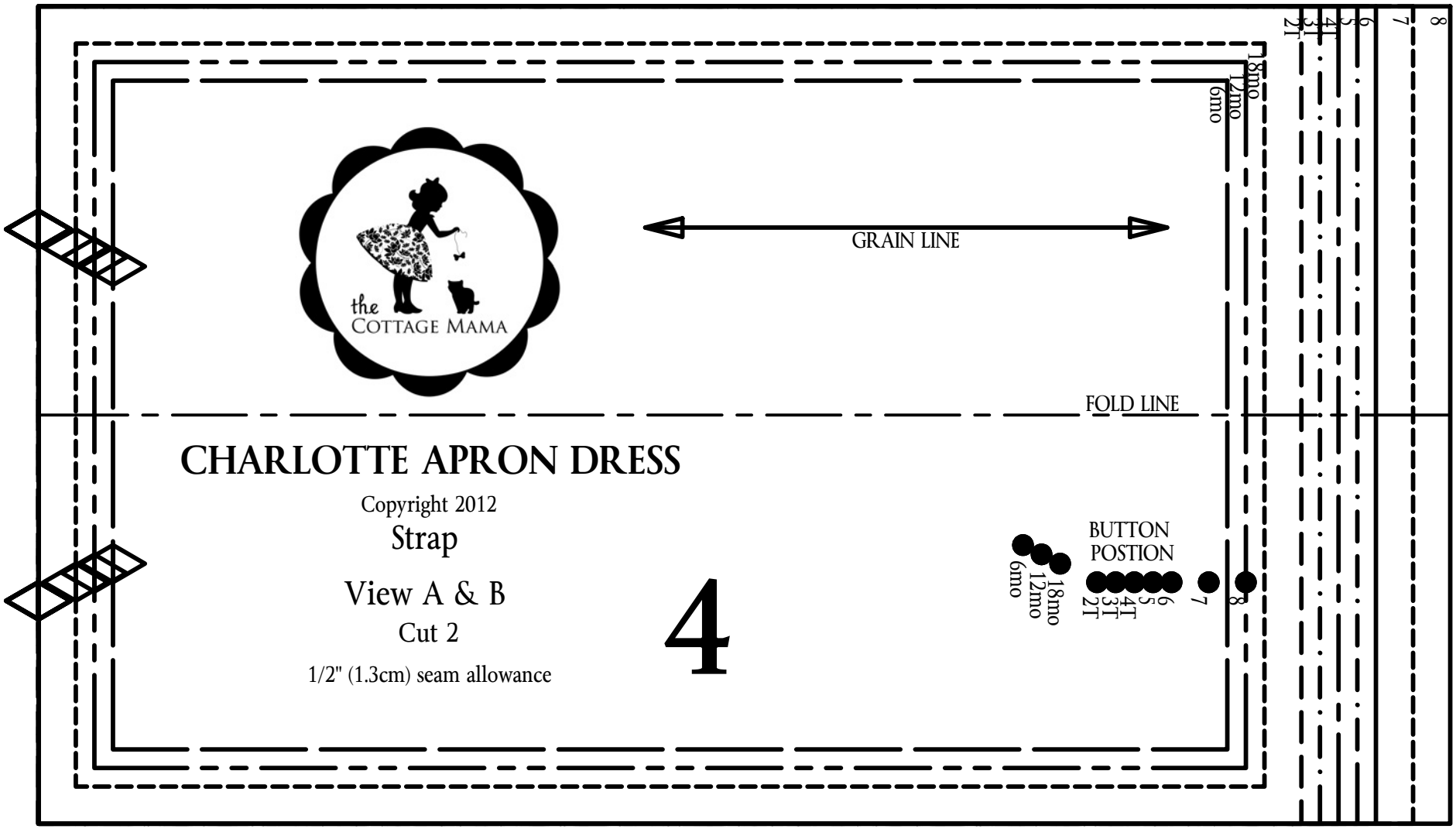
4. The pattern sheets can be assembled easily by cutting around the rectangular border found on each page and then following the piecing diagram. Tape the sheets together and cut out your desired pattern size.

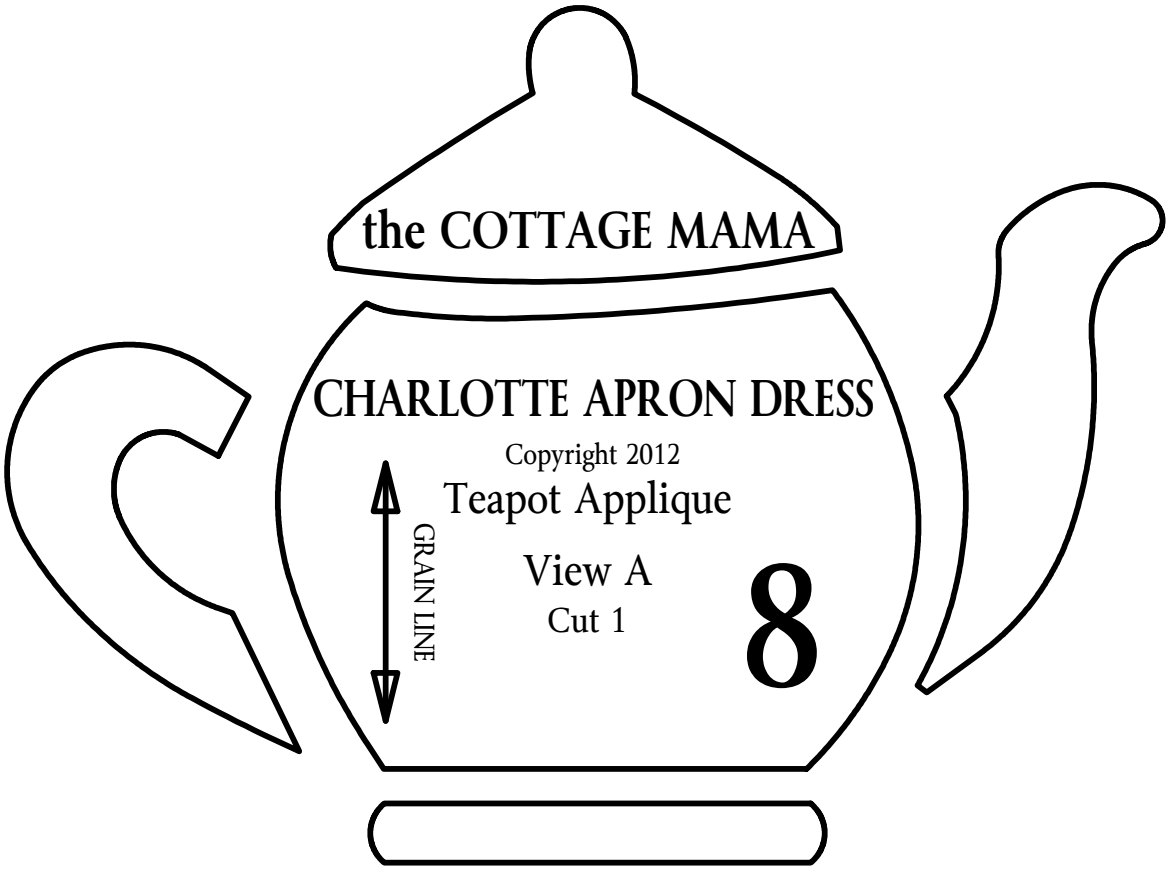
The Cottage Mama - Charlotte Apron Dress

1x1"
2.5 x 2.5 cm

THE COTTAGE MAMA 'Charlotte Apron Dress' Assembly Guide
pattern with pdf pages mapped. Finished box = 41x38.75" (104.14x98.43cm)

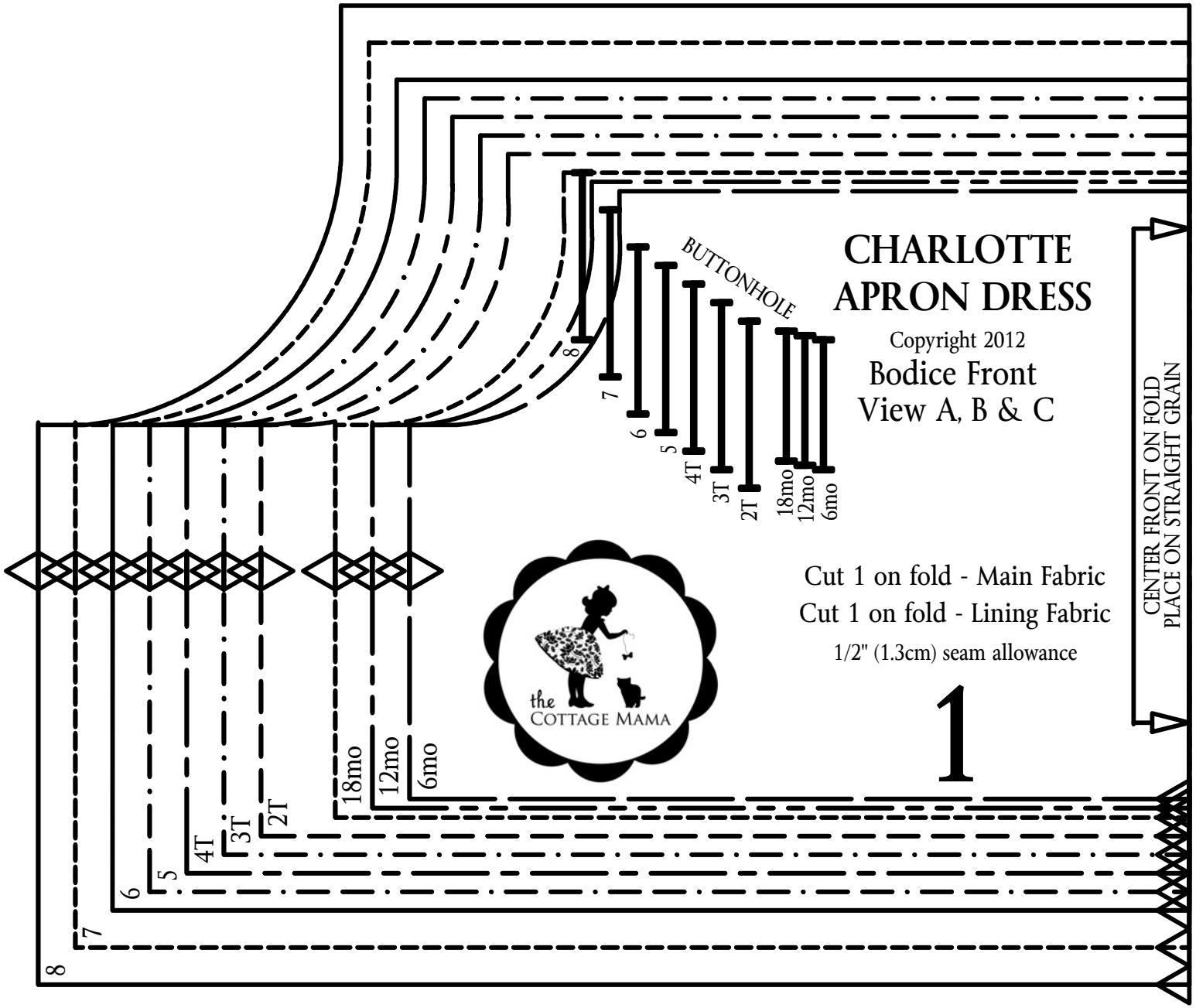


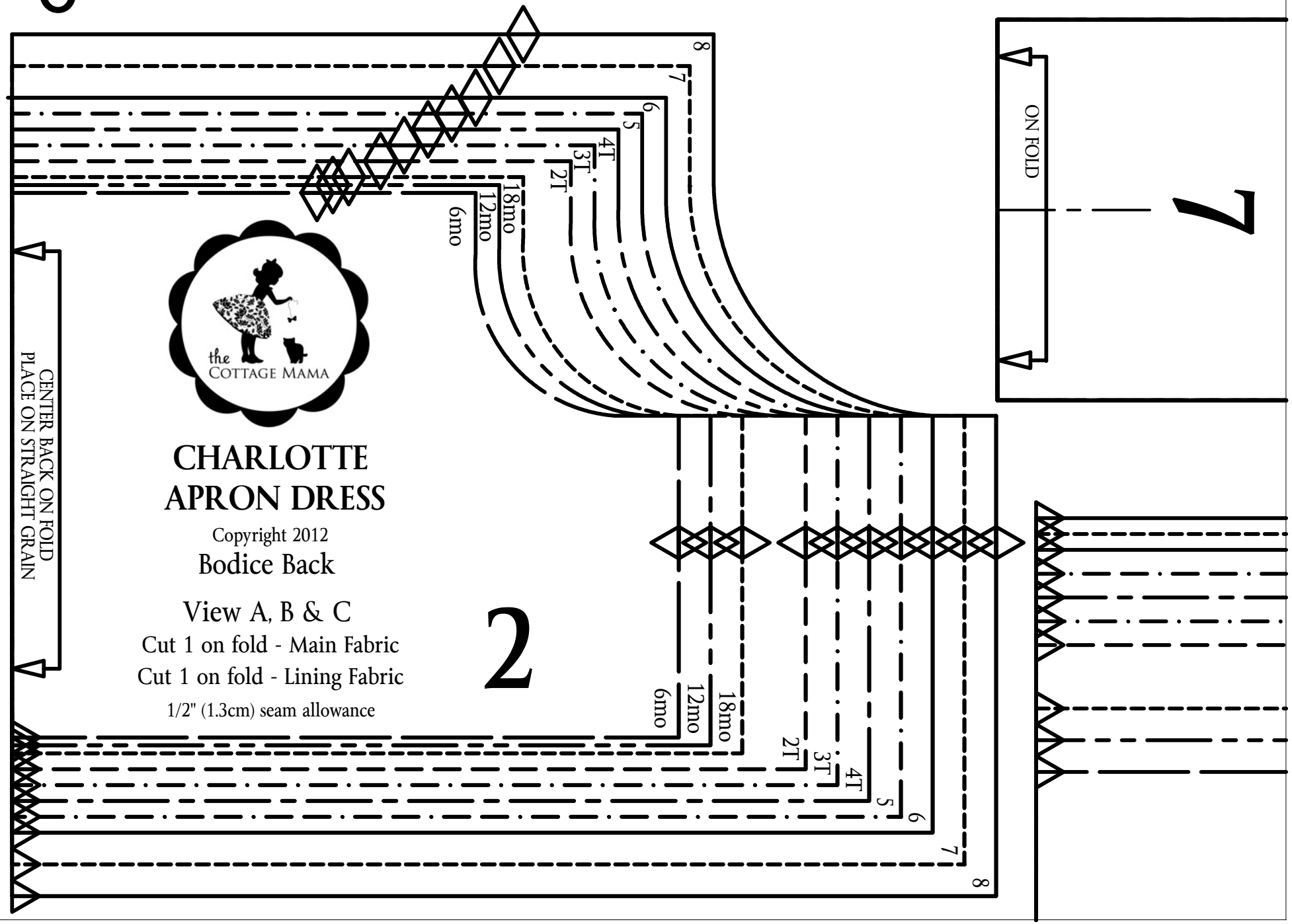

18mo
12mo
6mo
2T
3T
4T
5
6
7
8
GRAIN LINE
the COTTAGE MAMA
FOLD LINE
CHARLOTTE APRON DRESS
Copyright 2012
Strap
View A & B
Cut 2
1/2" (1.3cm) seam allowance
4
BUTTON POSTION
6mo
12mo
18mo
2T
3T
4T
5
6
7
8


the COTTAGE MAMA
CHARLOTTE APRON DRESS
Copyright 2012
Teapot Applique
GRAIN LINE
View A
Cut 1
8


the COTTAGE MAMA
CHARLOTTE APRON DRESS
Copyright 2012
Small (3-1/2") Yo-Yo Applique
View B
Cut 1
GRAIN LINE
9


the COTTAGE MAMA
CHARLOTTE APRON DRESS
Copyright 2012
Large (5") Yo-Yo Applique
View B
Cut 1
GRAIN LINE
10


CHARLOTTE
APRON DRESS
Copyright 2012
Bodice Front
View A, B & C
BUTTONHOLE
8
7
6
5
4T
3T
2T
18mo
12mo
6mo
CENTER FRONT ON FOLD
PLACE ON STRAIGHT GRAIN
Cut 1 on fold - Main Fabric
Cut 1 on fold - Lining Fabric
1/2" (1.3cm) seam allowance
1
the
COTTAGE MAMA


8
7
6
5
4T
3T
2T
18mo
12mo
6mo
ON FOLD
7
CENTER BACK ON FOLD
PLACE ON STRAIGHT GRAIN
the
COTTAGE MAMA
CHARLOTTE
APRON DRESS
Copyright 2012
Bodice Back
View A, B & C
Cut 1 on fold - Main Fabric
Cut 1 on fold - Lining Fabric
1/2" (1.3cm) seam allowance
2
6mo
12mo
18mo
2T
3T
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7
8

18mo

12mo

6mo

FOLD LINE



CHARLOTTE APRON DRESS

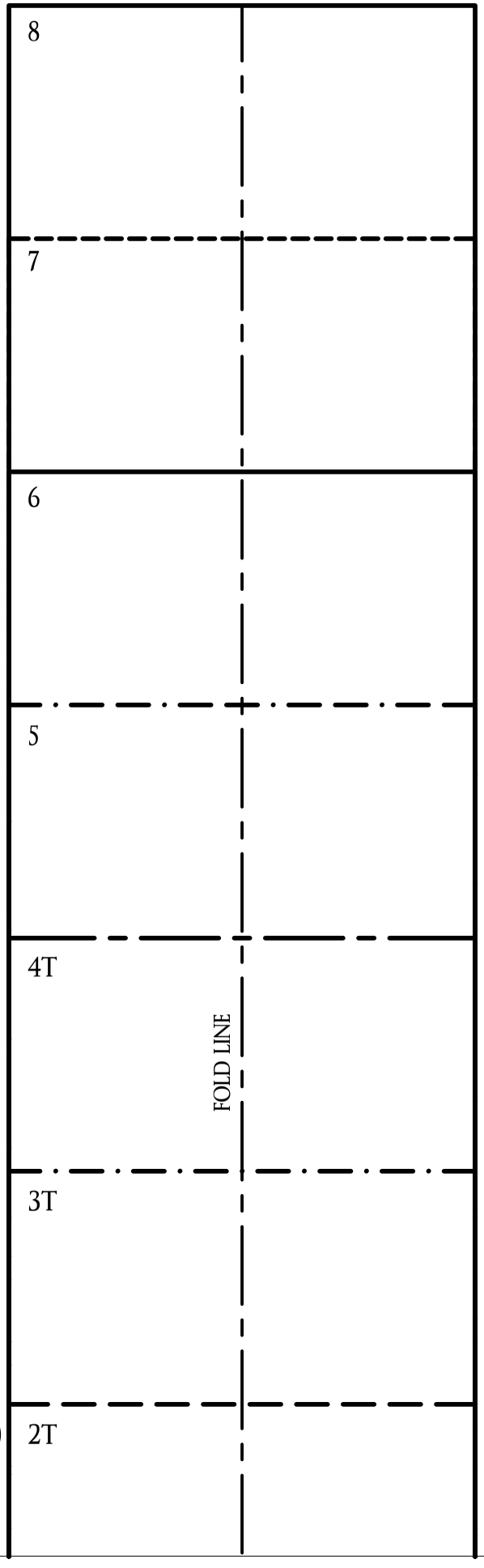
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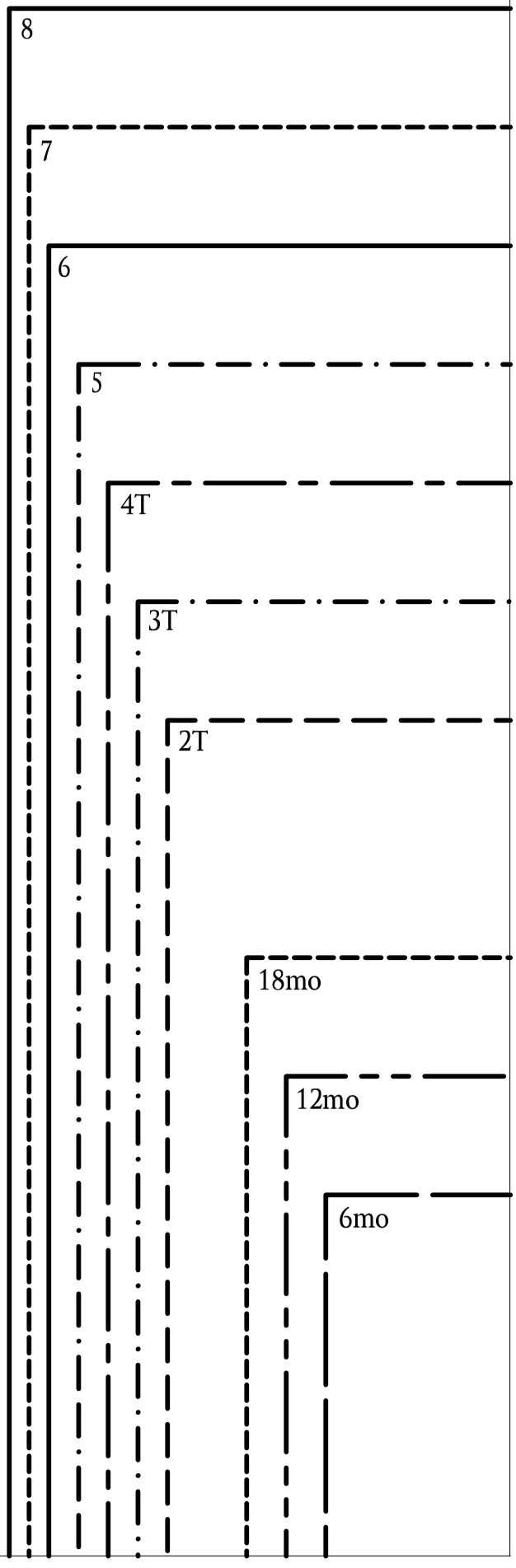
Apron Ruffle

View A & B

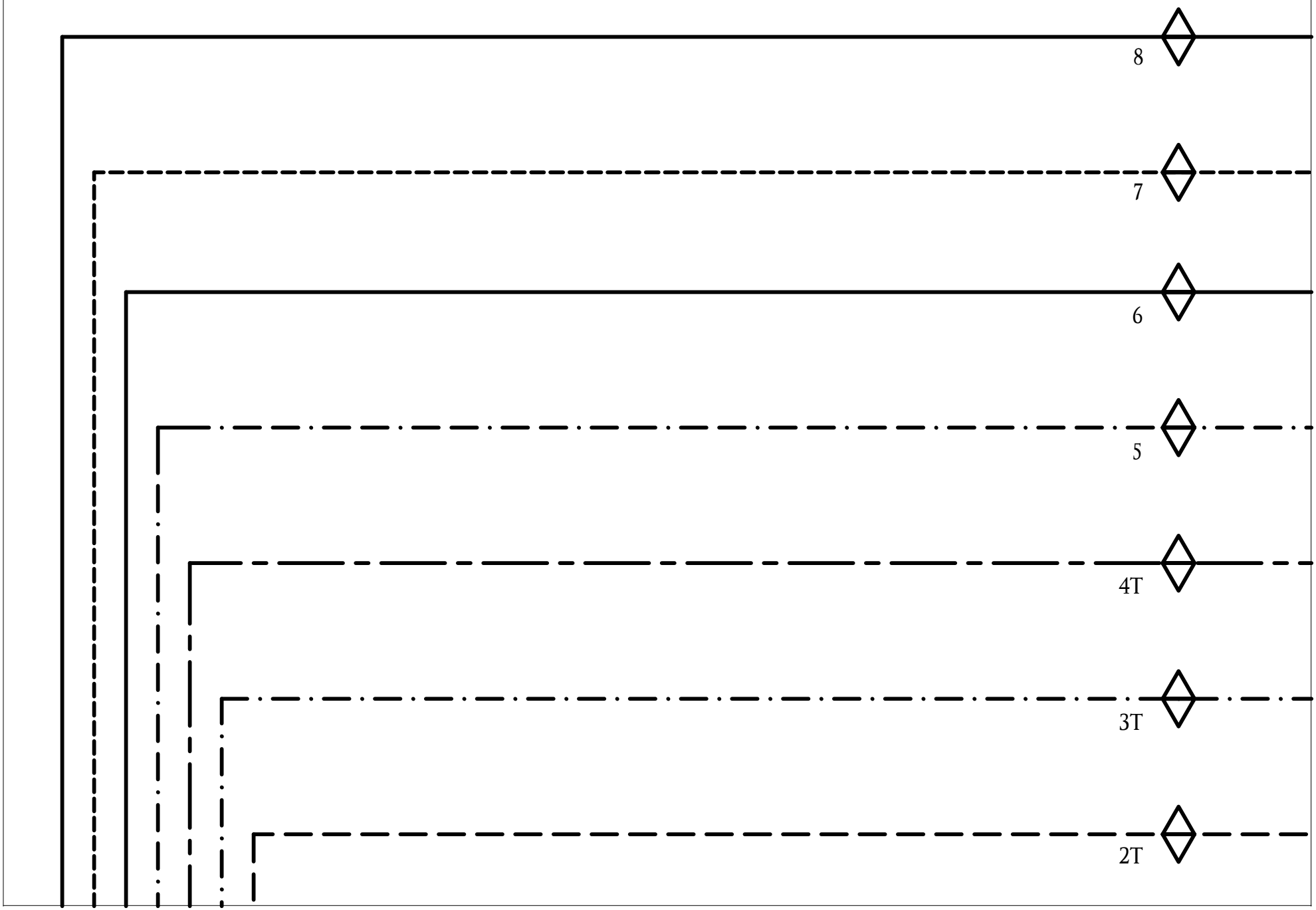
Cut 2 on fold

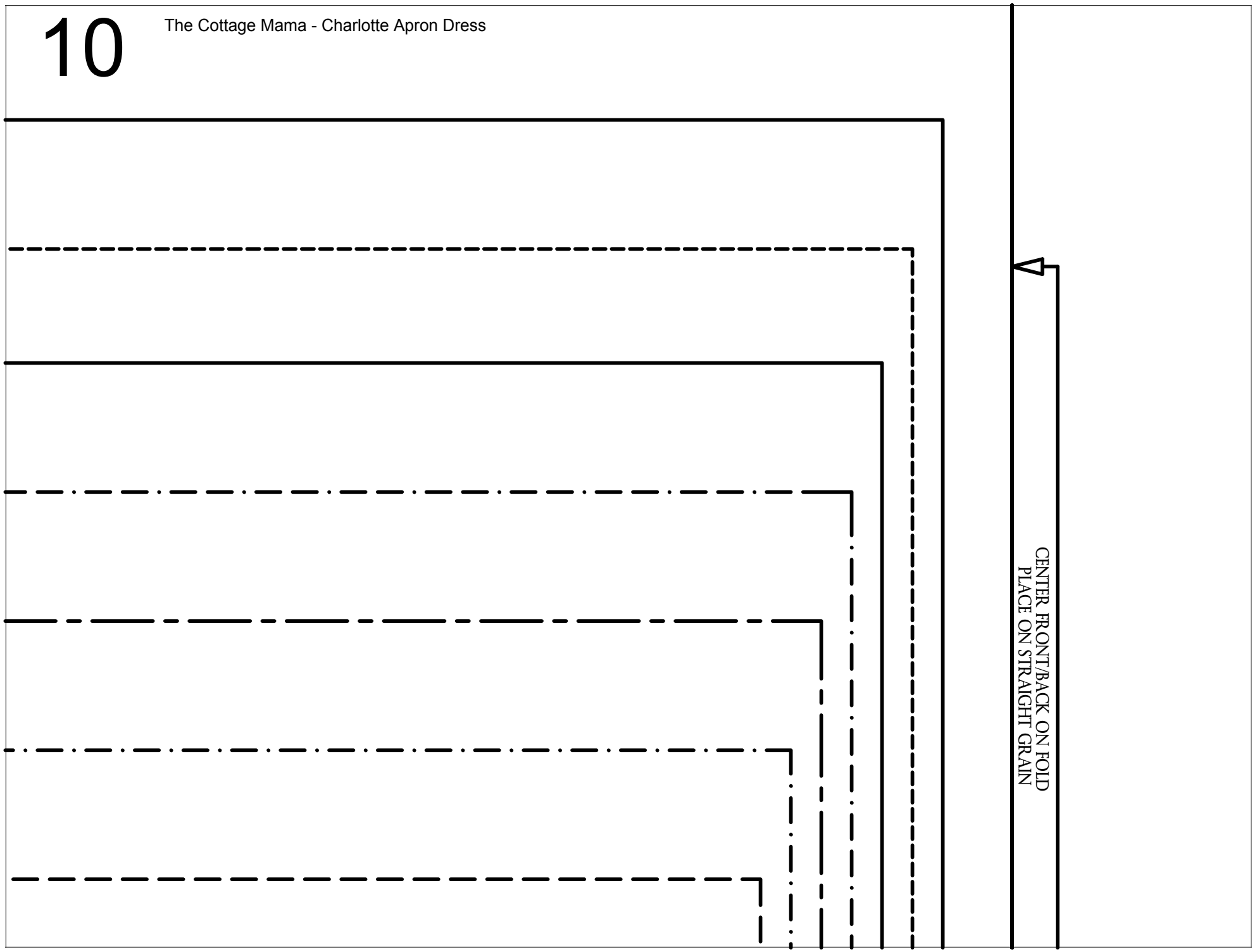
1/2" (1.3cm) seam allowance


8
7
6
5
4T
3T
2T
FOLD LINE


8
7
6
5
4T
3T
2T
18mo
12mo
6mo

The Cottage Mama - Charlotte Apron Dress




CENTER FRONT/BACK ON FOLD
PLACE ON STRAIGHT GRAIN

CHARLOTTE APRON DRESS

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Skirt

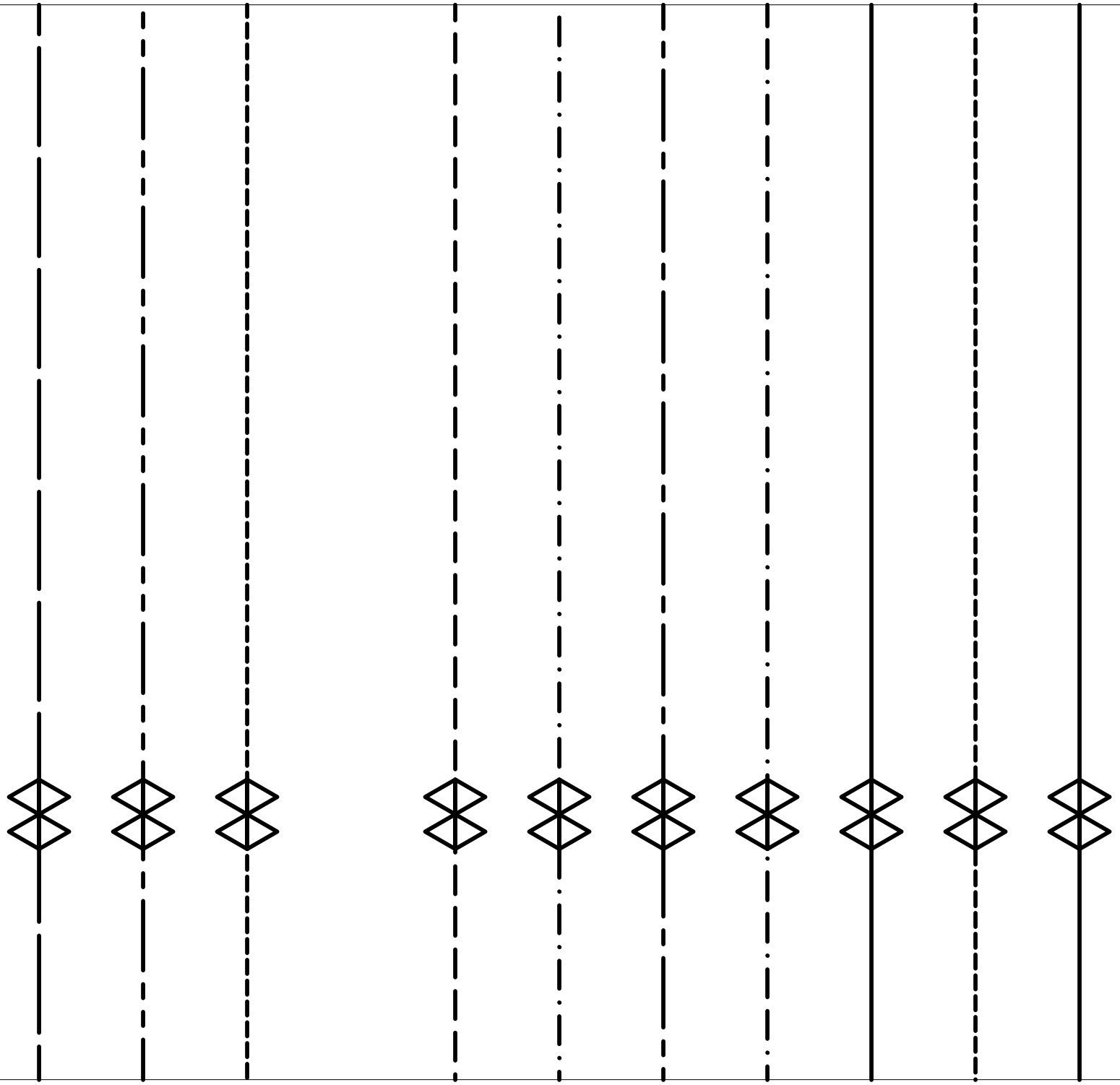
View A, B & C

Cut 2 on fold

1/2" (1.3cm) seam allowance

3

The Cottage Mama
Charlotte Apron Dress



18mo

12mo

6mo

8 7 6 5 4T 3T 2T 18mo 12mo 6mo

CHARLOTTE APRON DRESS

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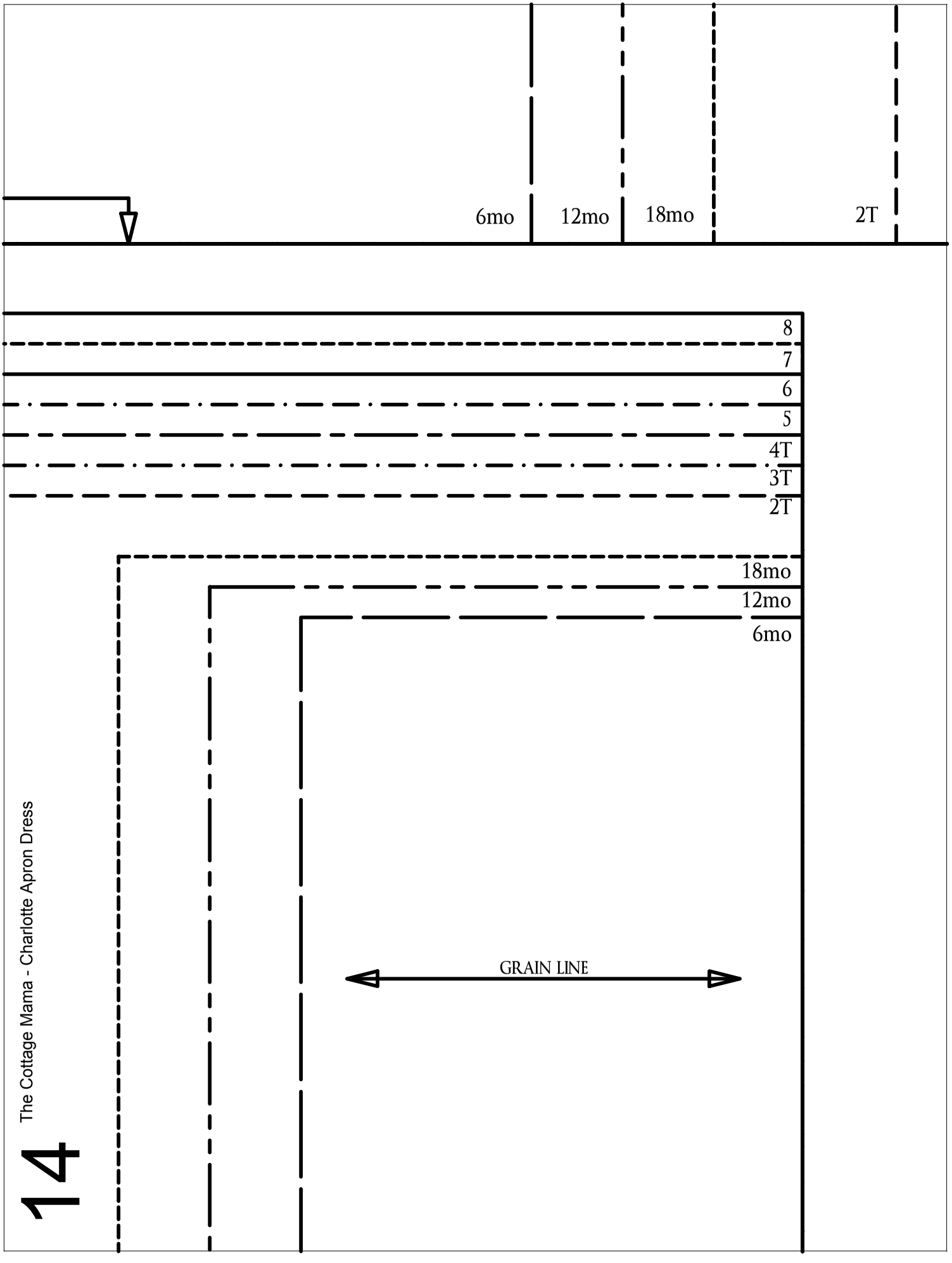
Round Apron - Top

View A & B

Cut 2

1/2" (1.3cm) seam allowance

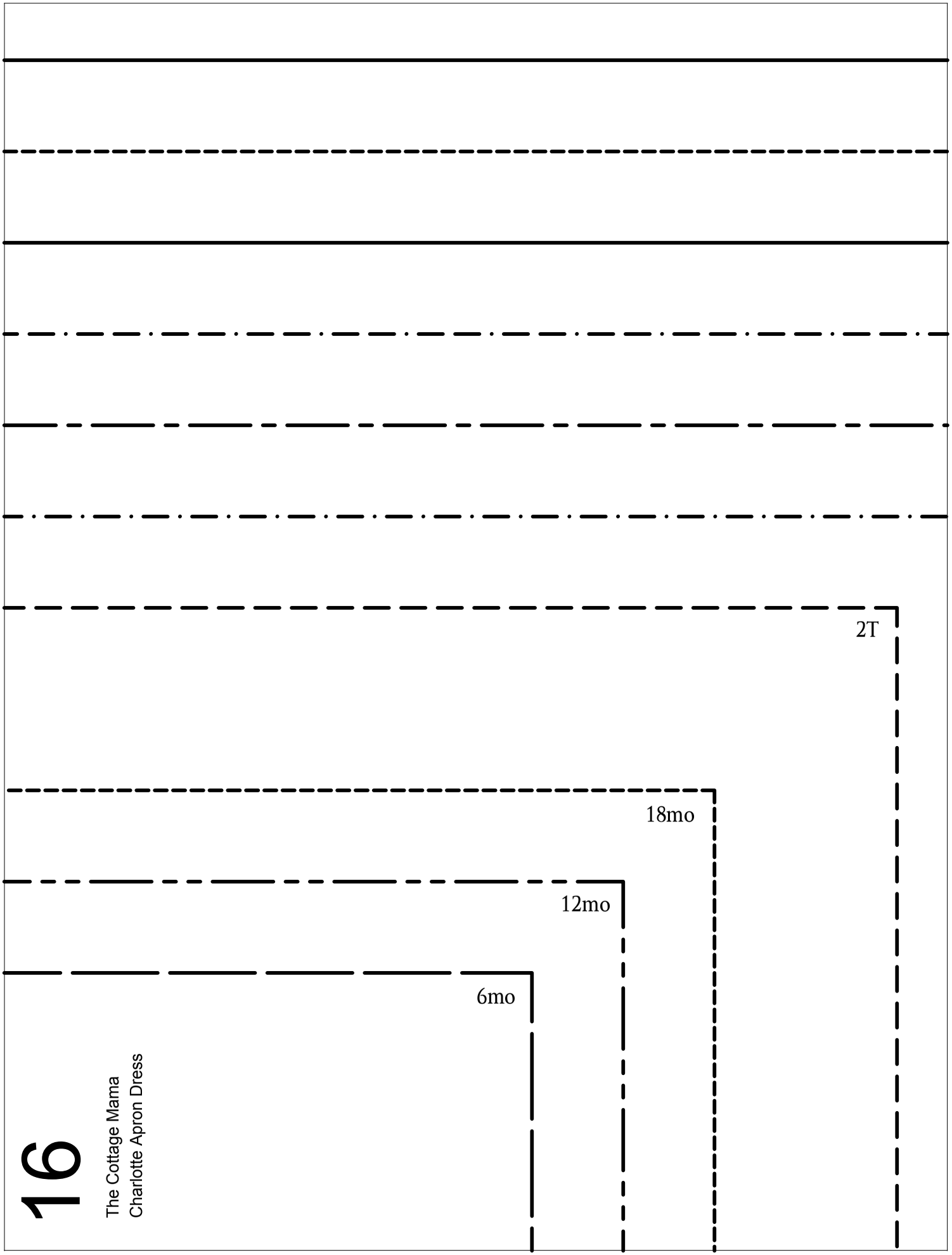
5

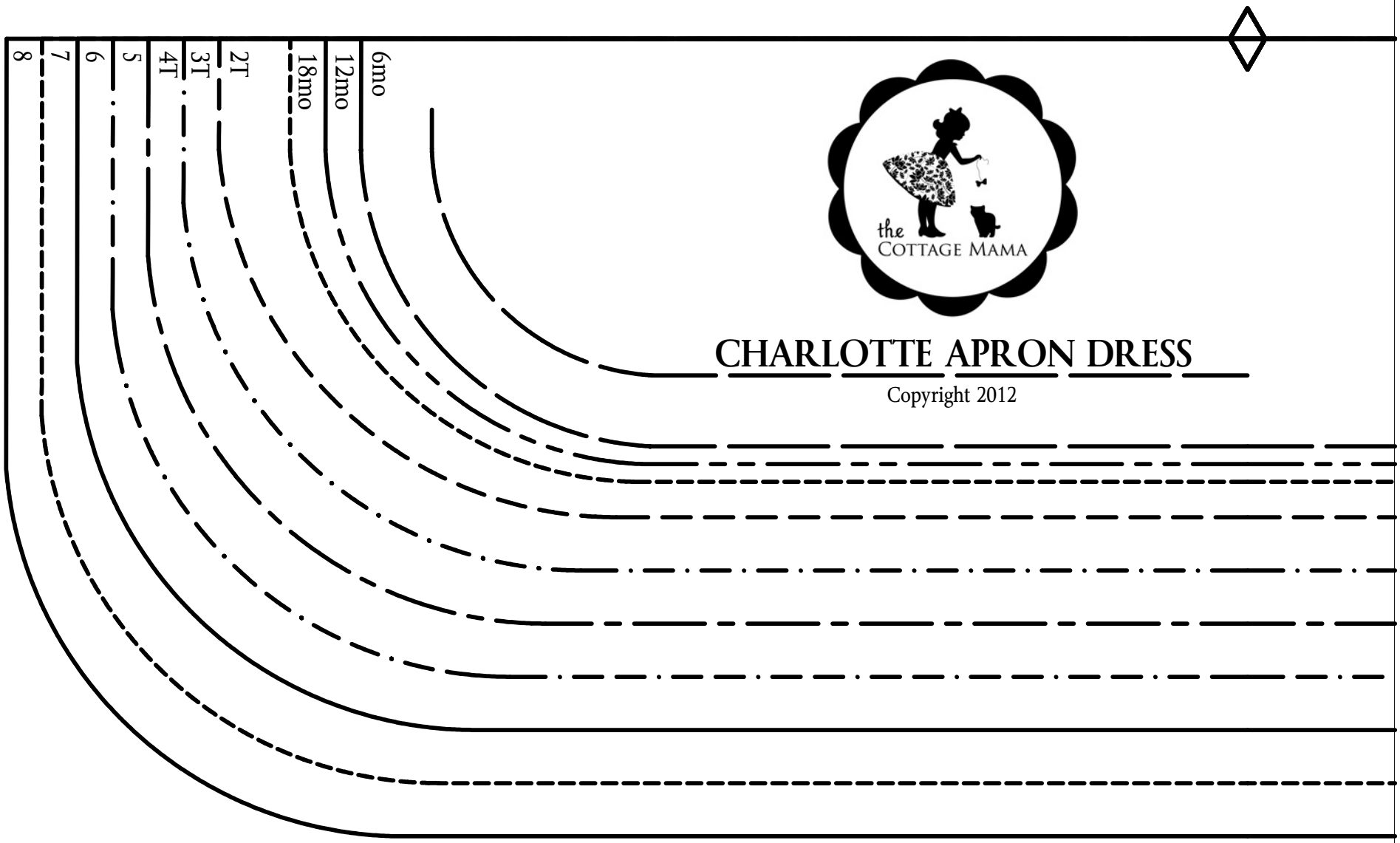


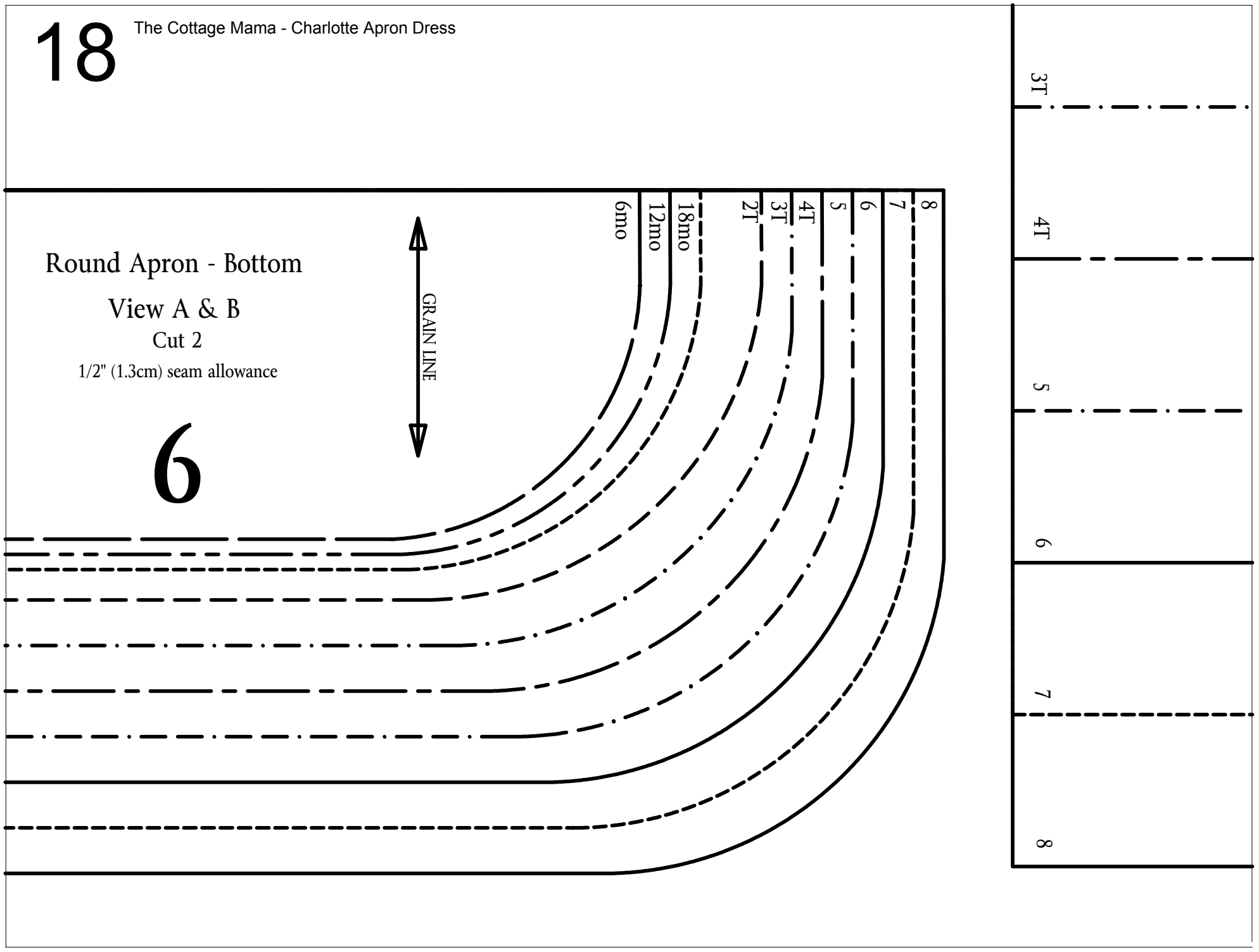
The Cottage Mama - Charlotte Apron Dress

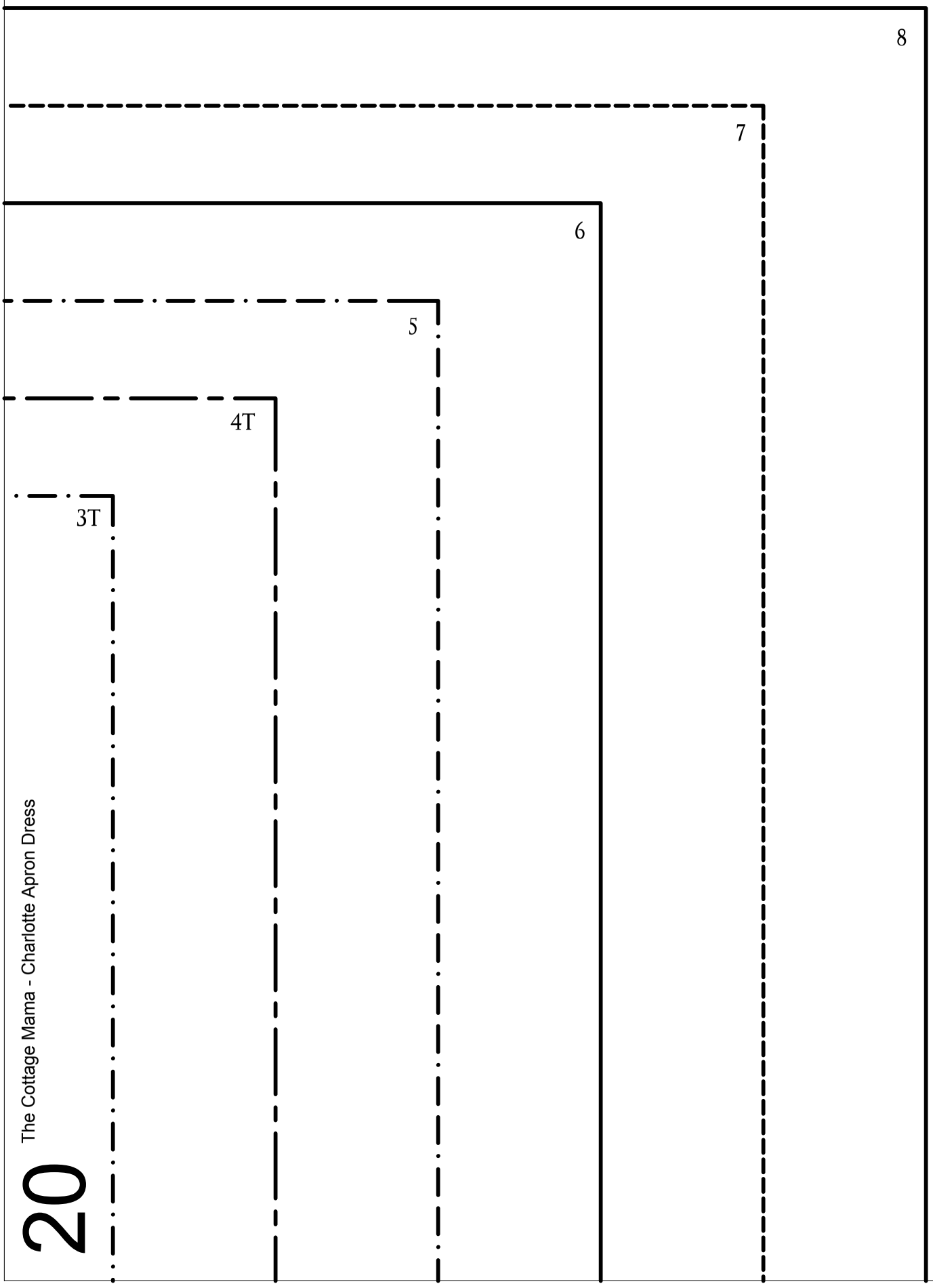
14

1" (2.5cm) ALLOWED FOR HEM


2T
18mo
12mo
6mo


6mo
12mo
18mo
2T
3T
4T
5
6
7
8
the COTTAGE MAMA
CHARLOTTE APRON DRESS
Copyright 2012


Round Apron - Bottom
View A & B
Cut 2
1/2" (1.3cm) seam allowance
6
GRAIN LINE
6mo
12mo
18mo
2T
3T
4T
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8
3T
4T
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